

## President's Message

Mark your calendars. Our trio of centuries will be here before you know it.

**Strawberry Fields**, put on by Cyclists for Cultural Exchange, is being held on Sunday, **May 16th** and features homemade international foods and beverages.

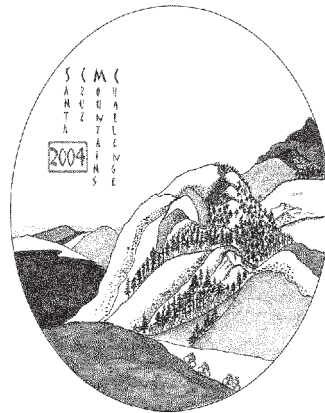
**Santa Cruz Mountains Challenge**, put on by our club, is being held on Saturday, **August 7th** and features tough hills and great food.

**Surf City Century** put on by SCAP, is being held on Sunday, **September 19th** and features a beautiful ride with a purpose; raising money for the Santa Cruz AIDS Project.

We try to provide friendly folks so that you are well supported on the road with sag support, have plenty of good food to eat, and will have a pleasant adventure. All three organizations share storage, equipment, and support each other as the need arises. I think we make a pretty darn good team. Okay. I am sounding a bit mushy, I will stop.

I hope to see you all out there having a great time either riding our events, or supporting our events. By the way, if you ride Strawberry Fields say hi to Frank and me, as we will be serving you at the Gizdich rest stop. I will save an extra raspberry tart for you.

*Linda Correia*



## Pant, Pant, Puff, Puff

New Routes put even more Challenge into the Mountains Challenge.

This year's August 7 Mountains Challenge will stage out of Scotts Valley High School on Glenwood. The new site brings forth new routes, and will also require some new sites for rest stops.

Today we tried out the easiest of the three new routes. This "little 36 miler" (for the beginners...) goes up Mt. Charlie, over to Old Summit Road, down Old San Jose Soquel to Laurel Glen; up (and down) Rodeo Gulch, then around town a bit to get back up to Scotts Valley High via Branciforte Drive and Granite Creek. (36 miles, 3,380 feet of climb)

The "big guys" will go up Mt. Charlie, out Summit to Skyline, then Skyline to Hwy. 9 to Hwy. 236 into Big Basin. From there they take 236 and Lodge Rd to Jamison Creek, slog up that grade to Empire Grade, then eventually go down Felton-

Empire and get on Zayante to climb up that one, back to Summit. (fun, isn't it!) Then they go down San Jose-Soquel to Laurel Glen/Mt. View, to Branciforte and back to the High School via Granite Creek. (100.1 miles, 10,142 feet of climb)

The 100K gives riders all the challenges of the 100 mile route, minus the lovely Zayante climb. They go down Bear Creek into Boulder Creek. They too go up Jamison Creek, and then take Empire Grade down to UCSC for a tour then out to West Cliff for some ocean joy. These riders get to go past the Boardwalk (maybe get some salt water taffy) and wind their way back to Scotts Valley High via Branciforte and Granite Creek also. (60.8 miles, 5717 feet of climb)

We have yet to confirm lunch and rest stops. If you have any great ideas let us know.

We need all the happy, fun-loving and friendly people we can get to make this year's Mountains challenge the best ever. Save August 7th and be a part of our team. Great courses, great food, but most of all GREAT PEOPLE make these events memorable. We need YOU! Call Bart Favero, Bart Coddington or Janet Fogel to join the volunteer team.

Save the date, August 7, to help and/or ride.

## SCCCC Board Meeting

March 8, 2004

Attendees: Linda Correia, Charlie Fisher, Scott Campbell, Eileen Beaudry, Barnaby Lee, Brent Chapman, Frank Pritchard, Vita Pritchard, Bart Coddington, Justine Heaton, Mark Ripley, Tim McCloskey, Leo Moll, Ric Eiserling.

**Club Jersey** - Justine provided updated printouts of latest design with two font choices. Board preferred one with a vote of 7 to 4.

New design has colors of blue and red, race team recently decided that they prefer the original colors of blue and green. Much discussion about whether to change back to old colors or stick with new and in the end the Board voted to continue with the new colors.

Much discussion regarding timing of the clothing order, since clothing design will not be posted on the club website or shown to the general membership until all logos

of sponsors are added to the jersey and raceteam will not have final sponsors until the end of June; this backsup the ordering timing and club won't get jerseys until later this year. Proposal was reached to draft a mock-up of the jersey with the words "sponsors name" in the places where sponsors' names may actually appear and this will be brought to next Board meeting.

**SC Mountains Challenge** - Board rejected the idea of changing the ride date to Sunday for this year.

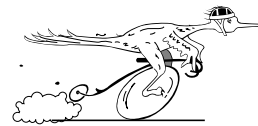
After reviewing a summary of information provided on each potential ride-start location (and not all data was available) Board ranked possible starting locations as follows: 1) Cabrillo, 2) Harbor High, 3) Scotts Valley High, 4) Watsonville; this information to be taken back to subcommittee who is still working on finalizing the starting location for this year's ride

*Continued on Page 9*

### Cycling Resources and Websites

Mountain Bikers of Santa Cruz ..... [www.mbosc.org](http://www.mbosc.org)  
The Hub ..... [www.santacruzclub.org](http://www.santacruzclub.org)  
S. C. County Regional Transportation Commission ..... [www.sccrtc.org](http://www.sccrtc.org)  
Bike to Work (programs and events) ..... [www.bike2work.com](http://www.bike2work.com)  
League of American Bicyclists ..... [www.bikeleague.org](http://www.bikeleague.org)  
Adventure Cycling ..... [www.adventurecycling.org](http://www.adventurecycling.org)  
California Association of Bicycle Organizations ..... [www.cabobike.org](http://www.cabobike.org)  
Cycle California ..... [www.cyclecalifornia.com](http://www.cyclecalifornia.com)  
Almaden Cycle Touring Club ..... [www.actc.org](http://www.actc.org)  
Bay Area Roaming Tandems ..... [www.artcycles.com/tandems](http://www.artcycles.com/tandems)  
National Bicycle Greenway ..... [www.bikeroute.com](http://www.bikeroute.com)  
Northern California/Nevada Cycling Association ..... [www.ncnca.org](http://www.ncnca.org)  
Bay Area Women's Cycling ..... [www.bawcycling.com](http://www.bawcycling.com)  
Biking Gifts and Awards ..... [www.biking-gifts.com](http://www.biking-gifts.com)  
S.C. Randonneurs .... <http://pages.prodigy.net/srandonneurs/index.html>

**Deadline for the July/Aug. 2004 newsletter is  
June 10, 2004**



The Roadrunner is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

Contact us at:

**Santa Cruz County Cycling Club**  
P.O. Box 8342  
Santa Cruz, CA 95061-8342  
or  
[www.santacruzclub.org](http://www.santacruzclub.org)

The Santa Cruz County Cycling Club is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

#### OFFICERS

##### President

Linda Correia ..... 336-5864

##### Vice President

Larry Poretz ..... 684-2758

##### Secretary

Eileen Beaudry ..... 458-1785

##### Treasurer

Charles Fisher ..... 425-3559

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##### Social Directors

Frank & Vita Pritchard .... 477-1736

##### Ride Directors

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[rides@santacruzclub.org](mailto:rides@santacruzclub.org)

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Leo Moll ..... 662-9413

##### Race Team Director

Barnaby Lee ..... 471-0842

##### Century Directors

Janet Fogel ..... 438-0706  
Scott Campbell ..... 479-3575

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## Club Member Profile: Lilly Ann Popken

by Eileen Beaudry

### Watch Out! She's a hugger and she's back in the saddle!



**O U C H ,  
OUCH, OUCH!** Ms. Lilly Ann "I'm a hugger!" Popken, SCCC's former social director and member beloved by all, recently experienced an

unfortunate biking mishap. A few weeks ago she was trying out her brand new Bike Friday on a Tuesday ride. She went into a hairpin turn on Rodeo Gulch and her back "V" brake held tightly. She fishtailed and headed face first into the ditch but miraculously landed on her backside with her bike on top of her. She was bruised up and her back still hurts but she considers her injuries very minor and is grateful that she did not break her neck. Apparently these "V" brakes require a different touch and have previously sent others over their handlebars. Thankfully the Cinderella Ride was the very next week, and Lilly Ann wouldn't miss the opportunity to wear her fuchsia prom dress on the ride. The ensemble included matching helmet flowers – natch. Our gal was back on her wheels in short order!

**UPCOMING ADVENTURE:** Lilly Ann has yet to get back on the Bike Friday which she'll have to do by May 25th when Betsy Schwartz and Lawrence and Janet Fogel bike through Crimea and Bulgaria. Lilly Ann will join them for the Bulgaria portion of the trip - 2 weeks. She'll be using language translation software in her palm pilot to get around in Bulgaria!

**OTHER CYCLING ADVENTURES:** Our lady over fifty has done three AIDS rides, the CA Aids ride, the ride from Montreal to Maine, and the Amsterdam to Paris ride which was largely in the rain. How did she get so motivated? It all happened on Bike to Work Week one year when she heard an 82 year old woman talking about The Joys of Cycling. She determined then and there that she would be that woman when her time comes and she stays in constant training for her future 15 seconds of fame.

**OFF THE COUCH AND INTO THE SADDLE:** Around age 50 Lilly Ann was a self-described "couch potato" and feeling ready to do something physical. She began cycling solo up and down West Cliff. Then she spotted an ad for the Tuesday ride. Worried, she contacted someone named Leo to ask if being over 50 was going to be a problem! Soon her favorite ride was Stage Road out of Pescadero. She loves SCCC and is trying to decide if it's a social club of people who bike or a biking club of people who socialize.

She was born in Fort Pierce, Florida and has been a flight attendant for 37years. She also does taxes during tax season. If she could do it over she'd become an airline pilot. Her 3 favorite movies are Gone with the Wind, Catch Me If You Can and Life is Beautiful.

If she could talk to anyone it would be Gandhi. She's had the pleasure of conversing with Gloria Steinem about United Airline's working conditions when Ms. Steinem was on one of her flights. Her biggest adventure was her trip to Uruguay with Betsy last year. Usually her trips have one defining or spiritual moment per trip, but this one had one of those incredible moments every day. Let's hope her trip to Bulgaria is as wonderful!

### Club Mailing List Problems?

Have you subscribed to receive emails from the club mailing list and are not getting the news? Did you accept the invitation to join the list? Each person that subscribes to the list will receive an invitation to confirm that they do really want to subscribe to the club email list. A message that reads; Your address (your email address) has been invited to join the sccc mailing list at [santacruzcycling.org](http://santacruzcycling.org) by the sccc mailing list owner. You must accept the invitation by simply replying to this message, keeping the Subject: header intact.

You can help yourself by creating an entry in your address book.

Once you have added [sccc@employees.org](mailto:sccc@employees.org) to your address book your spam filter will stop filtering the news coming from the mailing list.

## SCCC SPONSORS KIDS BICYCLE SAFETY PROGRAM

The SCCC Board recently voted to sponsor Better World Bicycle Safety Program (BW BSP). Now entering its second year, BW BSP is a non-profit organization which works with Santa Cruz County schools and various community organizations to teach children bicycle safety awareness and skills. We work primarily with children in 3rd-6th grade (7-12 year olds). BW BSP offers bicycle safety classroom presentations and interactive Bicycle Rodeos, courses kids ride through to practice safety and general riding skills.

BW BSP partners with many different community service organizations, sponsoring businesses and volunteers to teach bicycle safety, including: Santa Cruz Police Department, Santa Cruz County Health Services Agency – Bicycle and Pedestrian Safety Education Office, The Bicycle Trip, Giant Bicycles, the Hub for Sustainable Transportation, Bike to Work/School and now, the SCCC.

The primary goals of the program are promoting safe bicycling practices among children and parents, including proper use of bicycle helmets, and empowering children to become lifelong bicycle riders for transportation and for fun through confidence building education and exercises.

### VOLUNTEER & TEACH KIDS BICYCLE SAFETY

Running the rodeos requires a lot of people and we rely primarily on volunteer help to carry them out. Please consider donating some time to help teach young riders important bicycle safety skills. There are weekend and weekday events and shifts normally last two hours. Currently we are looking for volunteers for our Bike Week Rodeo on Saturday, May 22, 11 a.m.- 1 p.m. at 2931 Mission Street (in parking lot between Natural Bridges Dr. and Shaffer Rd. on far west side).

### KIDS BICYCLES DONATIONS NEEDED

We are also looking for donations of kids bicycles of varying sizes to assemble a small fleet of "loaner" bikes which kids can use to participate in the rodeos. If you have a bike you would like to donate, please contact us.

For more information about BW BSP and to see our upcoming Calendar of Events, visit our website: <http://www.bicycletrip.com/goto/bicyclesafety> or contact:

Saskia Lucas  
 School and Community Events Coordinator  
 Cell: 831-566-6569 Email: [saskia@bicycletrip.com](mailto:saskia@bicycletrip.com)



Jersey Front



Jersey Back

#### S.C.C.C. New Jersey Order Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

email: \_\_\_\_\_

club-cut short-sleeve jersey \$67

race-cut short-sleeve jersey \$67

womens-cut short-sleeve \$67

vest \$69

color choices: \_\_\_blue, black & red \_\_\_blue, black & green

xs s m l xl xxl

	xs	s	m	l	xl	xxl
club-cut short-sleeve jersey \$67						
race-cut short-sleeve jersey \$67						
womens-cut short-sleeve \$67						
vest \$69						

note: if the club membership places 75 prepaid jersey/vest orders the price will go down by \$12 per item

## Cyclists for Cultural Exchange

Many fellow cyclists from the club know or heard about Strawberry Fields Forever (SFF) Bike Ride. No wonder—this event, staffed by a lot of SCCC club members, has been going on in the Santa Cruz County almost forever—since 1989. This spring SFF in its 15th year will take place on Sunday, May 16.

However, not everyone knows that SFF benefits Cyclists for Cultural Exchange (CCE), an organization that promotes exchange programs among international cyclists. CCE started as USA/USSR Cyclists Exchange. It was in 1989, two years before PERESTROIKA began, still in the Soviet “cold war” era, when the first “cultural breakthrough” was done. A group of American bicyclists traveled to the Soviet Union to ride with the Russian team, “sharing our cultures, countries, and visions of world peace” together. The next year ten Russian bicyclists paid a return visit to California. They paid a visit, but did not have to pay for the trip. The expenses were paid for by USA/USSR Cyclists Exchange. It would have been impossible for most of the Russian cyclists to come on such a trip otherwise, for they could never afford it. The trip was a miracle for them. It opened a whole new world of possibilities for both teams. (From Frank Pritchard’s correspondence: “We sent ten dynamic, industrious Soviets home with a whole new idea of what might be possible for them and their country and a new appreciation for Americans and our ways.”)

After the collapse of the Soviet Union the range of the cyclists exchange expanded to the countries of the former Soviet Empire (Uzbekistan, Ukraine) and Eastern Europe (Poland, Slovakia, Czech Republic). The USA/USSR grew into Global Cyclists Exchange. Eventually, the cyclists exchange idea spread further into the world, using the Santa Cruz connections through the Santa Cruz Sister Cities - Sestri Levante (Italy), Shingu City (Japan) and Alushta (Ukraine). Global Cyclists Exchange incorporated into Cyclists for Cultural Exchange (CCE).

CCE low budget programs provide home stays and camping accommodations. Life is simple in a campground as long as you know how to put up a tent and cook supper on a campfire. This environment creates a unique atmosphere of trust, friendship, intimacy, and a spirit of adventure. Cultural differences melt in a cooking pot on a camping stove; the language barriers fall with a sound of the many songs

sung in a circle, people’s homes and hearts open to new friends, and strangers become a family. The impact of the exchange trips on international participants and local community is invaluable. A bicycle has become and continues to be a perfect vehicle to promote people to people diplomacy around the world. The success of the CCE programs was confirmed many times in public speeches, private conversations, smiles, tears, phone calls and greeting cards from Italy, Poland, Holland, Czechy, Japan, and Slovakia...

The CCE programs have found a wide support in the Santa Cruz community, from the City Hall, Mayor’s Office, Sister Cities Committee, Santa Cruz County Cycling Club, local media, friends, families, and many residents. There have been official receptions and presentations, award ceremonies, Mayor’s proclamations, cultural celebrations, pot luck and dinner parties, involving people from our community.

Other programs and relationships sprang from the CCE activities, such as an orthopedic medical exchange between the SC Medical Clinic and a hospital in Moscow in 1994–1995; a visit to Japan by Team Santa Cruz racing team in 2003.

Besides its own exchange programs, CCE supports and sponsors some bicycle related and unrelated projects and individuals: Marco Polo International Racing Team, Santa Cruz County Sister Cities Committee, SCCC, California Aids Ride, Friends of the Rail Trail.

More information about CCE is available on their web site: [www.strawberryfields.org/cceinfo.html](http://www.strawberryfields.org/cceinfo.html)



## FORT Report

Since March 4, when Supervisor Ellen Pirie motioned that the RTC kill the environmental impact report just a few weeks before completion, Friends of the Rail Trail has gained members, endorsements, and contributions. Many were outraged by Pirie’s attempt to stop the public process for understanding this transportation option and have become quite active.

However, we still need additional volunteers—and in particular, we need more letters to editors of local newspapers. If you are interested in getting involved, visit [www.santacruztrail.com](http://www.santacruztrail.com), or send an email to: [david@davidwright.net](mailto:david@davidwright.net).

## Weekly Rides

### Tuesday

Meet at 9:45 A.M. for a 10:00 A.M. start for this is social/leisurely paced road ride. Start on Aptos Creek Rd. just off Soquel Drive in Aptos. Aptos Creek Rd. leads to the entrance of Nisene Marks State Park. On the first Tuesday of each month, the ride starts at another location. Call the leader to find the location. The distance will vary from 20–40 miles and will always be a fun adventure. Destinations always include lunch stop. Bring water, snacks, and money for lunch.

**Contact: Bart & Joan Favero ..... 438-1410**

### Wednesday

Beginners Ride—starting February 4. at 9:30 A.M. Start at Lighthouse Field State Park ENTRANCE at Pelton and National Streets. Parking on Pelton.

**Martha Bedal ..... 460-1818, marthab@cruzio.com**

### Thursday

Meet at 10:00 A.M. in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25–45 miles. This is a No Leader—Decide and Ride. Bring water, snacks, and essentials for bicycle repairs.

### Rider Levels

**A = Novice:** you can ride 15 miles on a mostly level road at a leisurely pace.

**B = Intermediate:** you can ride 40-60 miles with some hills at a moderate pace.

**C = Experienced:** you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/queue sheet is provided.

### Long Distance Training Rides

The Long Distance Training Support Group/Saturday Series is for riders from every ability level to achieve goals that they have set for the year. Whether you want to ride your first century or just lose a few extra pounds, this is the best way to accomplish your goal. Each ride will increase in mileage and/or intensity. Come out and challenge yourself!

**For ride updates, check the Club's "new web-based calendar"; click on the ride date listing.**

**Capitola Community Center (CCC) is located at Jade Street Park on Jade St. @ 45th Ave. in Capitola.**

**All ride participants must wear a helmet, bring essentials for bicycle repairs, have a bicycle that functions well, and obey all traffic laws!**

**Saturday, May 1, 2004**

### Rolling through the Rolling Hills

Start from Sunol Railroad Station in the town of Sunol. Start time: 9:30 A.M.; Carpool from CCC at 8:00 A.M. A = 30 miles B = 40 miles C = 55 miles. Venture back to the ride leader's roots, visit the place where he cut his teeth on cycling. Lunch for the A riders in Pleasanton, B and C riders dine in Livermore.

**Scott Campbell ..... 479-3575**

**Saturday, May 8, 2004**

### Scotts Valley to Los Gatos

Start at Scotts Valley Transit Center (King's Village Rd.) at 9:00 A.M. A=20mi, 800', B=51mi/2000', C=65mi/3000'

**Janet Fogel ..... 724-2501**

**Saturday, May 15, 2004**

### Fremont Peak

Start from San Juan Elementary School on Nyland Dr. (just off Hwy 156 & the Alameda) in San Juan Bautista at 8:30 A.M. Carpool at CCC at 7:30 A.M.

A = 15mi/1500', B = 35mi/3000', C = 45mi/3500'.

**Chris Boman ..... 479-1817**

**Saturday, May 22, 2004**

### Mt. Tam with the Race Team

Carpool from CCC 7:30 A.M. B riders start from city park (?) in Mill Valley, 10:30 A.M. C riders start from Merchant Rd. just west of Toll Plaza at 9:30 A.M.

**Barnaby Lee ..... 471-0842**

**Saturday, May, 29 2004**

### Boulder Creek

Start from behind Johnny's market (don't park in their lot), 9:00 A.M. Carpool from CCC at 8:15 A.M.

A = 21mi/1800', B = 30mi/2400', C = 46mi/4600'

**Janie Tibbals ..... 336-1040**

**EXTREME HEAT CANCELS RIDES  
Call ride leader for more information**

**All ride participants must wear  
lycra and obey fashion police!**

**Saturday, June 5, 2004**

**Hollister and Cienega**

Start from Tres Pinos School (Airline Hwy/Hwy 25) south of Hollister at 9:00 A.M.

Carpool from CCC at 8:00 A.M.

A = 27mi/1500', B = 36mi/2500', C = 45mi/3900'.

All do Cienega loop plus some extra credit for B's and C's. Bring your lunch.

**Larry and Violet Puret** ..... 684-2758

**Saturday, June 12, 2004**

**Over the Hill, Again: Scotts Valley to Los Gatos**

Start at the Scotts Valley Transit Center (King's Village Rd.) at 8:30 A.M., carpool at CCC at 8:00 A.M.

A = 20mi, B = 50mi/2000', C = 65mi/3000'

**Rob McEwen** ..... 786-0646

**Saturday, June 19, 2004**

**Local Ride/Eureka Canyon**

Start from CCC at 8:30 A.M.

A = 25mi/800', B = 35mi/1500', C = 50mi/2000'

**Tim McCloskey** ..... 458-9860

**Saturday, June 26, 2004**

**Pescadero to Half Moon Bay**

Start from Pescadero Community Church parking lot (north end of town, last bldg. on left) at 9:00 A.M.

Carpool from CCC at 8:00 A.M. Lunch in Half Moon Bay for B&C; A's lunch in Pescadero. A = 27mi/1550',

B = 44mi/2500', C = 54mi/3200'

**Herb Greenfield** ..... 685-8914

**Saturday, July 3, 2004**

**Pacific Grove**

B and C rides start from Kirby Park on Elkhorn Slough, 9:00 A.M. A ride starts from Pezzini produce stand, exit Nashua Rd. off Hwy 1 below Moss Landing, 9:30 A.M.

Carpool CCC 8:15 A.M. Lunch in Pacific Grove

A = 25mi/500', B = 35mi/1000', C = 45mi/1500'

**Jim and Stephanie** ..... 728-5951

**Saturday, July 10, 2004**

**Moss Landing**

A ride starts at La Selva Beach Market 9:30 A.M.

B and C ride start at CCC 9:00 A.M. SHARP.

A = 25mi/500', B = 35mi/1000', C = 45mi/1500'

**Ed Kilduff** ..... 724-2501

**Other Rides**

**Working Stiffs Ride**

Start at 3:30 P.M. and go until 5:00 P.M. – 20 + miles at a moderate speed. All are welcome to join, meets at Zanottos market in Scotts Valley. Please indicate if you plan to ride with us. Call the day before - plans change, do to a variety of interesting life events.

**Daphne Gulling** ..... 461-6448  
between 8:00 A.M. – 5:00 P.M. (that would be working stiff hours!)

**Sprocket's Sunday Ride**

1420 Mission St., Santa Cruz 8:00 A.M. 25–35 miles moderate pace. Questions? 426-7623 or check the web www.sprocketsbikes.com for details. These rides may be suspended for any reason. Call to be sure.

**Fat Tire Friday Mountain Bike Rides**

Meet at 6:00 P.M. and stretch out for a few minutes...6:15 P.M. departure from Delaware Ave. entrance of Natural Bridges State Park. Intermediate level ride. Ride every week until Daylight savings curses us again in fall!

**Barnaby Lee** ..... 471-0842

Mark your calendars

**Saturday, July 17, 2004**

**Ride Leaders Appreciation Party**

Our first social event of the year will be our Second Annual Spin-Swim-Trim Event at Andreasen's Xmas Tree Farm, combined with Ride Leaders Appreciation Party. For more information please call: 831-477-1736 or email: frankandvita@cs.com.

**NEW SCCCC MEMBERS**

Please make these new members feel welcome. Check for new members on your rides and introduce them to the rest of the group.

Charlie & Mary Jane Roskosz

Roxanne Gould

Ronald Riley

Maryellen Boyle

Paul Graham

Richard, Kathleen, & Elise Hedges

**EXPIRING MEMBERSHIPS**

See date on your mailing label for the month your membership will expire.

**All ride participants must wear helmets and obey traffic laws!**

## Centuries and Tours

To see complete calendar click

<http://www.bbcnet.com/RideCalendar/RideListDate.asp>

5/1 ..... San Ardo 400k Brevet S C Randonneurs  
 5/1 ..... Wine Country Century  
 5/2 ..... Delta Century  
 5/2 ..... Grizzly Peak Century  
 5/8 ..... Central Coast Double  
 5/8 ..... Tour of the Unknown Coast  
 5/15 ..... Davis Double  
 5/16 ..... Strawberry Fields Forever  
 5/22 ..... Eastern Sierra Double  
 5/22 ..... Sunrise Century  
 5/28 ..... Northwest Tandem Rally  
 5/28 ..... Great Western Bicycle Rally  
 6/5 ..... Sierra Century  
 6/5 ..... Canyon Classic Bike Ride  
 6/6 ..... AIDS/LifeCycle Ride San Franciscoto L.A.  
 6/6 ..... Americas Most Beautiful Bike Ride  
 6/6 ..... Sequoia Century  
 6/12 ..... Tour of Two Forests Double  
 6/19 ..... Country Coast Classic  
 6/19 ..... Sierra to the Sea  
 6/19 ..... Terrible Two  
 6/20 ..... RAAM  
 6/26 ..... Big Basin 200k Brevet S C Randonneurs  
 6/26 ..... Comstock Silver Century  
 6/26 ..... The Grand Tour Double Century  
 7/2 ..... Night Owl 230k Brevet S C Randonneurs  
 7/10 ..... Bike for Breath - Peninsula  
 7/10 ..... The Death Ride  
 7/17 ..... Windmill Century  
 7/24 ..... Skyline 200k Brevet S C Randonneurs  
 7/25 ... Kings Mountain 200k Brevet S C Randonneurs  
 7/31 ..... Climb to Kaiser  
 8/7 ..... Marin Century  
 8/7 ..... Mt. Tam Double  
 8/7 ..... Santa Cruz Mountains Challenge  
 8/21 ..... Cool Breeze  
 8/21 ..... Holstein Hundred  
 8/29 ..... Tour of Napa Valley

## SCCCC Project Proposals

Santa Cruz County Cycling Club has funds available to individuals or groups whose work aligns with the mission of our club.

To apply for funding, applicants are required to complete a simple form and submit it by April 30th for funding in 2004. The SCCC Board makes funding decisions in June and January of each year. Funding requests for 2005 projects are due October 30, 2004.

Applications and guidelines for applying are available at our website [www.santacruzcycling.org](http://www.santacruzcycling.org) or you can contact one of the officers of the club (see officer listing in this newsletter).



*Don't try this at home!*

## Strawberry Fields Forever XV



### Century Ride

Fully supported 25, 65, & 100 mile bicycle rides in Santa Cruz County, international rest stops, chocolate-dipped strawberries, entertainment, door prizes and more...

Entry fee: \$35.00, includes a T-shirt

Register online at: [www.active.com](http://www.active.com)

For further info go to: [www.strawberryfields.org](http://www.strawberryfields.org)

or call: 831 477-1736

Registration deadline: **Midnight May 7**

## Team Santa Cruz

Race team meetings are held on the last Sunday of each month. For the next few months the schedule is:  
**Sunday, May 30th @ 6:00 p.m.** Scotts Valley location of Tony & Alba's.  
**Sunday, June 27th @ 6:00 p.m.** Capitola location of Tony & Alba's

### SCCCC Board Meeting

March 8, 2004 continued from  
Page 2

since Aptos High School is not available.

Board voted approval of subcommittee's authority to recycle artwork from previous years' tee shirts and to change the color of tee shirt; it was noted that a majority of riders are repeat riders so judicious recycling of the artwork is advised; it was also noted that not everyone looks good in black so changing the base color would be welcomed by some.

**Club Website** - Brent provided a view of his redesign of the website on his laptop. Board was suitably impressed with streamlined design and good use of color.

Initial design was approved and Brent is charged to move forward.

**Liability in the case of Casual Club Rides** - Attorney contacted with question of club's liability for accidents if ride is advertised in Club newsletter but is a casual, non-sign-up ride, e.g., Thursday ride, Martha's Beginners Ride. Club does not have legal liability for rides listed on club newsletter/website as "Non-club rides;" ergo, all casual rides should be listed as "Non-Club Rides". Those rides listed as "Club rides" need a leader and a sign-up sheet.

**Race Team Financial Report** - some items missing, will be corrected and brought back to Board. The Club is still in good financial shape.

**Proposals Requesting Club Funding** - Better World Bicycle Safety Program submitted a proposal for funding of kids' bicycle safety education.

Second proposal received from group at UCSC that is doing the SF-LA AIDS rides this year.

Deadline for receiving proposals for 2004 funds is April 30th; Board will review all proposals received by April 30th, in the May Board Meeting.

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### SCCCC Board Meeting

April 12, 2004

Attending: Linda Correia, Leo Moll, Larry Poretz, Janet Fogel, Barnaby Lee, Frank Prichard, Vita Prichard, Rick Eiserling, Tim McCloskey, Judy Isvan

**Santa Cruz Mountains Challenge** - Janet Fogel and Leo Moll updated board members on the new venue (Scotts Valley High) and the new routes. (See article on SCMC). The Board agreed to a joint purchase of 8 folding tables with Surf City Century and Cyclists for Cultural Exchange—for use at cycling events. Janet and Larry will arrange to make the purchase at Costco. Tables are expected to cost \$43.99 each.

**Ride Leaders Appreciation** - the Board agreed to postpone this event that conflicted with the Sea Otter Classic and combine it with the "Spin, Swim and Trim" event in July. Frank and Vita will set a date and organize this event.

**New Jersey Design** - the Board determined that there will be two jerseys, one with blue and green to keep continuity with previous Race team clothing, and one with blue and red, to appeal to club members who want a change. The Race Team is responsible for securing 25 prepaid orders for their jersey. The general membership will need to come up with 25 prepaid orders for their jerseys, before we can place the orders. All jerseys will carry the same logos and design elements. Clothing samples and sizes will be available at the General Meeting this month. Judy will put an "ad" in the newsletter to promote the sale. The Board agreed to pay the \$100 deposit to Verge for our order.

**Project Proposal Approval** - the Board voted to approve a grant of \$1,000 for the National Bike Safety Program that Saskia Lucas is implementing in local schools. The approval comes with an expectation that SCCC will be credited in her materials or work. This program aligns with the education mission of our club. Linda will contact Saskia.

**F.O.R.T.** - Leo Moll updated the board on Friends of the Rail Trail, clarifying that FORT was not involved in the "guerilla trail building" that made the news. FORT is applying for non-profit status, and once that is secured, Leo will approach SCCC for greater involvement.

# Local Bicycle Shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk if they offer bicycle club discounts.

## Another Bike Shop

2361 Mission St., Santa Cruz

427-2232

Open 7 days • Hours 9 — 5

## Aptos Bike Trail

7556 Soquel Dr., Aptos

688-8650

Hours 9 — 5

Bike rentals

## Armadillo Cyclery

1211 Mission St., Santa Cruz

426-7299

Open 7 days • Hours 9 — 5

New & Used • Rentals • Custom parts

## The Bicycle Trip

1127 Soquel Ave., Santa Cruz

427-2580

Mon. — Sat. 10–6 • Sun. 10–5

Free Maintenance Classes

## The Santa Cruz Bicycle Shop

1325 Mission St., Santa Cruz

454-0909

Open 7 days • Hours 9 — 5

New & Used • Trades • Rentals

## Bill's Bike Repair

2628 Soquel Dr., Santa Cruz

477-0511

Open 7 days • Hours 9 — 5

## Cruiser King Bicycle Company

575 7th Ave., Santa Cruz

477-1288

Open 7 days • Hours 9 — 5

## Cycle Works

1203 41st Ave., Capitola

476-7092

Open 7 days • Hours 9 — 5

New & Used — Trade-ins Welcome

## Dave's Recycled Bikes

318 Pacific Ave., Santa Cruz

423-8923

Open 7 days • Hours 9 — 5

## Family Cycling Center

912 41st Ave., Santa Cruz

475-3883

Mon. — Sat. 10–6 • Sun. 10–5

Cruisers • City Bikes • Mountain • Trailers • Rentals

## Mr. E's Cyclery

8059 Aptos St., Aptos

662-2973

Open 7 days • Hours 9 — 5

## Scotts Valley Cyclesport

245 Mount Hermon Rd., Scotts Valley

440-9070

Tue. — Fri. 10–6 • Sat. 10–5 • Sun. 12–5

Road • Mountain • Cyclo-X • BMX • Cruisers • Kids

## The Spokesman Bicycles

231 Cathcart St., Santa Cruz

429-6062

Mon., Wed. — Sat. 10–6 • Tue. 12–6 • Sun. 12–5

Road • Mountain • Tri • BMX

## Sprockets

1420 Mission St., Santa Cruz

426-7623

Tue. — Fri. 10–6 • Sat. 10–5 • Sun. 12–5

Road • Mountain • Tandem

## The Bike Coop

1156 High St., Santa Cruz

457-8281

Open 7 days • Hours 9 — 5

## Trey's True Wheels

1431 Main St., Watsonville

786-0200

Tue. — Sat. 10–6 • Sun. 10–4

## Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Date of Application
Address		City	State	Zip Code
Home Phone	Work Phone	E-mail		Birthdate (mo./day)
Please check the appropriate box <input type="checkbox"/> New Member Membership <input type="checkbox"/> Renewal Membership <input type="checkbox"/> Information Change Only		Please check the appropriate box(es) <input type="checkbox"/> Individual (\$20) <input type="checkbox"/> Junior (under 18) (\$10) <input type="checkbox"/> Family (\$30) <input type="checkbox"/> Business Membership (\$50) Please send newsletter via email (as PDF file) <input type="checkbox"/> US Mail <input type="checkbox"/> Both <input type="checkbox"/>		

**LEAGUE OF AMERICAN BICYCLISTS ("LAB")  
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Applicant	Date	Signature(s) of additional family members 18 years or older	Date
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Please complete the following for any minor (<18 years old) family members:

Name	Age	Name	Age
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**MINOR RELEASE**

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

Printed Name of Parent or Guardian	Signature of Parent or Guardian	Signature of Minor
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**Please sign waiver — Incomplete Forms Will Be Returned**

Enclosed is \$\_\_\_\_\_ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.  
 Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

# May - June 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Wine Country Century 1
Delta Century 2	3	4	5	6	7	Tour of the Unknown Coast 8
9	Board Meeting 7:00 10	11	12	13	14	Davis Double 15
Strawberry Fields Forever 16	17	18	19	20	21	Sunrise Century 22
23	24	25	26	27	Great Western Bike Rally 28	Great Western Bike Rally 29
Race Team Meeting 6:00 30	Great Western Bike Rally 31	1	2	3	4	Sierra Century 5
Sequoia Century 6	7	8	9	10	11	12
13	Board Meeting 7:00 14	15	16	17	18	Country Coast Classic 19
RAAM Starts 20	Summer Solstice 21	22	23	24	25	26
Race Team Meeting 6:00 27	28	29	30			

DATED MATERIAL

Santa Cruz Cycling Club  
 P.O. Box 8342  
 Santa Cruz, CA 95061-8342

