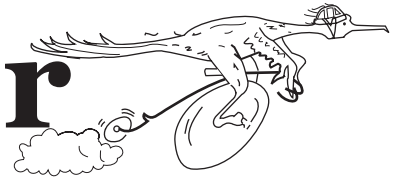


# The Roadrunner



A Bi-monthly Publication of the Santa Cruz County Cycling Club

May-June 2008

Volume 36-Issue 3

## SANTA CRUZ BIKE WEEK TURNS 21 MAY 10-17



Turning the page on bicycling history is winning poster. See story p.5

By Grace Voss

**B**ike Week, an eight-day celebration of two-wheeled fun mixed with practicality, begins Saturday, May 10 for the 21<sup>st</sup> consecutive year. It culminates with the Thursday Bike-to-Work/School Day free breakfast at 40 locations, and it ends with the popular Rail-Trail Day on Saturday, May 17. New this year is a competition among the 17 business members of Ecology Action to attract the most employees to commute on two wheels for Bike to Work Day, May 15. Separate winners for large and small companies will be judged according to how many employees and the number of miles biked. The competition reinforces this year's theme "Every Day is Bike to Work Day," according to Piet Canin, Ecology Action director.

Santa Cruz is unique among cities its size in that it offers an October Bike to Work/School Day as well as the nation-wide May celebration. Both are well attended. Last year, nearly 10,000 bicyclists participated, according to Canin, who cites global warming

concerns as well as the high cost of gas for the upsurge in participants. Bonnie McPike, returning this year as director of the week's activities, says it takes 2,000 bagels, 200 gallons of juice, 100 pounds of coffee and "A LOT of pastries" to feed the bicyclists on Bike to Work/School Day. But, she adds, the effort is well worth it. "Bike to Work/School Day brings community members together in a fun, active way, while promoting bicycling and the environment," she adds. Canin says the week of activities also promotes bicycle safety and health benefits. For many people, the Bike to Work commute is a first. Almost 500 people said last year that they were beginning bicyclists, according to surveys taken at Bike to Work/School Day.

The mass of free breakfasts calls for more than 100 volunteers at breakfast sites throughout Santa Cruz County. Both Canin and McPike live their philosophy, as they regularly commute to work by bike. Bonnie rides 10 miles roundtrip on a daily basis, while Piet covers half that distance. Bike to Worship day has become an integral part of the

Delaveaga Elementary School students enjoy helping out at last fall's Bike to School Day.

week's activities, under the guidance of Batya Kagan. For a complete list of activities and their locations, see page 3. To volunteer or to find out about participating schools, contact Bonnie at 426-4925 ext. 128.

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## Club Shorts: Strawberry Fields Set for May 18

◆ Strawberry Fields Forever XIX will take place starting at 7 a.m. on Sunday, May 18 at Pajaro Valley High School. Frank Pritchard, director, reports there will be a 65-mile and 100-mile route, with sag stops, lunch and post-ride meal. Registration is \$40. Go to [www.strawberryfields.org](http://www.strawberryfields.org).

◆ If you ride your bicycle and wear a helmet to The Ugly Mug in Soquel (corner of Soquel Dr and Porter St) you can get a FREE espresso.

◆ Special education teacher Paula Barsamian has found a new use for punctured bicycle tire tubes...she uses them for occupational therapy in place of bungy cords or medical tubing when she works with her students...in fact the idea has proved so popular that paula has had several requests for tire tubes from other teachers...so, don't throw out your old tubes! Let Paula know you have them and she will arrange to pick them up from you. Another recycling idea has found its mark. Thanks Paula!



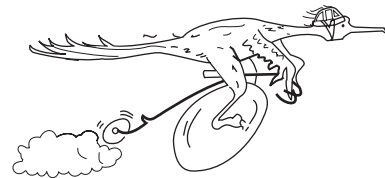
◆ A new web site, called [FindMeABicycle.com](http://www.findmeabicycle.com) or (<http://www.findmeabicycle.com/>), is a great new tool for both experienced and novice bicyclists as they plan their next bicycle purchase. There is nothing for sale on [FindMeABicycle.com](http://www.findmeabicycle.com). Nor is there a fee to use the site. It is simply intended to be a free helpful service for helping you decide on your next bicycle.

[FindMeABicycle.com](http://www.findmeabicycle.com) provides two features that you won't find anywhere else: a simple step-by-step check list on how to purchase a bicycle, including a guide that will help the user decide on the ideal type of bike (mountain, road, hybrid, etc.) based on the needs of the user; and comprehensive lists of virtually every type, make and model of bike on the market today. The lists, compiled from more than 100 bike manufacturers, contain information on more than 2,600 bike models.

The lists are organized by 15 different types of bike: mountain, road, hybrid, bmx, touring, tandem, recumbent, women's, single speed, youth, track, cruiser, time trial, cyclocross, and folding. The lists of bicycle models are further broken down by frame material, suspension system, and price. [FindMeABicycle.com](http://www.findmeabicycle.com) won't replace the local bike shop, but will prove to be a valuable resource for anyone who's in the market for a bike.

◆ Welcome new club members! They are: Cary Robertson, Almena Smith, Tara Roddy, Steve Piercy, Rich Seiter, Kae Peet and Allison Cruz

Scott Campbell, left, helped set up and take down equipment for the Seaside leg of the 2008 Amgen Tour of California on a rainy April 21.



THE ROADRUNNER is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc.

Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

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The Santa Cruz County Cycling Club is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

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## From My Handlebars to Yours: No Age Limits for Bicycle Touring

By Bart Coddington

For one week in March I participated in my fifth Adventure Cycling Association bicycle tour in Southeastern Arizona. I had a great time and I am five for five in gaining weight on ACA tours.

The people on the tour were vibrant. Similar to our club, the age of the riders was skewed toward the upper range. Out of the 50 or so riders seven were 70 or older. One evening I sat next to a man who was 74 and had just come back from climbing Mt. Kilimanjaro in Tanzania. He was doing the ACA tour on a knobby-tire mountain bike. His buddy from Santa Fe, NM was the oldest rider at 79. Together these two had ridden across the US a couple of years ago, and they plan a full summer of rides this year.

The oldest woman on the tour was 72, although both she and her

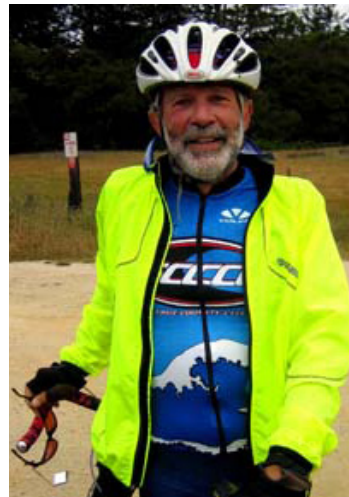
husband looked years younger. They live in Montana, where they cross-country ski all winter to stay in shape.

It is great to see what cycling allows people to keep doing. Our own club is blessed to have four riders older than 75;

Herb Greenfield, Ed Kilduff, Leo Moll and John O'Hara. All are great examples of cycling fitness.

The youngest person on the tour was a 16-year-old boy from Vancouver, BC who was with his father. A great rider, he had a good time despite the fact that he was at least 20 years younger than any other rider on the trip. This is the type of rider we need to attract if we are to keep SCCCC vibrant.

Our social co-directors, Janet Fogel and Lilly Ann Popken, have some interesting activities planned for us this year. Let's see if we can invite younger



Bart Coddington  
SCCCC President

friends and/or family members along. We are a social club who enjoy a good get together as much as we do riding bicycles together.

## Jump Jam, Rail-Trail Day Highlight 21st Annual Bike Week



### On the Go

Above, Piet Canin and Bonnie McPike, Bike Week organizers, commute to work by bicycle on a daily basis.

### ■ SCHEDULE OF EVENTS

- **SATURDAY-MAY 10**—BikeFest Jump Jam! 11 a.m. to 4 p.m. @ Bicycle Trip Bike Park, 35 Pacific Avenue ; BMX and MTN bike competition for pros and amateurs; live DJ; industry vendor booths; refreshments; free raffle; call 427-2580; Kids' Bicycle Safety Obstacle Course; 10 a.m. @ Depot Park, 119 Center St. for children 4-8 years old; bring your bike; helmets required; loaner bikes available; raffle.
- **SUNDAY-MAY 11**—Bike to Worship Day/Bike Fest Jump Jam!
- **TUESDAY-MAY 13**—Commuter Race, Watsonville.
- **THURSDAY-MAY 15**—Bike to Work-School Day-6:30-9:30 a.m.
- **SATURDAY-MAY 17**—Rail and Trail Day-Train and Bike Ride; 10 a.m. Santa Cruz Train Depot Park, 119 Center St. \$6 adults, \$3 kids for ride to Felto. Return by bicycle via Highway 9. Helmets required.

# Bicyclists Blamed for Most Traffic Accidents

By Erin McCormick

Bicyclists were twice as likely as drivers to be at fault in the nearly 2,000 collisions that killed or severely injured Bay Area bike riders in the past decade, an analysis by *The Chronicle* shows.

Bicycle and safety advocates say the deaths two weeks ago of two cyclists hit by a Santa Clara sheriff's deputy's cruiser should serve as a call to improve relations between cars and bikes on the roadways.

The advocates say large numbers of cyclists fail to follow the rules of the road, running stop signs and red lights, and drivers are becoming more aggressive.

"There is a juggernaut out there - the tension between the cyclists and the drivers is so high that it's become a war," said triathlon coach Marc Evans, who is starting a campaign to get the cycling community, drivers and motorcyclists to put more focus on avoiding deadly collisions on the roads.

The *Chronicle's* analysis of the 33,000 Bay Area collisions involving bicyclists since 1997 shows that, in the most serious accidents, the driving behaviors of bicyclists often were blamed for the crashes. Data collected by the California Highway Patrol show that bicyclists were deemed at fault in 1,165, or nearly 60 percent, of the 1,997 accidents that killed or severely injured cyclists; drivers were blamed only 520 times, or 26 percent. In most other cases, no one was listed as being at fault.

## SUSPICION OF BIAS

Bicycling advocates said the statistics might in part reflect a bias among police officers, who they say often "blame the victims," especially because cyclists might not get to tell their side of the story as they are being carried off on stretchers.

"There is a prevalent perception among police officers that bikes don't belong on the road," said Leah Shahum, executive director of the San Francisco Bicycle Coalition. Yet even the most staunch cycling advocates acknowledge that some cyclists give others a bad name



Bicyclists gather at Santa Cruz Clocktower for 'mourning ride' in memory of Christopher Rock.

by failing to obey traffic laws. "When I see a rider run a red light, I cringe," Shahum said. "Not only is it totally unsafe, it makes me and all other cyclists look bad." As for drivers, the data suggest their behavior is getting worse by the year.

## SERIOUS CRASHES

The number of serious Bay Area crashes in which cyclists were at fault has hovered at about 100 per year for the past decade, but the number in which motorists were blamed has steadily risen - from 38 in 1997 to 61 in 2006, the last full year for which data were available. In addition, the number of accidents involving drivers hitting cyclists and then fleeing has spiked in recent years. Hit-and-run drivers killed four cyclists and severely injured 26 others in 2006 - significantly more than any other year in the past decade.

"There seems to be a natural tension between bicyclists and motorists," said Susan George, town manager of Woodside, who finds the streets in and

around her hilly San Mateo County community swarming with cyclists, motorcycle riders, equestrians and drivers out for a good time on weekends and lunch hours.

Groups of dozens or even hundreds of bicyclists sometimes take over the roads, blowing through stoplights and disobeying signs, she said. At the same time, some motorists retaliate aggressively, tailgating the bicyclists, honking at them and trying to force them off the road.

"The majority of cyclists obey the rules, and the motorists, too, but then you get these outlaws," George said. "It's an ongoing battle, and in recent years the tensions have gotten worse."

Berkeley police Sgt. Mary Kusmiss said that in the past two years, her department has noticed an increase in all types of road-rage incidents.

"We get about six calls a month of road-rage cases, of people getting into screaming matches or drivers getting out of their cars and throwing their arms up," she said. "It's not just motorists and cyclists. It can be motorists and pedestrians or motorists and motorists."

## YELLING AT MOTORISTS

Kusmiss said the cases involving bikers can be exacerbated by the fact that in Berkeley, "some cyclists are very political about their cycling: They yell at the motorists to 'Just stop driving.'"

According to the data, when drivers were at fault in an accident, the most common type of violation cited was not giving cyclists the right of way. For bike riders, unsafe speed was the most dangerous violation, followed by riding on the wrong side of the road.

Male cyclists were almost five times more likely to be killed or severely injured than women. Fatalities and severe injury accidents affected all age groups, but riders in their 30s and 40s fared worse than others. Most common fatalities were 48-year-old males.

(Continue on page 5)



Jenny Q. Sandrof, left, took a historical view of bicycling, and her work was chosen for the 21st annual Bike Week festivities slated for May 10–17 this year. Her painting shows the bicycle really hasn't changed that much through the years.

## West Side Artist Turns Page on Bicycle History

The 2008 Bike Week artist who created a turn-of-the-century view of bicycling turning into a modern, colorful sport is Jenny Q. Sandrof of The Blue Heron Design Group in Santa Cruz. Jenny, who also created the colorful six-sided Bike Week pamphlet, has helped create Bike Week materials for the past eight years, and this year she bid on the entire project, winning the poster competition. Her approach was “peeling back a page of history,” she says, adding that the bicycle really hasn't

changed that much. Her Bike Week painting was done in acrylic and took her two weeks to complete. Jenny then photographed it, completing the work by using Adobe Indesign and Photoshop software.

Jenny's studio is her recently remodeled home on the West Side, which

she shares with her architect husband Bill Kempf and their daughter Claire, 8. She loves to paint but has worked mainly as a graphic design artist for most of the past 20 years. Besides being chosen as Bike Week artist, Jenny has won numerous international and marketing awards for graphic design.

### *Bicyclists Blamed Often*

(Continue from page 4)

No one has suggested that cyclists Kristy Gough, 30, of San Leandro and Matt Peterson, 29, of San Francisco who were killed in the March 9 accident on Stevens Canyon Road in Cupertino, were at fault.

Evans, the triathlon coach who regularly trains riders in the hills of San Mateo County and was Gough's coach, said it is often the serious athletic bikers who take the most risks. He said he sees whole clubs of riders zipping through stop signs and failing to slow down.

“You get these guys who think they are Lance Armstrong or something, then they turn around and get themselves killed,” Evans said.

(Reprinted with permission from the *San Francisco Chronicle*)

### *Safety Comments Center on Busy Mission Street*

Another bicyclist fatality. Another ghost bike. Another memorial ride. On April 11, more than 100 bicyclists, many dressed in black, gathered in downtown Santa Cruz by the Town Clock for a late afternoon ride to Mission and Bay streets, site of the accident resulting in the death of Christopher Evan Rock. Rock was struck and killed three days earlier by a large truck as he rode his beach cruiser on Mission Street. His fatality was the second in eight months at the busy intersection, prompting the latest outcry from local bicyclists. At the memorial bike gathering, in response to the question “Is Mission Street too dangerous for bicyclists?” the following comments were heard.

Michael Nellany: “I wouldn't feel comfortable taking up the full lane. In Quebec, many streets have four-foot-high poles that separate the bike lane

from traffic on major thoroughfares. I never cycle on Mission Street.”

SCCCC member Chad Williams: “We have a main thoroughfare that doesn't accommodate both cars and bikes. It's one or the other, and cars are not going to go away.”

Tamsin McEwen: “We need a divider on Mission Street to separate bikes and cars...a visual division which would give safe boundaries.”

SCCCC member Michele Whizin: “I think drivers aren't trained well enough to respect cyclists. They don't have enough awareness. King Street is a good alternative. I totally avoid Mission Street. Likewise, there are a lot of untrained bicyclists in this town that drive me nuts!”

More comments on the dangers of Mission Street are welcome. Send them to [gracevoss@sbcglobal.net](mailto:gracevoss@sbcglobal.net).

## Weekly Rides

### TUESDAY

Meet at 9:45 a.m. for a 10:00 a.m. start for this is social/leisurely paced road ride. Start on Aptos Creek Rd. just off Soquel Drive in Aptos. Aptos Creek Rd. leads to the entrance of Nisene Marks State Park. On the first Tuesday of each month, the ride starts at another location. Call the leader to find the location. The distance will vary from 20–40 miles and will always be a fun adventure. Destinations always include lunch stop. Bring water, snacks, and money for lunch.  
 Contact: Janie Tibbals.....336-1040

### WEDNESDAY

Beginners Ride with Martha—starting at 9:30 a.m. Start at Lighthouse Field State Park ENTRANCE at Pelton and National Streets. Parking on Pelton.  
 Martha Bedal 460-1818, marthab@cruzio.com

### Thursday

Meet at 10 a.m. in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25–45 miles. This is a No Leader—Decide and Ride. Bring water, snacks, and essentials for bicycle repairs.

### RIDER LEVELS

A = Novice: you can ride 15 miles on a mostly level road at a leisurely pace.  
 B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.  
 C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.  
 We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/queue sheet is provided. Most Saturday rides begin at the **Capitola Community Center, which is located at the intersection of 45th Avenue and Jade Street.** LDTSG=Long Distance Training Support Group.

#### LDTSG #17—SATURDAY, MAY 3 Have Mercey

Meet at Capitola Community Center (Jade St/45 Ave) at 7:30am to carpool. Start in Paicines on Hwy 25 south of Hollister at 9:00am. Ride out to Panoche Bar for lunch. A riders will get lunch in Paicines at end of ride. C riders will travel to Mercey Hot Springs. A = 27 mi., B = 55 mi., C = 71 mi.  
Scott Campbell.....426-0989

#### LDTSG #18—SATURDAY, MAY 10 A Ride in the Park

Meet at Capitola Community Center (Jade St/45 Ave) at 8:00am to carpool. C riders start at Kirby Park on Elkhorn Rd. at 9:00am. A/B riders start at Pezzini's Produce on Nashua Rd. at 9:30am. Head for the Monterey Coast with lunch stops in Pebble Beach. A = 40 mi., B = 60 mi., C = 80 mi.  
Ed Kilduff.....724-2501

#### SATURDAY, MAY 17 Rides and Tides

Meet at Capitola Community Center (Jade St/45 Ave) at 8:00am to carpool. Start from Park & Ride in Palo Alto on Page Mill/I-280 at 9:00am. Riders will climb Old La Honda to Skyline Blvd. Lunch at Alice's Restaurant with a return down Kings Mountain.  
Grace Voss.....462-4884

#### SATURDAY, MAY 24 Eureka Canyon Climb

Start from entrance to Nisene Marks Park at 9 a.m. Route will go through Corralitos, then up Eureka Canyon for lunch at the Summit Market; shorter options for those who don't want to ride all the way.  
Monte McDonald .....212-9501

#### MONDAY, MAY 26 MEMORIAL DAY Eureka, I Rode It!

Start from Capitola Community Center (Jade St/45 Ave) at 9:00am. Ride to Corralitos then on up Eureka Canyon. Lunch at the Summit Market. Celebrate Memorial Day with a memorable ride with friends. It's going to be one of those rides to remember.  
Jim Denton.....461-0370

#### SATURDAY, MAY 31

#### Wildflowers in the Bay of the Half Moon

Meet at Capitola Community Center (Jade St/45 Ave) at 8:00am to carpool. Start the ride in Pescadero at the north end of town. Ride will head north to Half Moon Bay for lunch via Higgins, Purisma, and Verde roads. Shorter options for those that want to avoid some of the hills.  
Shalom Compost.....423-7871

#### SATURDAY, JUNE 7 Farewell My Friends

Meet at Capitola Community Center (Jade St/45 Ave) at 7:30am to carpool. Start from Pt. Pinos Lighthouse in Pacific Grove at 9:00am. We will be saying our Goodbyes and Farewell to friends Jeannine and David Peerless before they head to France to take up their new residency there. The ride will take you to Pt. Lobos near Carmel and return for a potluck lunch at Sally's home. Bring your favorite dish to share.  
Sally Salmon.....402-0027

**Bicycle Helmets Save Lives  
No Bike Helmet=No Ride**

# Santa Cruz Criterium Riders Tackle Beach Hill Club Members Visit Point Lobos on Windy Day



Safeway lunch stopover on Pt. Lobos Ride: L to R: Roger Van Horn, Jim Wheeler, Gene Lytle, Paula Barsamian, Teri Ruegg, Ed Kilduff and, back row, Shalom Compost and Meredith Fuhrman. It was a cool, blustery day!

Above, riders climb Santa Cruz Criterium's Beach Hill.

## SATURDAY, JUNE 14 The Mysteries of Train Tunnels

Start from Capitola Community Center (Jade St/45 Ave) at 9:00am. Routes will explore the various train tunnels in the mountains above Santa Cruz. You may need a flashlight for this ride through partial to full darkness.

Tony Rall.....335-4739

## SATURDAY, JUNE 21 Away We Go

Meet at Natural Bridges State Park (entrance on Delaware St) at 9:00am. Ride will stop in Davenport for a snack and continue on to Swanton Rd for the big climb. Those wanting a few more miles will ride to Butano State Park. Camping Option: Pam and Scott will be starting their 5-month bicycle tour of the U.S. west of the Mississippi. If you would like to camp with them on their first night out let them know so they can make reservations.

Scott Campbell.....426-0989

## SATURDAY, JUNE 28 Mission Assault

Meet at Capitola Community Center (Jade St/45 Ave) at 8:15am to carpool. Start from Kirby Park on Elkhorn Rd at 9:00am. A riders will travel to Aromas and return to start. B riders will continue on to San Juan Bautista for lunch. C riders will include a ride up Fremont peak.

Ed Kilduff.....724-2501

## SATURDAY, JULY 5 Over the Hill to Los Gatos

Meet at Capitola Community Center (Jade St/45 Ave) at 8:00am to carpool. Start at the Scotts Valley Transit Center, on Kings Village Drive at 8:30am. Lunch in Los Gatos, about 1/2 mile hard pack dirt trail each way. A=20mi/1000' B=40mi/2000' C=60mi/3000'

Ric Eiserling..... 475-5397 or 336-1040

### Thank You March–April Ride Leaders!

Don Conant  
Ed Kilduff  
Jeff Totten  
Scott Campbell  
Tony Rail  
Chris Boman  
Herb Greenfield  
Mike Andalora  
Bart Coddington  
Anita Dyer  
Howard Swann  
Linda Brodman  
Janie Tibbals



Left to right are local Cinderellas Pat Schlunt, Grace Voss, Meredith Fuhrman and Patricia Lawson. Riding so quickly she escaped from the frenetic paparazzi was Pam Slocum.

## Slipper Fits for Local Cinderellas

By Patricia Lawson

Tutus, tiaras, glitter and glitz, fancy pants, abbreviated prom dresses, and personalized helmets made up the dress code for many of the 2008 Cinderella Classic bike riders on Saturday, April 5. Starting and ending the ride for the second year in a row at the Alameda County Fairgrounds in Pleasanton, this all-women event, sponsored by the Valley Spokesmen Bike Club, just keeps getting better and better for the 2,500 registered cyclists who completed the 100k (plus an optional 30 miles) ride through Dublin, the vineyards of Livermore, the base of Mount Diablo and the San Ramon Valley.

On this slightly cool day, riders encountered a consistent supply of crisp headwinds to make their Cinderella legs work harder than anticipated on a gorgeously scenic ride through lush green hillsides full of lupine and lavender. The politeness and incredible use of bike etiquette was evident throughout the day, as ladies consistently called out “on your left” or “passing” as they changed positions, ending with a polite “thank you” no matter how out of breath they felt.

The Cinderella Classic is not exactly an all-women’s event, as Prince Charmings, male members of the Valley Spokesmen Bike Club, were ever-present, manning sag wagons, staffing rest stops as well as registration check in and out, and treating the women bicyclists as princesses for the day. But, alas, the clock struck midnight (so to speak) at the end of the SCCCC participants’ ride, and reality returned. After the ride and a welcome bowl of hot soup, the club’s ladies toured the ever-growing bicycle expo near registration headquarters before stowing their bicycles onto their four-wheeled carriages for a motorized trip home.

(SCCCC members riding the 32nd annual Cinderella Classic were **Patricia Lawson, Meredith Fuhrman, Pat Schlunt, Pam Slocum and Grace Voss**, plus any members who rode so fast they escaped recognition!)

## Rides and Ride Reviews

**Tuesday, April 1:** In the tradition of Paul Bunyan, a larger-than-life lumberman who was also known for prodigious strength around oil fields and pipelines, the Tuesday riders under **Linda Brodman’s** leadership, tackled the more tangible Pipeline Trail through Henry Cowell State Park on, what else, April Fool’s Day. Linda made certain her riders were adequately warmed up with choices of pre-pipeline routes including Bean Creek Road and Whispering Pines Drive in Scotts Valley. The day’s biggest challenge arrived around high noon—the roller coaster ups and downs of the Pipeline Trail, a narrow but paved route named for the waterline from Loch Lomond Reservoir, which provides water to the City of Santa Cruz. This trail, while surrounded by redwood beauty, boasts a few uphill grades of 20%! Well, April Fool to you too! Fortunately the destination, an attractive overlook, was about two miles away, and here a dozen riders enjoyed their sandwiches while gazing out at pristine views of redwoods and conifers, with the real Santa Cruz roller coaster punctuating the far horizon. A fitting symbol of a beautiful, unique bike ride. Thanks Linda!—**Rhoda Bike**

**Saturday, March 15:** ‘Twas a blustery day, with just six of us making the trip from Santa Cruz to Sunol. And we saw no bobcats. But I was satisfied with a great blue heron (just a few feet from us at the start), wild turkeys in full display, and a peacock (crossing the road right in front of Pam Slocum). The weather was fine, not a drop of rain (but the wind was a little gusty at times). The scenery was great, rich, dark green everywhere. The climbing was challenging, but because of the out and back arrangement of the route, it was possible to opt out at any point (which I sadly chose to do a few times). And of course, the ride included the good company typical of our club—**Tony Rall**

Legendary woodsman Paul Bunyan lent inspiration to a recent SCCCC Tuesday ride in Henry Cowell State Park



**GIVE THE 2008 SANTA CRUZ MOUNTAINS CHALLENGE A HAND**

**Saturday, July 26**, is the day of the 10th Annual Santa Cruz Mountains Challenge. This year's (100km., 100mi.) will begin at Scotts Valley High School in Scotts Valley. The rides will be using the campus both as a Start/Finish and for the meal at the end of the ride. We are limiting the number of riders to 500 to ease preparation and the purchase of food. The Mountains Challenge is the primary fundraiser for the club. To provide rest stops, SAG support and food for the riders, we rely on the help of club members, their families and friends. Take a few minutes to fill out this volunteer form. If you are unable to help the day of the ride, sign-up for one of the "before ride" jobs. As registration, lunch and check-in will be located in the same general area, feel free to volunteer for several jobs, (i.e. registration in the morning, take a break, then check-in or assist with lunch in the afternoon). You'll be part of the action and show off the Santa Cruz County Cycling Club's hospitality to other riders. All volunteer staff will receive a 2008 Mountains Challenge T-shirt and will be invited to the worker's dinner. It has been a long-standing tradition for members of the Santa Cruz County Cycling Club not to ride the Mountains Challenge; however, we will be having a "Workers Preview Ride" on July 19. After your form is received, your "Captain" will be calling you about specific assignments. Worker's T-shirts will be distributed on the day of the Mountains Challenge.

THE TIME TO GEAR UP FOR **JULY 26** IS NOT FAR OFF. WE NEED YOUR HELP.

ALL WORKERS MUST FILL OUT ONE OF THESE FORMS SO WE CAN ORDER THE CORRECT NUMBER OF T-SHIRTS. THANK YOU FOR YOUR COOPERATION.

QUESTIONS? Call the Volunteer Coordinator: **Pam Slocum (831) 426-0989 (before 6/21), Janet Fogel (831) 438-0706; jlfogel@sbcglobal.net (after 6/21) or the Century Coordinator: Maura Noel (831) 465-1855**

Cut along this line and mail lower portion to address below

Volunteer Checklist: T-shirt size \_\_\_\_ (S) \_\_\_\_ (M) \_\_\_\_ (L) \_\_\_\_ (XL) \_\_\_\_ (XXL) \_\_\_\_ NO SHIRT

(Fill out one form for each volunteer. Photo copy this form if you need more )

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

PHONE: (HOME): \_\_\_\_\_ (WORK): \_\_\_\_\_

**BEFORE RIDE JOBS:**

- Bread Bakers (For the Rest Stops i.e., Banana, Apple Spice, Blueberry, etc.)
- Route Marking (July 18—9 a.m.–1 p.m.)
- Worker's Preview Ride (July 19—9 a.m.–5 p.m.)
- Sorting T-shirts (July 24—6 p.m.–8 p.m.)
- Equipment Distribution (July 25—2 p.m.–6 p.m.—assist with staging club equipment)

**DAY OF THE RIDE JOBS:**

- Floater (Wherever needed most)
- Registration (Morning, register riders 5:30 a.m.–8:30 a.m.)
- Rest Stop (Keep food/drinks stocked for riders—select a Rest Stop or Water Stop)
- Saratoga Gap \_\_\_\_ Little Basin \_\_\_\_ CDF Training Center \_\_\_\_ Franks' Tree Farm
- Black Rd (water) \_\_\_\_ Jamison Creek (water) \_\_\_\_ E. Zayante (water) \_\_\_\_ St. Clairs Retreat (water)
- Sag Driver (With your car or truck—drive routes to help riders with minor repairs or ride back to start)
- Check-in (Afternoon, track riders as they return 11 a.m.–5 p.m.)
- Meal at Scotts Valley High (Midday, keep food/drinks stocked for meal at the end of the ride)
- Clean up (Assist with loading and unloading club equipment 3 p.m.–7 p.m.)

**Please submit completed forms to:**

**Santa Cruz County Cycling Club, PO Box 8342, Santa Cruz, CA 95061-8342**

**Attention: SCMC Volunteer Coordinator**

Thank You!

# Local Bicycle Shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk if they offer bicycle club discounts.

**Another Bike Shop**  
2361 Mission St., Santa Cruz  
427-2232

Open 7 days • Hours 9 — 5

**Community Bicycles**  
131 Front Street, Suite C  
Santa Cruz 95060  
Matthew Staker 425-7930

**Bike Station Aptos**  
8061 Aptos Street  
688-4169

Monday to Friday 10 to 5; Saturday 12-4

**The Bicycle Trip**  
1127 Soquel Ave., Santa Cruz  
427-2580

Mon. – Sat. 10-6 • Sun. 10-5

**Terry Cycling**  
Women's Clothing and Bicycle Parts  
[www.terrybicycles.com](http://www.terrybicycles.com)

**Bill's Bike Repair**  
2628 Soquel Dr., Santa Cruz  
477-0511

Open 7 days • Hours 9 — 5

**Amsterdam Bicycles**  
2-1231 East Cliff Drive  
475-1394

Open 7 days • Hours 9 — 5

**WatsonvilleCyclery**  
1202 Freedom Boulevard  
Watsonville, CA  
724-1646                      Call for hours

**Dave's Custom Bikes**  
910-A Soquel Ave., Santa Cruz  
423-8923

Open 7 days • Hours 9 — 5

**Family Cycling Center**  
912 41st Ave., Santa Cruz  
475-3883

Mon. – Sat. 10-6 • Sun. 10-5

Cruisers • City Bikes • Mountain • Trailers • Rentals

**Mr. E's Cyclery**  
8059 Aptos St., Aptos  
662-2973

Open 7 days • Hours 9 — 5

**Scotts Valley Cyclesport**  
245 Mount Hermon Rd., Scotts Valley  
440-9070

Tue. – Fri. 10-6 • Sat. 10-5 • Sun. 12-5

Road • Mountain • Cyclo-X • BMX • Cruisers • Kids

**The Spokesman Bicycles**  
231 Cathcart St., Santa Cruz  
429-6062

Mon., Wed. – Sat. 10-6 • Tue. 12-6 • Sun. 12-5

Road • Mountain • Tri • BMX

**Sprockets**  
1420 Mission St., Santa Cruz  
426-7623

Tue. – Fri. 10-6 • Sat. 10-5 • Sun. 12-5

Road • Mountain • Tandem

**The Bike Coop**  
1156 High St., Santa Cruz  
457-8281

Open 7 days • Hours 9 — 5

**Trey's True Wheels**  
227-6731  
Call for Appointment

## Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Date of Application
Address		City	State	Zip Code
Home Phone	Work Phone	E-mail		Birthdate (mo./day)
Please check the appropriate box <input type="radio"/> New Member Membership <input type="radio"/> Renewal Membership <input type="radio"/> Information Change Only		Please check Individual (\$25)___ 3 years (\$60)___ Junior (under 18) (\$10)___ Family (\$35)___ 3 years (\$90)___ Business Membership (\$50) Newsletter delivery: I want to be green; send newsletter via e mail___ I want to receive my newsletter via US mail___		

LEAGUE OF AMERICAN BICYCLISTS ("LAB")  
 RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")  
 Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature(s) of additional family members 18 years or older

\_\_\_\_\_  
Date

Please complete the following for any minor (<18 years old) family members:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Age

\_\_\_\_\_  
Name

\_\_\_\_\_  
Age

**MINOR RELEASE**

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

\_\_\_\_\_  
Printed Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$\_\_\_\_\_ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

# May—June—2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Swanton TT 6 p.m.	2	3 Club Ride
4 Flamingo Ride 9 a.m.	5 Board Meeting	6 Club Ride	7	8	9	10 Club Ride
11	12	13 Club Ride	14	15	16	17 Club Ride
18	19	20 Club Ride	21	22	23	24 Club Ride
25	26	27 Club Ride	28	29 Race Team	30	31 Club Ride
1 Flamingo Ride 9 a.m.	2 Board Meeting	3 Club Ride	4	5 Swanton TT 6 p.m.	6	7 Club Ride
8	9	10 Club Ride	11	12	13	14 Club Ride
15	16	17 Club Ride	18	19	20	21 Club Ride
22	23	24 Club Ride	25	26 Race Team	27	27 Club Ride
29	30					


  
**SCCC**  
**THE ROADRUNNER**  
 PO Box 8342  
 SANTA CRUZ, CA 95061-8342

**Santa Cruz County Cycling Club**  
**Membership Card**  
 www.santacruzcyling.org - P.O. Box 8342 Santa Cruz, CA 95060  
 (valid only with member's mailing label)