

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Bike Share rolls into town with 27 stations

After more than a year of planning and research, the City of Santa Cruz is ready to roll out its Bike Share program with 250 pedal assist (electric) bikes for citizens and visitors. The ribbon cutting ceremony is slated for 12:15 p.m. Tuesday, May 22nd in the City Hall Courtyard at the corner of Church and Center streets. The program includes 27 stations at minimal cost to the city, courtesy of Social Bikes of New York City. Through a computer or phone app, anyone may rent one of the new Jump Bikes from a Bike Share station in Santa Cruz. Cost is \$2 for the first 30 minutes and seven cents an hour after that. Social Bicycles is in 40 cities worldwide.

Transportation planner Amelia Conlen says, "Our goal is to grow the bike community by giving people the opportunity to try riding a bike for the first time. Jump is easy to use, affordable and doesn't require you to be in great shape, even for Santa Cruz hills. More bicyclists on the road also means that drivers become more aware of people on bikes, and safety improves if drivers are checking for bicyclists."

What about the non-biking community? Conlen says, "We hope that Bike Share gives people the opportunity to try biking, maybe



Bike Share programs are part of 40 cities worldwide.

for the first time! Bike Share is a great alternative to an Uber or Lyft trip, and the station network is set up to encourage commuting within the city."

All 27 Bike Share stations are within city limits. Two of the nine Westside stations will provide direct access to Segment 7 of the Rail Trail, with one station at the corner of Swift Street and Mission Street Extension and the other at the intersection of Bay and California. Other Westside stations include the Beach Boardwalk (2), West Cliff Drive (2), the rear entrance to Natural Bridges State Park, the Circles Neighborhood, King Street and Bay and at UCSC's main entrance.

Downtown Santa Cruz will have seven stations on or close to Pacific Avenue. Seven more stations will be throughout the Seabright neighborhood, (CONT. ON P.3)

Amgen Tour 2018 to visit Laguna Seca, San Jose

Peter Sagan enters the Amgen Tour of California from May 12—19 to defend his seventh green jersey for dominating the race's overall sprint competition. For local race enthusiasts, the best chance to see Sagan and competitors may be either the 122.4 mile stage from King City to Laguna Seca on Tuesday, May 15, or the 21.6 mile San Jose to Morgan Hill Time Trial on Wednesday, May 16th.

Following a south to north trajectory this year, the race begins in Long Beach and ends in Sacramento. Intervening stages and their distances include:

Sunday, May 13: Long Beach to Long Beach; 83.6 miles

Monday, May 14: Ventura to Santa Barbara County; 96.3 miles

Tuesday, May 15: King City to Laguna Seca Recreation Area; 122.4 miles

Wednesday, May 16: San Jose to Morgan Hill; 21.6 miles

Thursday, May 17: Stockton to Elk Grove; 76.7 miles

Friday, May 18: Lake Tahoe to Lake Tahoe; 67.1 miles

Saturday, May 19: Sacramento to Sacramento; 43.5 miles



May—June, 2018
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Spring social ride is May 6th



Sunday, May 6th is SCCCC's Spring Bike Ride and Potluck, with festivities centered at the home of Richard Bedal,

111 National St. Debby Joyce, social director, and her assistant, Petronella van Dam (photo), will serve coffee and muffins at 9 a.m. at which time members may drop off their lunch entries.

Dishes are divided into savory and sweet, switching up the division of sweet/savory from past events. Riders with last names beginning with A through H, please bring a sweet dish. Riders with last names beginning with I through Z, please bring a savory dish. Tags will identify which dishes are «vegetarian, vegan, soy- and gluten-free». Ride details TBA.

THURSDAY, MAY 24TH
SCCCC MEETING
7 P.M. SIMPKINS SWIM CENTER
979 17TH AVENUE

Club shorts: Susan Rosenthal to begin US bike tour

SCCCC member Susan Rosenthal (photo) will ride her bicycle across the US for the fifth time starting April 28th in Chicago. She and 20 other Womantours riders are following Route 66 to Santa Monica, where they expect to arrive in 51 days. Wow! Susan says, "Route 66 is one of the first highways in the US, and it is the Main Street of America. After leaving Chicago, we bike southwest through Illinois, Missouri, Oklahoma, Texas, New Mexico and Arizona, before ending on the beach in Santa Monica. Womantours, will handle trip logistics, and we will stay in hotels with dry, warm beds and hot showers.

"Route 66 became popular among truck drivers once it was built in 1926. During the Dust Bowl years of the 1930s, it also became popular among families looking for better jobs in California. When interstate highways started taking over much of its traffic in the 1960's and 1970's, parts of Route 66 were commandeered for other routes. It was officially decommissioned as a route in 1985.

"Since then, however, Route 66 has experienced a revival! Various sections



of the road are now on the National Register of Historic Places and are listed as Scenic Byways. It is also Adventure Cycling's newest cross-country route."

Susan will keep a blog, with this link... <http://susansbiketrip2018.com> To follow her adventure, click on "follow" on the left hand side, enter your email address and you will be notified whenever she provides a trip update. You may also respond to Susan via the link.

Kathy Ferraro is looking forward to presenting her third film festival of the year, Lunafest, featuring nine award-winning films produced by women and featuring women's stories. The extravaganza takes place at 7 p.m. Thursday, May 10 at the Rio Theater, with a wine and beer reception at 6 p.m.. Tickets are available at lunafestsc2018.brownpapertickets.com and the event is a benefit for WomenCARE and Chicken and Egg Pictures. One of the event's many sponsors is The Santa Cruz Mountains Challenge.

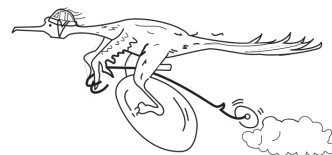
Michael Burns is combining his swimming and bicycling skills at two Aquabike competitions this spring. On April 22nd in Half Moon Bay he will swim a third of a mile and bike 10 miles, and on May 20th he will swim three quarters of a mile in the Uvas Reservoir before riding his bike 10 miles at the Morgan Hill Aquathon.

The Aquathon is a spin off of the sport of triathlon (run, bike swim). Having just turned 70, Michael says he has been inspired by his 42-year old nephew, a nationally ranked triathlete.

Good luck Michael!



Mountains Challenge organizers and friends at recent get-together are, front row, l to r: Andrea and Skippy Givens, Mike Heckel, Bill McBride and Catherine van Rhee; second row, l to r: Susan Rosenthal, Toby Ferguson, Tina Ensign, John Marshall, Mike Andalora, Lisa Beaudreau, Maura Noel, Kenny and Jo Stephenson, Heidi Fraser and Rick Shypit.



THE ROADRUNNER is the official newsletter of THE SANTA CRUZ COUNTY CYCLING CLUB. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342**

or www.santacruzcycl.org

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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Bike clinics free to all club members

Bike clinics coming! Registration is open for our Smart Cycling Clinics! These one-day events are FREE to club members and will be held on three upcoming Saturdays: June 2, July 7 and August 4. Register now at the SCCCC Calendar. The clinics are for experienced cyclists to master (or refresh) eight critical bike handling skills and get many useful tips. The class format will be explanation, demonstration and lots of practice. Included are parking lot drills and a short road ride to put what you've learned to use in the real world. Bernard Green an experienced LCI (League Cycling Instructor) will conduct each clinic. He will be assisted by our club LCIs.

From personal experience, I can tell you that these clinics are jam packed with good advice, interactive and full of useful learning. Like most of us, I was a self-taught, monkey-see-monkey-do bicyclist. When I took the clinic, I had to keep an open mind and do some things differently, and I emerged as a more comfortable, confident and predictable bike rider. So, you can teach an



old dog new tricks! The 31st annual Bike Week is coming in May! As part of the Bike Week events, SCCCC is again sponsoring a table at The Bicycle Trip's Bike Fest on

May 12th and our Saturday SCCCC ride will start and end there too! Bike Week kicks off on Saturday, May 5th, with activities at the Museum of Art and History (MAH) and on Thursday, May 10th, the famous Bike to Work/School free breakfast sites are available at 20 locations throughout Santa Cruz County. Last year's Bike to Work/School Day attracted about 7,000 bicyclists.

The next SCCCC General Membership meeting is Thursday, May 24th. We will have presentations by SCCCC Grant Recipients and a panel discussion and brief Q & A on the rail trail. Meanwhile, we're having a beautiful spring aren't we? The intermittent rains and fully sunny days are making spec-

tacular fields of flowers so Let's ride bikes!

—CATHERINE VANRHEE,
SCCCC PRESIDENT

First 'blast from the past' *Roadrunner* 05/06/2008

(Editor's note: The *Roadrunner* issues from 1972 to 2010 have been digitized and soon will be available online. Here is a look back at some of the stories in the *May/June Roadrunner* issue from 2008.)

The 21st annual **Bike to Work Day** story featured a contest among 17 large and small business members of Ecology Action to win prizes for encouraging the most employees to ride their bikes to work on May 15, 2008. Bike Week also featured Rail Trail Day, when bicyclists rode the train up to Felton and then returned by bike on car-free Highway 9 with CHP escort.

Paula Barsamian, a school occupational therapist, asked club members to give their used tire tubes to her for use in place of stretch bands to facilitate student exercise routines.

Two recent **bicycle deaths** on Mission Boulevard in Santa Cruz was the topic of a story blaming bicyclists for 60% of all collision with cars. Male bicyclists were five times more likely to be killed, and large lunch-hour bicycling groups generated road rage in drivers by not observing traffic signals on their rides. (Sound familiar?)

Club President **Bart Coddington** wrote his Handlebars column on a successful tour of Southeastern Arizona, which was sponsored by Adventure Cycling.

Pat Lawson, Pam Slocum, Meredith Fuhrman, Pat Schlunt and Grace Voss created a car pool to the East Bay to ride the Cinderella Classic, an all-women's metric century.

Inspired by **Linda Brodman's** Pipeline Trail ride, the editor posted a drawing of legendary pipeline muscle man and folk hero Paul Bunyon wielding his prodigious ax!

SCCCC, looking for volunteers for its July fundraiser, the **Santa Cruz Mountain Challenge**, posted a full-page sign up sheet in the newsletter.

—RHODA BIKE

Bike Share arrives in Santa Cruz (continued from p.1)

including the Frederick Street entrance to Arana Gulch. Another urban station is slated for the corner of Ocean and Water streets, adjacent to the County Courthouse's parking lot.

While some motorists may begrudge the loss of street parking to Bike Share stations, the city's Transportation Planner Claire Fleisner says outlying stations give people the option of arriving in downtown via bicycle with no sweat and no worries about parking. "You don't have to take up a parking space or create congestion," she says.

Each Jump bike comes equipped with computer, lock, cargo basket, bell, integrated parts and GPS. Customers are encouraged to wear a helmet, know the rules of the road and give correct hand signals for stops and turns.

Besides more commuting to work, city

officials hope the program encourages people to take a mid-day side trip during a work day, visit the downtown area more often, provide an extra bike for an out of town guest or try out an e-bike just for fun. For visitors, the program offers easy connections between the Boardwalk and Downtown as well as to scenic areas like Natural Bridges State Park.

And don't forget environmental benefits. "The more trips that people take on bikes, the fewer trips people take in cars," says Fleisner. "This benefits our entire community by reducing congestion, improving air quality, reducing GHG emission and improving public health."

Questions? Go to the city's Bike Share website: <http://www.cityofsantacruz.com/government/city-departments/public-works/traffic-engineering/bike-share>

—GLIDE A. LONG

Ever-popular Bike Week celebrates 31 years of fun for all

The 31st version of Bike Week, sponsored by Ecology Action, begins and ends with two bicycle extravaganzas, the May 4th kickoff party at the Museum of Art and History and the 25th annual Bike Fest sponsored by The Bicycle Trip. Bike Fest offers free bike gear giveaways, bike stunts and info booths in the parking area by its store on Soquel Avenue.

Featured this year is the Workplace Challenge, a contest for local businesses to encourage employees to bike to work all year long using Love to Ride technology. Worksite based bike teams will be able to view mileage and progress of other teams and businesses to foster friendly competition. Ecology Action staff will provide weekly online resources and encouragement tips to all participating businesses via electronic communications.

Other new Bike Week activities include a coastal bird and bike/hike tour on the Westside sponsored by the Bird School Project and a Cinco de Mayo bike ride in Watsonville. Regular events include the ever-more-popular Bike to Work/School Day, which has experienced a 65% increase in participants over the past 10 years, the Patagonia Movie Night (featuring Bryan Vernor's "Hi Lo Cal" short movie) and an evening Bike Party/Group Ride. Here is the complete eight-day schedule of events!



Artwork by Kyle Maxwell of Ecology Action

FRIDAY, MAY 4

Bike Week First Friday at the Museum of Art & History (5 p.m. to 9 p.m.): This family-friendly event includes a variety of environmentally-focused arts and crafts activities, bike stunts by Matt Myer, Bike Share's new Jump e-bikes on display, local bike frame builders, live music with Cosmic Pinball and a Bike Valet courtesy of Bike Santa Cruz County.

SATURDAY, MAY 5

Bike and Bird (9 a.m. to Noon): Join middle school students on a Westside

coastal bike and bird tour through Santa Cruz's Westside to visit some familiar local hotspots for birds on their migratory journeys! Meet at 9 am at the entrance to Natural Bridges on Delaware Ave.

SUNDAY, MAY 6

Cinco de Mayo Watsonville (11:30 a.m.–5:30 p.m.): Food, music and a community bike ride with Ecology Action, Bike Santa Cruz County, and Santa Cruz County Health Services Agency.

TUESDAY, MAY 8

Patagonia Movie Night (7-9 p.m.): Food, beer, great company and another chance to check out the City of Santa Cruz's new Jump e-bikes.

THURSDAY, MAY 10

Bike to Work/School Day (6:30 a.m.–9:30 a.m.): 12 public breakfast sites across Santa Cruz County and 45+ school sites. Free breakfast, free bike maintenance and raffle prizes.

FRIDAY, MAY 11

Santa Cruz Bike Party Group Ride: (7 p.m.–9 p.m.): Departs from The Bike Church.

SATURDAY, MAY 12

It's the Bike Trip's 25th Annual Bike Fest (11 a.m.–3 p.m.): A celebration of riding and having fun on two wheels in Santa Cruz.

—RHODA BIKE

Marilyn Marzell brings enthusiasm, local history to her Tuesday riders

One of the wonderful perks of being involved with SCCCC, is getting to know SCCCC ride leaders. One such person is the enthusiastic and popular Tuesday Ride Leader Marilyn Marzell (photo), who often includes 'special goodies' on her rides. One Tuesday Marilyn brought us to the home of a tortoise in the Seabright Area. A tortoise in Seabright? Yes, indeed, right in someone's front yard! On another Tuesday ride in the Day Valley area, Marilyn took us on a side trip to the Day Valley Cemetery, featuring gravestones dating from the 1800's. And yes, many of the names in that cemetery have the last name Day. A bit of history in our own backyard!

A memorable moment occurred late last winter when a small group of us had ridden to the top of Glenwood in Scotts



Valley, where an old-growth redwood tree resides a short distance off the road. At the top, we met a group of locals, we started chatting, and we told them we were going to see the tree. The locals, not knowing the

history of their area, accompanied us on the walk, expressing the amazement we all felt!

Marilyn's enthusiasm for local history is a small part of her global view of the sport, as she also loves international touring. She has accompanied her good friends Lilly Ann Popken and Betsy Schwartz on bike tours of the Middle East, including the challenging Follow the Women tour in 2009. On that tour, several hundred women rode bikes in Lebanon, Syria, Jordan and the West Bank. Last September Marilyn

was one of several club members to ride her bike on the unpaved roads of the African country of Namibia.

As former president of Cyclists for Cultural Exchange, Marilyn has helped create a friendly international atmosphere for bicyclists from other countries as well, encouraging them to visit the US every May, when they help with the annual Strawberry Fields Forever.

A tireless promoter, Marilyn is a captain for the Santa Cruz Mountains Challenge, working to secure food and drink contributions for the event from local businesses. To celebrate her 65th birthday a few years back, Marilyn taught a dozen friends a Flash Dance routine which they performed at several locations. With her infectious enthusiasm and organizing skills, there is little that Marilyn can't do!

—DEBBY JOYCE AND GRACE VOSS

Brian 'Clever' doesn't let diabetes affect his bicycling goals

I met Brian (photo at right after one of his metric centuries)) when he enrolled in the Cycling for Starters class in July/2017 which Susan Kent and I taught. Brian was a beginning bicyclist, and little did we know back then, that he would become the "Metric Man!"

After completing the class, Brian started riding on the Monday C and Thursday D rides. He wasn't the fastest, BUT he was the most determined! And it helped that he had previously trained in spin classes, even completing the Tour De Cure bike ride last year.

To date, Brian has completed too many metric century rides to count, including riding six in six days! (He claims that 63 miles is his number, and he rides best at that mileage.) Brian is a structural engineer, and so he has the analysis to prove that this is true!

Brian has also completed several supported rides, including the Tour de Cure, Strawberry Fields, the SLO Lighthouse ride, the SLO Wildflower, Tierra Bella, and of course, the Santa Cruz Mountains Challenge! He has become quite the



climber during the last few months, even joining the A and B riders on occasion.

Last year Brian rode 3,500 miles,

and he plans to ride 7,000 miles this year! You will consistently find him near the top of the Strava SCCCC leaderboard, out-distancing and out-climbing many A and B riders. He has adopted the name Brian "Clever" (C-level) as a way of giving back to the program which encourages beginning cyclists to ride safely and have fun! Brian says, "The C-level rides are the key to the health and future of SCCCC. Learning and improving one's cycling abilities in the right way, by forming good habits will improve the organization from below."

Brian, a type 1 diabetic, also has a vested interest in the Tour de Cure, which raises money for diabetes. What you may not realize is that type 1 diabetics often lose feeling in their hands and feet, due

to neuropathy, as well as experiencing problems with their sight. As a result, Brian rides upright with flat handlebars and never complains. Never! In fact, he wears an insulin pump for continuous glucose monitoring. His alarm will sometimes go off when he rides, and you may hear it beep. This usually requires Brian to eat in order to raise his blood sugar level.

In addition to riding the Tour de Cure every year, Brian is also a member of Team Red Napa Valley, a training group, and he has been helping to coach other riders on their team training rides for Tour de Cure.

Besides being a good guy and a great rider, Brian helps lead C and D rides, bringing a lot of positive energy to them. Personally I have enjoyed going on adventure rides with him, like the "Mud and Leech Ride" and the "Tornado Ride". His sense of humor is infectious and his encouragement always appreciated.

To support Brian's fundraising for his Tour De Cure, Google Tour de Cure/Donate, then enter Brian's name.

—CHRIS ZEMNY

Set your sights on doing a Swanton Time Trial!

What are you doing at 6:15 p.m. Thursday, May 3rd? Consider riding your bike from Santa Cruz out to Swanton Road just north of Davenport and entering the monthly Swanton Road Time Trial! It's free and the weather may be more inviting than it was for the April 5th event at which SCCCC president Catherine vanRhee placed second with a time of 38:22. Kudoos to Catherine!

Granted, the number of entries was few at the April event, with Rick Ortenblad of Rock Lobster speeding through the course in 34:34 and Ken Sato a DNF. But hey, it's early in the year and the course now contains a temporary bridge to navigate! So circle May 3rd on your calendar and give it a try! Here are some details on the event.

The Swanton Time Trial occurs monthly from April through October on the first Thursday of the month.

Start time/location: 6:15 p.m. on Swanton Road, 300 yards from the intersection of Swanton and Highway 1. It's an 11-mile out and back course; racers turn around at Last Chance Road at the top of a 1.2 mile climb. Helmets are required and racers must sign a waiver. Limit is 30 riders. No prizes (cost is free so no complaints!) but winners "get to brazenly swagger at the post-ride swillfest at Whale City Bakery in Davenport," according to Race Director David Gill.

Course record for men is 26:13 by Ben Jacques-Maynes in 2006, with Katrin Tobin blazing to a 30:16 record time for women in 2004.

Questions? Contact David at teamsc@santacruzcycl.org. Time trial dates after May include: June 7th, July 5th, August 2nd, September 6th and October 4th.

—BLAZER ROCKET

New job for Conlen

Transportation planner Amelia Conlen (photo), former executive director of Bike Santa Cruz County, is moving back to Ecology Action after 18 months of work for the City of Santa Cruz. While with the city's transportation department, Conlen helped bring the new Bike Share program to the city and assisted with Pacific Avenue's contraflow bike lane. Another accomplishment is green bike lanes on King Street, a new sidewalk on Mission Street Extension near Pacific Collegiate School and the RTC's new Wayfinding Bike Signage Program.

Conlen's responsibilities with Ecology Action include three Safe Routes to School projects for the cities of Watsonville, Marina and Seaside, plus unincorporated areas of both Santa Cruz County and Scotts Valley. This two-year project is funded through a Caltrans planning grant.

—RHODA BIKE



Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. **B Rides** are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; **A Rides** are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for enjoyment. While riders regroup along the way, we recommend riding with a buddy, or feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot of the Aptos Shopping Center. The fifth Tuesday of the month is leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. "Lite" rides are offered with regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at www.santacruzcycling.org.

Saturday, May 5th. **C Ride**
 Scotts Valley and Glenwood Tour
 10 a.m. start at Gateway; 24 mi/1747';
Paula Bradley.....831 345-5482

Saturday May 12th **C Ride**
Bike Fest, Rio Del Mar, Bike Fest
 10 a.m. start at Bicycle Trip, 1001 Soquel Ave., 20.4 mi/ 1011'
Joe Kelly.....831 234-1977

Saturday May 19th **C Ride**
Cienega Wine Trail Loop
 9:30 a.m. start at Target, Hollister, 30.5 mi/1510'
JT Hart.....831 234-7725

Saturday May 26th **C Ride**
 Gateway, Harbor, via Glen Canyon, Bean Creek
 Start 10 a.m. Gateway Plaza, 25.4 mi, 1757"
Marilyn Marzell.....831 345-0567

Saturday June 2nd **C Ride**
Sand City to Pebble Beach via 17 Mile Drive
 10 a.m. Start Starbucks at Sand City Shopping Center,
 33.1 mi/1242'; **Paula Bradley**831 345-5482

Saturday June 9th **C Ride**
La Honda via Stage, La Honda, Pescadero Creek
 10 a.m. start Pescadero; 28 mi/2250'
David & Jeanni Kadotani.....831 588-3561

Saturday June 16th **C Ride**
Sunset Beach, via San Andreas
 10 a.m. start Aptos Shopping Center, 25.4 mi/1300'
JT Hart.....831 234-7725

Saturday June 23rd **C Ride**
Watsonville, Hazel Dell, Gizdich
 10 a.m. start Ann Soldo School; 30.4 mi/1150'
Petronella van Dam.....831 454-6010

Saturday June 30th **C Ride**
Seaside, via Fort Ord
 9 a.m. start Pezzini's, (Nashua Rd/Highway 1); 1,34.5 mi/2050'
Ric Eiserling831 475-5397

Saturday July 7th **C Ride**
Asilomar via Bike Path
 10 a.m. start Pezzini's (Nashua Rd. off Hwy 1), 32 mi/1030'
JT Hart.....831-234-7725

MONDAY C RIDES WITH CHRIS ZEMNY (408-892-5585)
ALL RIDES START AT 10 A.M. GO TO WEBSITE FOR DETAILS)

May 7th - Ann Soldo to Castroville
<https://ridewithgps.com/routes/26918436>
May 14th - Aptos to Palm Beach
<https://ridewithgps.com/routes/27093018>
May 21st - Gilroy and Uvas
<https://ridewithgps.com/routes/23659214>
May 28th, MEMORIAL DAY - Sand City to Pebble Beach
<https://ridewithgps.com/routes/20146188>
June 4th - Strawberry Fruit/Vegetable Ride
<https://ridewithgps.com/routes/19940719>
June 11th - Monterey to Pt. Lobos
<https://ridewithgps.com/routes/24639574>
June 18th - Reverse Seascapes Margarita Ride
<https://ridewithgps.com/routes/16609785>
June 25th - Watsonville, San Andreas, Gizdich
<https://ridewithgps.com/routes/9881604>

THURSDAY METRIC CENTURY RIDES WITH BRIAN TREECE
ALL RIDES START AT 9 A.M. GO TO WEBSITE FOR DETAILS

April 19th Metric Century/Modified Cinderella Ride
<https://ridewithgps.com/routes/26494955>
May 17th - Metric Century - Blackie Road & Castroville
<https://ridewithgps.com/routes/26798653>
June 21st - Metric Century - Watsonville to Phils, Pezzini's
<https://ridewithgps.com/routes/26798653>



Blue skies and sunshine on Tuesday, April 10, attract lots of riders to A,B and C club rides.

Saturday, May 5th A/B Rides

Woodside via Kings Mountain, LaHonda

9 a.m. start in Pescadero; A=51 mi/5700'; B= 45 mi/3100'

A: <https://ridewithgps.com/routes/2126836>

B: <https://ridewithgps.com/routes/3585822>

Rick Shypit.....917-667-6302

Saturday, May 12 th A/B Rides

Summit store to Corralitos (reverse Eureka Canyon loop

9 a.m. start at The Bicycle Trip; A=50 mi/4100', B=35 mi/3000'

Isabelle Magnin.....831-325-2712

Saturday, May 19th A/B Rides

Mt. Charlie, Zayante, Felton-Empire

9 a.m. start at Gateway; A/B= 56.6 mi/4100'

<https://ridewithgps.com/routes/27240416>

Maryann Boeger.....831-430-6565

Saturday, May 26 A/B Rides

Fremont Peak, Sathn Juan Grade, Elkhorn Slough

9 a.m. start at Aromas School; A=65.9 mi/5,765', B=44

mi/3,000' (skips Fremont Peak) A/B: <https://ridewithgps.com/routes/18928192>

RichardBurton.....408-540-4695

Saturday, June 2nd A/B Rides

Monterey loop, Fort Ord

A=51.9 miles/3,416', B=34.5 miles/2,051'

A: <https://ridewithgps.com/routes/2154038>

B: <https://ridewithgps.com/routes/2154031>

Brett Hennie.....513-746-1632

Saturday, June 9th A/B Rides

Gazos Creek, Pescadero, San Gregorio, Hoskins Hill

9 a.m. start at Gazos Crk Rd and Hwy 1; A/B=45 mi/3,631'

Grace Voss.....831-247-8878

Saturday, June 16th A/B Rides

Boulder Crk, Big Basin, Los Gatos

9 a.m. start at Johnny's Market, Boulder Creek; A= 60.2

mi/6,563', B+=43.5 mi/4,591', B=25.4 mi/2,567'

A: <https://ridewithgps.com/routes/2126844>

B+: <https://ridewithgps.com/routes/6436297>

B: <https://ridewithgps.com/routes/2126847>

Dan Hughes.....925-640-5797

Saturday, June 23rd

A/B Rides

Zayante, Skyline, Big Basin, Jamison Creek

9 a.m. Felton Fair Shop Ctr; A=58 mi/6,815', B=52.8 mi/4,936'

A: <https://ridewithgps.com/routes/17110233>

B: <https://ridewithgps.com/routes/27229731>

Richard Burton.....408-540 -4695

Saturday, June 30th

A/B Rides

Scotts Valley, Summit, Zayante, Boulder Creek

9 a.m. start at Scotts Valley Transit Ctr; A=52 mi/4,892', B=44 mi/4,352'

A: <https://ridewithgps.com/routes/27240790>

B: <https://ridewithgps.com/routes/27240773>

John Armstrong.....408-876-0467

Thank you March/April ride leaders

Rick Shypit, Bruce Dau (4), Maryann Boeger, Lisa Beaudreau, Catherine vanRhee, Shahe Moutafian, Paula Bradley (2) Tom Mattinson, Bill McBride, Isabelle Magnin, Joe Kelly (4), Dan Hughes (2), Brett Hennie (2), Ron Olson, Barney Eredia, Leonard Foreman, Petronella van Dam, David and Jeanni Kadotani and Chris Zemny (many!)

(Editor's note: Pete Pearson's bike safety column will appear in the July/August edition of The Roadrunner.)

Traffic safety is like “Law and Order” plot

It's a “Law and Order” scenario. The victims are bicyclists, pedestrians, children, seniors and residents of low-income neighborhoods. The perpetrators are speeding, distracted and hit and run drivers on wide roadways. Enforcement calls for a teamwork approach, not just between police and the court system, but also between city planners and health professionals.

This teamwork can't come early enough. Santa Cruz, which earned a gold standing three years ago for its bicycle friendliness, has one of the highest bicycle injury/death rates in the state for a city its size. Watsonville, a bronze rated city for bike friendliness, has an equally high rate of injury by automobiles to its pedestrians.

Enter Vision Zero, a safety net for victims of traffic abuse, and one of four topics at the Transportation Justice Conference held on St. Patrick's Day at Cabrillo College and sponsored by The Campaign for Sustainable Transportation and Cabrillo students.

Vision Zero, a multi-disciplinary

approach to traffic safety, encourages law enforcement, city planners and health personnel to work cooperatively to eliminate traffic deaths and injuries. Theresia Rogerson of County Health Services explained how her organization uses traffic injury data to identify dangerous city and county streets and intersections. (It's not a wide canvas. In Santa Cruz, 54% of serious collisions occur on 6% of streets. San Francisco's streets are even more dangerous, resulting in three pedestrians being hit by cars each day, with 75% of incidents occurring on 13% of its streets!)

Identifying the danger areas, however, is not enough. Both Rogerson and Cathy DeLuca of Walk San Francisco suggested safety measures like stoplights timed to give pedestrians a head start into intersections for more visibility, bright white striping for crosswalks and raised crosswalks as well as raised intersections for traffic calming. For bicyclists, diagonal parking eliminates “dooring” or a driver hitting a bicyclist

Traffic Violence in Santa Cruz County

by opening his car door unexpectedly. Extending sidewalk areas farther into the street on a curving road and placing “bulb outs” at corners makes pedestrians more visible to right-turning drivers. Wider bike lanes with planters or posts separating the street from the lane are beneficial, although they may force someone in a wheelchair to travel further into the street before boarding a bus.

Success means spreading the VZ mantra to as many community groups as possible, and Rogerson commended the Watsonville City Council for adopting it. DeLuca credits city community groups for helping to make 2017 a year with the lowest traffic fatalities ever in her city. She told how a youth group in Chinatown convinced the city council to install a Pedestrian Scramble at a busy intersection in their neighborhood (all four traffic signals go red simultaneously, allowing pedestrians to cross the intersection safely). Another group received press coverage by marching to city hall for a memorial honoring a beloved neighbor killed in traffic.

Both speakers mentioned the need for equity by encouraging officials to reach out to seniors, children, the handicapped and people living in rural areas. In San Francisco, seniors make up 15% of the population and are involved in 50% of traffic collisions.

—GRACE VOSS

Climate riders raise money for BSCC's education fund

Five hard-core bicyclists from Santa Cruz will begin their 300-mile, five-day Climate Ride on May 9th in Arcata, finishing May 13th in San Francisco. Each rider pledges \$3,000, with part of those funds benefitting Bike Santa Cruz County's Education Fund. Janneke Strause, BSCC executive director, is joining local riders Kristen Lee, Julia Sinn, Miguel Pena and Doug Engfer, plus one scholarship rider.

Riders will travel through redwood country on their first day. Day 2 includes the Leggett Grade, a climb of 1,400' before descending to the ocean and headlands around Mendocino. Day 4 features a 100-mile route past the Point Arena Lighthouse. On the last day the riders will travel through Tomales Bay, Point Reyes Station and Stinson Beach before crossing the Golden Gate Bridge.

When asked what he thought was the biggest challenge facing the bicycling movement in Santa Cruz, first-time Climate Rider Doug Engfer (photo) said, “I want my granddaughter to feel as safe and empowered on her bike as I did when I was young, and for her parents to be



comfortable with her riding around town. I believe that the city's Active Transportation Plan will provide a solid foundation, and I have high hopes for the RTC's work throughout

the county.

“Most importantly though, we all need to just get along out there on the roads and trails. Cyclists, pedestrians, equestrians and motor vehicle operators all need to behave respectfully, carefully, safely and legally, and hold one another accountable for our actions.”

BIKE SMART NEEDS YOUR DONATIONS!

Ecology Action's Bike Smart program for teaching safety skills to fifth graders in Santa Cruz County has raised \$32,820 towards its goal of \$78,000. SCCCC has contributed \$1,000 to the “Every Fifth Grader” effort, and has promised to match bike club member individual donations up to \$2,000.

To help with this worthwhile cause, please go to <https://give.ecoact.org/team/167779> and press the Donate Button. Your contribution is an investment in active, safe and healthy lifestyles for youth.

Open Streets coming June 3rd

Watsonville's third annual Open Streets, a celebration of public space, recreation, healthy lifestyles and community fun, takes place from 11 a.m. to 4 p.m. on Sunday, June 3rd. The area from Union/Brenna Street from City Plaza to Callaghan Park will be closed to traffic, allowing for friends and families to walk, bike, roller blade or use some other form of non-motorized transportation to enjoy the out of doors on traffic-free streets.

Based on the Ciclovía movement in the 1970's in Bogota, Colombia, Open Streets was founded in Santa Cruz by Saskia Lucas in 2012. To become a sponsor, to volunteer or to find out more information, go to: info@scopenstreets.org.

Steve and Gloria Hum spend nine weeks biking the hills of New Zealand

Editor's note: Gloria Hum has been married to her husband Steve for 38 years. Photo is from their New Zealand nine-week bike tour.

In my early 20's I merrily rode a bright yellow Schwinn 10-speed bicycle. Then I met a guy. A first date and there we were, riding together, me on my Schwinn, and he on an Italian road racing piece of art. Maybe it could have gone better. Maybe my happy Schwinn could have chosen to fail on a different day. In the end, Fate smiled on us, and, so many bikes and adventures later, my husband Steve and I found ourselves last December on the northern tip of New Zealand, ready to pedal south at dawn, with the Tasman Sea on the right and the Pacific Ocean on the left. Our goal was to spend the next two months traveling 3,000 kilometers to the southern tip of the South Island.

HELPED BY A GOOD GUIDEBOOK

Our Titanium bikes with sturdy tires were outfitted for ultra-light bike touring, as suggested by the popular *Tour Aotearoa Guidebook*. The book promised a fantastic way to combine bike riding, backpacking and camping into a cohesive trip.

WIND AND SEA

With some trepidation, off we rode south, the first leg being 90 miles alongside the beach. What a kick to ride with the wind in our faces, sand and sea everywhere. However, the sand quickly gave way to the verdant green hills of the Northland farm country and the first of many gravel roads. The terrain was a variety of gravel cycle trails, sealed cycle trails, single track trails, gravel and paved roads, suspension bridges and paths along rivers and the



ocean. Fortunately, our cross/gravel bikes made the transition from road to trail easy. Everyday was a new adventure, offering an unending array of new sights, sounds and smells. Our morning alarm was the beautiful symphony of bird songs. My favorite bird was the Tui bird, whose array of songs was vast, as it can mimic other birds. Since we were following the TA route, we merely had to check the guidebook to see what the next day's ride looked like.

DOWN A STEEP MOUNTAIN!

But the guidebook didn't always tell the whole story! One day's description read—11 km sealed roads, 3 km gravel roads, 40 km gravel paths, short sections require walking. Very remote. What it didn't include was—37 switchbacks straight down a mountain, then improved riding beside the river, followed by a "grunty" climb and a descent down several flights of stairs! At the end of that day, I felt I had either chewed off too much or gained new skills! Steve thought the day was awesome.

Woven throughout our tour was a learning curve for the local language. "Grunty" came to mean quite steep and really hard, and we would use it at will to describe many a climb. You might be thinking we must really be excellent riders. But the fact of the matter is that an attitude of "You can do it" was as important as bicycling skill.

Whereas I started the tour feeling more comfortable on the road, Steve found joy on

the trails. Our favorite day was the Timber Trail, a 70-km single track trail through the bush (forest), complete with signage giving history lessons of the area. It made the riding all the more enjoyable, as if the steep climbs followed by never-ending downhill and multiple exciting bridge crossings weren't enough!

In due time, the mountains grew taller, the roads more narrow, and the scenery ever more spectacular. Although the summer rains gave us pause, we learned to ride in wet conditions. One day, after riding 125 km with the last 40 km in the rain, we stopped beside the road for a snack. Soon a local policeman came by to be sure we were okay. When he learned what we were up to, he gave us his card and said to call. The never ending friendliness and hospitality of the Kiwi people was endearing.

MANTRA FOR RIDING

As the weeks went by, the mountain passes grew taller and steeper but our growing sense of "We can do it, just one pedal at a time," also grew stronger. One day, after climbing the highest point, 1,076 meters, and descending a glorious 45 km, our rest stop brought us in contact with a local farmer on his tractor. He stopped, turned off the motor, and we chatted. Before leaving, he asked, "Could you think of a harder way to see New Zealand?"

After riding from the tip of the North Island to the tip of the South Island, we decided that traveling by bicycle is the greatest way to experience the sights, sounds and stories that make New Zealand so special!

—GLORIA HUM



COMING SOON TO
A MOUNTAIN ROAD NEAR YOU
THE 20TH ANNUAL SANTA CRUZ
MOUNTAINS CHALLENGE
JULY 21, 2018

Santa Cruz Criterium celebrates 50 years of racing on Beach Hill



Former SCCC presidents are, l to r: David Gill (2010—2012), Bart Coddington (2006—2009), Robert Leibold of Velo Promo (1971—1990), and Jeff Clark (1995-1996). Men's master racer, right, and women racers on Front Street hill.

(Photos by Jack Johnson)



Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open daily–10AM–6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday–Saturday–10AM–6PM
Sunday–10AM–5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Dave's Custom Bikes
910–A Soquel Avenue
423-8923
Tuesday–Sunday–9AM–5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday–Saturday–10AM–6PM
Sunday–10am–5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday–Saturday 10AM–6 P.M.
Sunday–Noon–5PM

Cycle Works
1420 Mission St.
316-7671
Monday–Friday 10AM–6PM
Saturday–Sunday 9AM–6PM

Bicycle Trip Capitola
3555 Clares St., Suite T
Capitola 95010
831-226-5050
Monday–Friday–11AM–6PM
Saturday–10AM–5PM
Sunday–Closed

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday–Thursday–10AM,–6PM; Friday 10AM–7PM
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday–Saturday–11AM–6PM;
Sunday–Noon– 5PM
Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday–11AM–7PM; Weekend–8AM–4PM

AND...

1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM–7PM; Weekend 9AM–6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

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831-234-4663 www.maverickmailing.com



JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to 'The Roadrunner', the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruz cycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

| | | |
|------------------------------|----------------------------------|---|
| Member First Name | *Member Family Name | *Member Contact Email |
| *Member Contact Telephone | Member Ride Cell Phone | ___New Member ___Renewal Member ___Include on Printed Roster ___Add to SCCCC Email list |
| 2nd Member First Name | 2nd Member Family Name and Email | One Year Memberships ___Individual \$25 ___\$30 for RR Mail* ___Family \$35 ___\$40 for RR Mail* ___Junior \$10 ___\$15 for RR Mail* |
| 2nd Member Contact Telephone | 2nd Member Cell Phone | Three-Year Memberships ___Individual \$60 ___\$75 for RR Mail* ___Family \$90 ___\$105 for RR Mail* |

*Street Address

*City

*State

*Zip

*Roadrunner Newsletter delivered by US Mail

League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

May—June 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday <i>Club Ride</i> |
|----------------------------------|------------------|--------------------------------|-------------------------------------|---|---------------------------------|-----------------------------------|
| | | 1 <i>Club Ride GP</i> | 2 | 3 <i>Gizdich ride Swanton Time Trial</i> | 4 <i>Bike Party at MAH</i> | 5 <i>Club Ride</i> |
| 6 <i>Cinco de Mayo bike ride</i> | 7 <i>C ride</i> | 8 <i>Patagonia Movie Night</i> | 9 <i>SCMC captains SCCCC board</i> | 10 <i>Bike to Work/ School Day</i> | 11 <i>Bike Party Group Ride</i> | 12 <i>Bike Trip's Bike Fest!</i> |
| 13 | 14 <i>C ride</i> | 15 <i>Club Ride GP</i> | 16 | 17 <i>Gizdich ride 10 a.m. Corralitos</i> | 18 | 19 <i>Club Ride</i> |
| 20 | 21 <i>C ride</i> | 22 <i>Club Ride Aptos</i> | 23 | 24 <i>Gizdich ride 10 a.m. Corralitos</i> | 25 | 26 <i>Club Ride</i> |
| 27 | 28 <i>C ride</i> | 29 <i>Leader choice GP</i> | 30 <i>Be a bicycling ambassador</i> | 31 <i>Gizdich ride 10 a.m. Corralitos</i> | 1 | 2 <i>Club Ride</i> |
| 3 <i>Go for a bike ride!</i> | 4 <i>C ride</i> | 5 <i>Club Ride GP</i> | 6 | 7 <i>Gizdich ride Swanton Time Trial</i> | 8 | 9 <i>Club Ride</i> |
| 10 | 11 <i>C ride</i> | 12 <i>Club Ride Aptos</i> | 13 <i>SCMC captains SCCCC board</i> | 14 <i>Gizdich ride 10 a.m. Corralitos</i> | 15 | 16 <i>Club Ride</i> |
| 17 | 18 <i>C ride</i> | 19 <i>Club Ride GP</i> | 20 | 21 28 | 22 | 23 |
| 24 | 25 <i>C ride</i> | 26 <i>Aptos</i> | 27 | | 29 <i>GP is Gateway Plaza</i> | 30 <i>Aptos is Rancho del Mar</i> |

Santa Cruz County Cycling Club Membership Card
www.santacruzcountycycling.org (Valid only with member's mailing label.)



SCCCC
PO Box 8342
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95061-8342