

# The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

## Bike Santa Cruz County takes center stage



In 1991, when Jim Denevan, (photo at left) co-founder of People Power, decided to explain how bicycling can make the world a better place, he set up a table at the Santa Cruz

Wednesday Farmers' Market to spread the word. His message attracted like-minded folks who formed a non-profit advocacy group which garnered many feathers in its cap—preserving the UCSC bike path, helping create a two-way bike lane in front of the Boardwalk and convincing the city to install miles of bike lanes and sharrows.

Under its present executive director, Amelia Conlen, and a new name—Bike Santa Cruz County—the city can boast its first green lanes on Soquel Drive and Laurel Street, new mountain bike trails in the Soquel Demonstration Forest and the newly-opened Arana Gulch Multi-Use Trail System. Future goals include completion of the Monterey Bay Sanctuary Scenic Trail, (the coastal rail trail), and more green lanes in the city and county, especially near freeway on-ramps and schools.

Bike Santa Cruz County's name and logo were celebrated April 6 beside the home office, 703 Pacific Ave., with a blue ribbon collection of speakers.

Conlen said bicycling is no longer a fringe activity, as evidenced by the city's second largest state-wide turnout for Bike to Work/School participants. Bicycling generates \$800 million in gross revenue yearly throughout the county.

County supervisor and chairman of the Regional Transportation Commission John Leopold admitted that the RTC used to consider road improvement based only on automobile use. But times change. "In the last seven years, I see more collaboration by the county with bicycle advocates. We need that organizing strength," he said.

Mayor Don Lane, wearing his trademark top hat for public openings, said he admired all the work done by bicycle advocates to make Santa Cruz a better community. Speaking to a group of about 30 persons, he read a 'mini proclamation' declaring April 6<sup>th</sup> Bike Santa Cruz County Day.

Mark Davidson, president of Mountain Bikers of Santa Cruz, praised the local network of bike paths. Living in Scotts Valley, he says he rides mountain bike trails to work in Santa Cruz. "It's a great time to be a bicyclist in Santa Cruz," he said.

SCCCC's Education Director Myrna Sherman told how bicycling changed her life. After completing a Cycling for Starters class, Sherman challenged herself and rode America's Most (continue on page 3)



Speakers were, left to right: Mark Davidson, Don Lane, Piet Canin and John Leopold



May-June, 2015

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### IN THIS ISSUE...

- Club Shorts 2  
*Volunteers needed for 7/25*
- Bike Week schedule 4
- RTC is grant finalist 5
- Ride Schedule 6-7  
*A, B and C rides*
- Bike Summit wrap 9

### Upcoming bike events

Friday, May 1

*Bike Night at the MAH*

MAY 3-8

*BIKE WEEK*

THURSDAY, MAY 7

*28TH ANNUAL BIKE TO WORK DAY*

SUNDAY, MAY 9<sup>TH</sup>

*MOUNTAIN CHARLIE CHALLENGE*

SUNDAY, MAY 17

*STRAWBERRY FIELDS FOREVER*

SUNDAY, MAY 17

*OPEN STREETS WATSONVILLE*

SATURDAY, MAY 23

*SCCCC POTLUCK/RIDE*

SUNDAY, MAY 31<sup>ST</sup>

*SLUG CYCLING GRAND FONDO*

MAY 31—JUNE 6<sup>TH</sup>

*AIDS LIFECYCLE RIDE*

JUNE 20—27

*SIERRA TO THE SEA*

**SCCCC Meeting**

**7p.m. Thursday, July 16, 2015**

**Simpkins Swim Center**

**979 17th Avenue**

## Club Shorts: 'Hear ye' all volunteers for July 25 SCMC

**A**ttention all SCCCC members: Save the date of Saturday, July 25<sup>th</sup> to volunteer for the 17<sup>th</sup> annual Santa Cruz Mountains Challenge, the club's main fundraising event! This year features a start from UCSC, a catered workers' ride lunch on July 18<sup>th</sup> and four new routes for all riders, ranging from 45 miles to 124 miles. (SCCCC asks members to ride the July 18 workers' ride and work the event.) Signups will be available soon under the Volunteer section of the club website. Event director is **Maura Noel**.

It helps to ride your first century with friends. On March 3, club members **Mike Heckel and Rod Armer** completed their first century bike ride of 106 miles. Ten club members accompanied them on the roundtrip to Monterey for moral support. Both riders survived the "heavy climbing" towards the end (Lower Mt. Madonna, Hazel Dell and Hames). Congratulations **Mike and Rod** on your first century!

SCCCC member **Kathy Ferraro** is publicizing Lunafest, which takes place at 7 p.m. May 7 at the Del Mar Theater. Tickets range in price from \$20 to \$35 and may be obtained from <http://lunafestsc.brownpapertickets.com/>. Lunafest is an annual film festival featuring stories by and about women. Proceeds benefit Women CARE of Santa Cruz County, a cancer support group. A pre-show party from 5 to 6:30 p.m. will take place at the Del Mar Mezzanine featuring a wine bar and refreshments courtesy of **Whole Foods**.

May means Bike Week in Santa Cruz, and SCCCC is staffing a club information booth starting at 5:30 p.m. Friday, May 1<sup>st</sup> for **Bike Night at the MAH**. We will offer free socks (SCMC socks) as prizes in a raffle every half hour, as well as information on our varied bike rides and club activities. If you'd like to help staff the booth, contact [gracevoss@sbcglobal.net](mailto:gracevoss@sbcglobal.net). Don't miss Bike Night at the MAH!

The SCCCC Board of Directors has approved two \$1,000 grants for bicycle education in Santa Cruz and Monterey counties. Green Ways to School will use its



Karen Nevis, red jersey, attends ceremony for La Selva's trestle completion. The new trestle, alas, doesn't mean the rail trail will be added there.

grant to fund an after school Earn-A-Bike program which provides middle and high school students with bike repair and bike maintenance skills. Through continued participation, students may earn their own bike, as 30 students did last year. The grant will help purchase tools, bike lights and helmets. Director is **Tawn Kennedy**. ([greenways2school.org](http://greenways2school.org))

**Kira Ticus** and the **Bike Smart** program will receive a \$1,000 grant for bike rodeos (bike safety obstacle courses) and classroom presentations at DeLaveaga School. Last year, the Bike Smart program provided bicycle education to 1,781 youth in Santa Cruz and Monterey counties.

Bike rodeo volunteers may contact Kira at [kticus@ecoact.org](mailto:kticus@ecoact.org).

SCCCC's Education Director **Myrna Sherman** reports she has 16 students registered for the new **Cycling for Starters** class, which began April 11. Helping with instruction are: **Theresa Rogerson, John Marshall, Lilly Ann Popken, Janet Fogel, Grace Voss and Jack Johnson**. Two former students, **Kelly Sterling and Carol Trabine**, have encouraged their husbands to enroll. They will assist teaching the class, which runs until May 16.

New club member **Kiki Kurvin** will ride the **AIDS ride May 31st to June 6th** from San Francisco to Los Angeles for the fourth time. Kiki would love for her husband, famous surf photographer **Matt Kurvin**, to take video of club riders from his drone helicopter one day soon! (*The Roadrunner* would like that also.) The couple recently spend six weeks on the Gold Coast of Australia. —**Rhoda Bike**



**THE ROADRUNNER** is the official newsletter of THE **SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or [www.santacruzcycling.org](http://www.santacruzcycling.org)

THE **SANTA CRUZ COUNTY CYCLING CLUB** is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

### SCCCC OFFICERS

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*Editor's note: This column contains the speech by Education Director Myrna Sherman (photo) on April 6th for Bike Santa Cruz County.*

It is with great pleasure that I stand before you today to be a part of Miss Conlen's success as she takes People Power to broader horizons as Bike Santa Cruz County. I attended the 2014 National Bike Summit in Washington DC with Amelia. At this conference we discovered our common passion for bringing safer cycling to our county. We also talked about how we could work both separately and together to make safer cycling happen.

When I joined SCCCC over seven years ago, I wanted to go on group rides. Fortunately, an eight-week cycling safety class was offered. While I had been riding for years, I had never had any formal instructions on how to ride in a group, so this class was perfect. During these classes, I bonded with some of my dearest friends and acquired the confidence to ride my first century, America's Most Beautiful Ride Around Tahoe.

The more I rode, the more I realized the importance of cycling in my life, and I wanted the whole world to ride a bike. That's what happens when you ride. The world slows down, you are six years old again, and life is sweet.

I started leading rides, creating a popular series called Myrna's Adventure Rides. I



found out I have a knack for leading rides. Being a club member made me aware of the bigger picture. How can I make a difference in the safety of Santa Cruz

County cyclists? I joined the board as Rides Director with that goal in mind. In 2013, I launched a new six-week series of classes called Cycling for Starters. It was innovative for our club, in that we picked club members with different strengths and asked them to teach a class, with the goal to take students who can ride at least five miles and encourage them to ride up to 25 miles, the average distance of club rides.

SCCCC now has three classes a year, producing over 60 schooled cyclists—confident cyclists, sharing the road, who are aware of their surroundings; cyclists who obey traffic laws and who are excellent ambassadors for cycling. Cost is just \$25, which includes membership in our club for a year. Because of these classes, SCCCC's membership has grown from 250 to almost 500 members.

The club makes a difference to the county's cycling landscape by providing grant money to anyone wanting to make a difference through cycling. We help teach elementary school students traffic safety on

a bike; we volunteer at bike to work days and we are passionate about the Rail Trail. We have an award-winning newsletter that informs the public about cycling events and upcoming group rides. We partner with start-up groups wanting our experience for fundraising rides. We are known for our Santa Cruz Mountain's Challenge.

All of these events introduce SCCCC members to residents and visitors to the county. Being cycling ambassadors is important to our club. I want to say how grateful I am to be a part of the bicycling community. I congratulate Amelia, and I offer support for this new chapter. Because of cycling I have created my own cycling related business called the Cycling Buddie. (I teach private and group lessons and create and lead fundraising scenic rides.) I want to partner with Amelia to create a ride to raise funds for a local project of her choice to benefit Bike Santa Cruz County. Thank you.

—Myrna Sherman

## SCCCC potluck May 23

Club members Jane and Toby Ferguson have graciously agreed to open their home at 3540 Marilyn St. (near Pleasure Point) for the SCCCC ride and potluck luncheon on Saturday, May 23. Come at 9:30 a.m. to meet and greet, with the ride starting at 10 a.m. Lunch will be when riders return. Please bring a dish according to the first initial of your last name: A–G: main dish; H–N: side dish; O–T: salad and U–Z: finger food. Phone: 831-713-5640.

## Bike Santa Cruz County focuses on new green lanes for safer bicycling

(Continued from page 1) Beautiful Ride Around Tahoe in 2013. "The more I bike, the more I realize the importance of bicycling in my life," said Sherman, who is now a Licensed Certified Instructor teaching the Cycling for Starters class annually.

Piet Canin, vice president of transportation for Ecology Action, said he's been involved in Bike to Work Day since 1978. Canin said he sees the "maturation of the bike movement in California and across the country." He warned that, while local



City Council member and former People Power director Micah Posner, and Amelia Conlen, director of Bike Santa Cruz

accomplishments have been significant, "Every forward motion has a step backward." Calling the Arana Gulch opening a great leap forward, Canin said it serves people who are afraid to ride their bikes in traffic. And the rail trail? "That's Arana Gulch times 32," said Canin. (The trail covers 32 miles.)

Retired State Assemblyman Fred Keeley was MC for the event. A 15-page color booklet entitled *State of Cycling, Santa Cruz County 2015*, was available for purchase. Its publication, long requested by bicycle advocates, coincided with the press conference.

# More than a free breakfast day, Bike Week offers varied schedule

Bike Week is coming quickly, and Ecology Action, for the 28<sup>th</sup> year in a row, has listed its 13 free breakfast sites on its website ([www.bike2work.com](http://www.bike2work.com)). In the last couple of years, the breakfast giveaways have expanded to include a party at the MAH (Bike Night) and discounts to bicyclists at restaurants and bike shops. This year's events include a bike tour of the San Lorenzo Riverwalk and a work party to clean up the railroad trestle, the site of a future rail trail segment. SCCCC is part of the active week; it will sponsor a booth at Bike Night and two Saturday rides on May 2<sup>nd</sup>. Check out these Bike Week highlights!

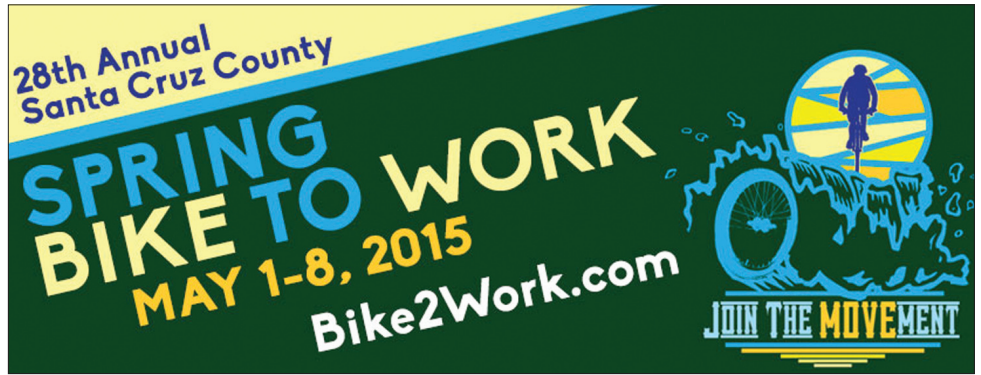
## Friday, May 1

### **Bike Night First Friday at the Museum of Art & History (5:30 p.m. to 9 p.m.):**

A family-friendly kick-off celebration, this event features student artwork, a bike themed arts and crafts fair, live bike demonstrations, bike decorating stations, a group ride and more! Ecology Action is partnering with Bike Santa Cruz County and the MAH to bring you this event.

## Saturday, May 2

**Santa Cruz County Cycling Club Group Rides (start time 8:45 a.m. or 9:45 a.m.):** SCCCC hosts group rides throughout the year for beginner, intermediate and



Bike To Work Day's official poster was created by Matt Hohmann from Soquel High School; overall look was created by Blue Heron Design.

advanced cyclists. Visit the club's **website** for details.

## Sunday, May 3

### **Rail Trail Cleanup (10 a.m. to Noon):**

Join **Friends of the Rail & Trail** and **Save Our Shores** for a cleanup along the railroad tracks from 7th Ave to the Boardwalk Trestle, a future segment of the Rail Trail from Davenport to Watsonville. Location TBD. Buckets, bags, latex gloves and grabbers will be provided.

## Sunday, May 3

**Watershed Tour Group Ride (12:30pm-1:30pm):** Join the **Coastal Watershed**

**Council** on a family-friendly group ride from the harbor to the San Lorenzo River Levee. Learn more about the river watershed and improvements along the levee to make biking and walking here more pleasurable.

## Tuesday, May 5

**Cycle & Dine: Ecology Action** has partnered with restaurants throughout the county to provide cyclists with discounts if you arrive by bike on this day. Discounts range from 10-25%. Show your helmet upon arrival and ask for the 'Cycle & Dine' discount! Participating restaurants include: Charlie Hong Kong, Chocolate, Surfrider Cafe, Severino's Bar & Grill, Seabright Brewery, and Midtown Cafe.

## Wednesday, May 6

**Gear Up Day: Ecology Action** has partnered some local bike shops to provide you with discounts on bike gear! Whether you need a new light, a helmet, even a bike! Cruise by any of the following bike shops to receive a 10-25% discount on select bike gear items. Make sure the sales team knows you're there for "Gear Up Day". Participating shops include: Bike Station Aptos, Epicenter Cycling, Spokesman Bicycles, Another Bike Shop, Family Cycling Center, Bicycle Trip and Sprockets.

## Thursday, May 7

**Bike To Work/School Day (6:30am-9:30am)** Visit our **Breakfast Sites page** online for a complete list of our 13 public breakfast sites across Santa Cruz County and our 45+ participating school sites. Free breakfast, free bike maintenance, raffle prizes and more!

## Friday, May 8

**Bike Party Group Ride (7-9pm): Santa Cruz Bike Party** will be leading a family-friendly group ride!

## Rod and Tina Armer combine RV life, bicycling

Rod and Tina Armer (leaving Gizdich Ranch on tandem below) are transitioning to a bicycle touring and RV lifestyle. After living 40 years in their Aromas home, where they raised three sons, they are selling it to one of their sons and moving into a 37-foot motorhome.

Since their retirement, the Armers have discovered they enjoy bicycle touring and traveling for three to six months at a time. As a result, their home has become



a burden and they are looking forward to the freedom of traveling in their RV. This spring they will visit Yosemite National Park with international guests from Austria, Germany and Poland.

During their European bicycle tour last summer, the Armers met and became friends with Christa, who owned a vegetarian pub in Stockerau, Austria. They will host Christa's son, her brother and his girlfriend, as part of the Cyclist for Cultural Exchange (CCE) Northern California Program May 17-30 from Calistoga to Santa Cruz. A German couple arrives in June, and Rod and Tina will be showing them scenic areas in Yosemite and beyond.

This summer Rod and Tina will drive their RV to Yellowstone before continuing on to the coastline of Maine.

Next summer they plan another European bicycling tour along the Elbe River with friends from Germany.



## RTC achieves finalist status on proposal for \$9 million trail segment

Future bike rides from Santa Cruz to Davenport and back may become safer now that the proposal for a 4.6-mile segment of the coastal rail trail has been named a finalist for a federal grant. If approved, an off-road paved trail will be constructed from Wilder Ranch north to Laguna Road, about three miles south of Davenport. The trail will parallel the railroad tracks, with the possibility of a spur connecting it to Highway 1 at Laguna Road.

Total cost of the trail is \$9 million, and the Regional Transportation Commission (RTC) submitted its request for the \$5 million federal grant earlier this year, with The Land Trust of Santa Cruz County donating \$3 million and The California Coastal Conservancy pledging \$950,000. The trail qualifies for federal funding because it will allow access to the California Coast National Monument, the Bureau of Land Management's (BLM) Coast Dairies Property and the Monterey Bay National Marine Sanctuary.

The grant is funded by the Federal Highway Administration's (FHWA) Federal Lands Access Program. An on-site

inspection will take place soon, and the RTC is optimistic of a good outcome within 90 days. If approved, 25% of the 32-mile rail trail will be funded, according to Cory Caletti, senior planner. Grant writer is Ginger Dykaar. County Supervisor and RTC Commissioner Ryan Connerty and Congressman Sam Farr facilitated the grant process.

Here are some Q and A's regarding the possible grant:

Q. What does 'finalist status' mean?

A. The north coast Monterey Bay Sanctuary Scenic Trail project was accepted into the short list of potential projects for the California Federal Lands Access Program funds. The next step in the application process is for the Federal Highway Administration, Central Federal Lands Highway Division, to determine the final design and cost estimates of this project. Unless there are unforeseen issues with this project as it has been proposed, the likelihood that this project will receive funding is extremely high.

Q. Will the segment include a spur trail from the rail trail to Highway 1? A. An unpaved, unimproved trail currently crosses the tracks from Highway 1 and Laguna Road down to Laguna Creek Beach.

Whether the grant will fund a paved crossing of the rail line at this location is still to be determined.

Q. Will the segment be adjacent to the RR tracks the entire distance? A. Yes.

Q. How do you feel about the 'finalist' standing of the rail trail's progress so far?

A. The RTC and staff worked hard on the application, and we are thrilled about this potential opportunity. It is heartwarming to see how bringing together the many partners, stakeholders and community has created a vision for active transportation in our area to include a separated bicycle/pedestrian trail along the rail line.

The Land Trust of Santa Cruz County, Friends of the Rail & Trail, Bike Santa Cruz County, Supervisor Coonerty, Congressman Sam Farr, the Bureau of Land Management, and many others worked diligently with us on this grant. If the funding for this project comes through, it will link with the Santa Cruz trail segment, creating a separated bike/pedestrian facility for most of the nine miles from the mouth of the San Lorenzo River, along the rail line on the Westside of Santa Cruz, to Wilder Ranch and up the coast to the Coast Dairies property at Highway 1 and Laguna Road.

—Grace Voss

## SCCCC member Jean McCloskey passes away at age 70

SCCCC member Jean McCloskey passed away from a stroke on Nov. 13, 2014 in Los Gatos. Her name will be on a plaque at the SCCCC Memorial Bench in front of the Capitola Community Center.

Jean was born March 28, 1944, in Sausalito to Stewart Mackie and Frances Kelly. She graduated Santa Clara University in 1965 and married Denis McCloskey, her husband of 50 years. Over the course of her life, Jean filled many roles, from mother to professional potter to teacher to graphic designer. She ended her career as a mission planner for servicing missions to the Hubbell Space Telescope. In her last decade, Jean became an avid bike

rider in Santa Cruz and Santa Clara counties and abroad.

Jean lived with her family in North Yorkshire, England and Annapolis, MD, but Los Gatos was her primary home. She is survived by her children, Jenner, Amy and Kevin, her husband Denis, and her sister Aileen Mackie.

According to SCCCC member Janet Fogel, "Jean loved learning and taking on new challenges. Her brother-in-law, the late Tim McCloskey, was the link between her and SCCCC.



He encouraged her to take Martha Bedal's Wednesday bicycling class, and, through that class, Jean met and bonded with a group of women in age, interests and energy.

"When Tim died, she gathered hundreds of images of Tim from family and friends. I helped her combine the images with music into a video for Tim's memorial. From that experience, Jean and I tried a similar video for the club's annual Mountains Challenge for three years.

"We had such a great time playing videographers! Jean had the 'go for it' spirit, and we both got a kick out of creating something that made us laugh, smile or cry!"

## Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. B Rides are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; A Rides are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

**Tuesday ride:** Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: David Lawrence at [thewizarddavy@gmail.com](mailto:thewizarddavy@gmail.com). "Light" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride.

**Thursday ride:** Meet at 10 a.m. in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25-45 miles.

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**Saturday, May 2** A/B Ride  
**San Juan Bautista via Crazy Horse Canyon Overpass**  
 Meet at Kirby Park on Elkhorn Slough at 8:45 a.m. for 9 a.m. start; San Juan Grade, SJ Bautista, Aromas (Fremont Peak for A's); A=63mi/5907'; B=43mi/3200'  
**Tom Mattinson**.....831-566-8247

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**Saturday, May 2** C Ride  
**Sand City to Pebble Beach via 17 Mile Drive**  
 Meet by 9:45 a.m. in parking lot near Starbucks in Edgewater Shopping Center in Sand City for 10 a.m. start. 32.2 mi/1232'  
**Petronella van Dam**.....831-454-6010

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**Saturday, May 9** A/B Ride  
**Boulder Creek Climbing Extravaganza**  
 Meet behind Johnny's in Boulder Creek (park behind market) at 8:45 for 9 a.m. start; A=43mi/6000'; B=26mi/2800'  
**Jeff Totten**.....831-462-4468

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**Saturday, May 9** C Ride  
**Gilroy to Morgan Hill**  
 Ride starts at 9 a.m. Gilroy Sports Park, 5925 Monterey Frontage

Rd. in Gilroy. Bring lunch or buy at Hecker Pass Plaza Shopping Center (Hecker Pass Rd./ Santa Teresa Blvd., Gilroy) for picnic at Christmas Hill Park. 34.2mi/1177'/34 FPM.

**Rod and Tina Armer**.....831-227-8418

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**Saturday, May 16** A/B Ride  
**Climb Like the AMGEN Pro's**  
 Meet at Gateway at 8:45 a.m. for 9 a.m. start. A=50mi/4464'; B=30mi/2900'  
**Ron Olson**.....408-218-3189

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**Saturday, May 16** C Ride  
**Monterey/Pebble Beach**  
 Meet at Bank of America Parking Lot, 200 E. Franklin by 9:45 a.m. for 10 a.m. start. Graduation ride for Cycling for Starters Class; 26 miles.  
**Myrna Sherman**.....831-761-0767

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**Saturday, May 23** A/B Ride  
**Club Social Event**  
 Meet at 8:45 a.m. for 9 a.m. start at CCC. Ride is 32.4 mi/2,339'.  
**Bart Coddington**.....831-475-5234

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**Saturday, May 23** C Ride  
 Short ride 21.6 mi/1128' ride to Aptos and beyond. Longer ride details TBA. 9:30 a.m. start. (See pot luck details on page 3)  
**Brian/Camia Chapman**.....650-740-4169

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**Saturday, May 30** A/B Ride  
**Lunch in the Land of the Wealthy**  
 Meet behind Johnny's in Boulder Creek at 8:45 for 9 a.m. start. A=60mi/6500'; B=33mi/3300'  
**Toby Ferguson**.....408-386-9343

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**Saturday, May 30** C Ride  
**Aromas to San Juan Bautista**  
 Arrive at 8:45 a.m. Ride starts at 9 a.m. at Aromas School, 365 Vega St.; Lunch in San Juan Bautista. 27.9mi/1448ft/52 FPM.  
**David/Jeani Kadotani**.....831-234-3561

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**Saturday, Jun 6** A/B Ride  
**Redwoods and Ocean**  
 Meet at Gateway at 8:45 for 9 a.m. start. A=55mi/5500'; B=43mi/3600'  
**Gerald Rooney**.....408-489-9329

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**Saturday, June 6** C Ride  
**Corralitos to Gizdich via Varni, Carlton and Hazel Dell**  
 Ride starts at Corralitos Market. (Park away from market.) Arrive by 8:45 a.m. for 9 a.m. start. 25.2mi/1198ft, 46 FPM.  
**Paula Bradley**.....831 345-5482

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**Saturday, Jun 13** A/B Ride  
**Uvas Reservoir and Henry Coe**





Two Tuesday rides took place on March 31st. Left group started at parking lot near Gazos Creek Road to ride to Pescadero and beyond, while right group tackled 4000' Mount Hamilton in San Jose. Those riders said they experienced a cold descent.



### Thank you to March/April ride leaders

Ric Eiserling (3), Osman and Judy Isvan, Alan Eklof (2), Jim Denton, David Giannini, Karen Nevis, Dave Dominquez, Marianne Benforado, Richard Huffman, Petronella van Dam, Arleen Pietrzak, Isabelle Magnin, Brian and Camia Chapman, John Marshall, Alejandro Pujol, Teri Ruegg, Rod and Tina Armer, Bart Coddington, Jack Johnson, Chris Boman, JT Hart, Bill McBride, Peter Jones, David and Jeanni Kadotani, Marilyn Marzell (2), Michael Harrison, Jane Ferguson, Bruce Fihe (2), Lilly Ann Popken, Joyce Rollins, Bob Early and Janet Starr.

### Open Streets debuts in Watsonville

PLAY IN STREET WITH **NO CARS**
IJUEGA EN LA CALLE **SIN COCHES!**

**CALLE LIBRE**  
**OPEN STREETS**  
watsonville

**SUNDAY, MAY 17, 2015**  
DOMINGO 17 DE MAYO

ROUTE / RUTA

Open Streets Watsonville (OSW) is a free family-friendly event from 11 a.m. to 3 p.m. Sunday, May 17 in the downtown area on a .6 mile stretch of Brennan/Union Street, from Callaghan Park (at Freedom Boulevard) to the City Plaza. Designed as a pop up street park for people to walk, bicycle and play, it features free fitness classes, art and musical activities, educational booths and a free raffle. Its goal is to promote physical activity, health and community. For more information, go to [www.scopenstreets.org](http://www.scopenstreets.org). Event organizer is Saskia Lucas. On Facebook go to: Open Streets Santa Cruz County Facebook page <http://www.facebook.com/OpenStreetsSantaCruzCounty>

Poster art by Pajaro Valley High School graphic design student, Belen Guerrero.

Meet at 8:45 for a 9 a.m. start at Chitactac-Adams County Park.  
A=70mi/6000'; B=50mi/3000'  
**Catherine Vanrhee.....408-219-8626**

**Saturday, June 13** **C Ride**

**Watsonville, Pajaro via Beach, Elkhorn Slough and Lewis**  
Arrive at 8:45 a.m. for 9 a.m. start at West Marine Parking Lot,  
500 Westridge Dr.; 32.7mi/1225ft, 37 FPM  
**Marilyn Marzell.....831-345-0567**

**Saturday, Jun 20** **A/B Ride**  
Decide and Ride      Meet at 8:45 for a 9 a.m. start at CCC

**Saturday, June 20C Ride**  
**Sand City to Pebble Beach via 17 Mile Drive**  
Arrive at 9:45 a.m. for a 10 a.m. start near Starbucks in  
Edgewater Shopping Center, 2160 California Ave., Sand City;  
32.2mi/1232ft/ 49 FPM.  
**Karen Burman.....(cell) 831-246-2141**

**Saturday, Jun 27** **A/B Ride**  
**Mountain Challenge Test Ride**  
Meet at UCSC at 8:45 for 9 a.m. start – In or near parking garage  
at corner Heller and McLaughlin (park on street if bike on roof).  
A=75mi/6800'; B=40mi/4400'  
**Tom Mattinson.....831-566-8247**

**Saturday, June 27** **C Ride**  
**Canada Road Romp**  
Arrive by 8:45 am. For 9 a.m. start at Las Aminas Park, 400  
Mantelli Drive in Gilroy. 32mi/1500ft.  
**JT Hart.....831-234-7726**

**Saturday, Jul 4** **A/B Ride**  
**Independence Day Ride/Eureka Canyon**  
Meet at Nisene Marks Park entrance at 8:45 for 9 a.m. start.  
A=45mi/3900; B=40/3265  
**Isabelle Magnin.....831-325-2712**

**Saturday, July 4** **C Ride**  
**Watsonville, Royal Oaks via Beach, Lewis,129, Carlton**  
Arrive by 8:45 a.m. for 9 a.m. start at West Marine Parking Lot,  
500 Westridge Dr.; 30.4mi/875', 29 FPM.  
**Jack Johnson.....831-359-2501**

# Health educator Theresia Rogerson is a bicycle advocate

Health educator Theresia Rogerson of Santa Cruz County Health Services (right photo) is a bicycling advocate who started lobbying for better bike infrastructure 16 years ago in Fresno. As one of a handful of cycling safety zealots, Rogerson helped form the Fresno County Bicycle Coalition. The coalition created a city bicycle advisory committee. That committee, in turn, wrote a city bike plan, allowing Fresno to receive funding for bicycle safety projects. Today, Fresno markets itself as a bronze medal-winning city for bicycle friendliness, an award it received from the League of American Bicyclists in 2011.

And Rogerson? She holds a master's degree in public health education from Fresno State University, including a thesis she wrote about injuries to bicyclists resulting from the lack of urban bicycle infrastructure.

Fortunately for Santa Cruz, Rogerson has been using that knowledge for the past nine years to work on bicycle and pedestrian safety for the County Health Services Agency (HSA). That means collecting and analyzing bicyclist and pedestrian data to apply for state grants



for projects like free bike helmet distribution, bike rodeos at elementary schools, traffic studies and traffic school classes for bicyclists who are ticketed for not obeying laws.

(Bike classes, which are open to the public, cost \$35 for a two-hour session. They are offered monthly at HSA, resulting in the waiver of a \$200+ fee.)

Along the way, Rogerson collects volunteers who station themselves at busy traffic intersections once a year throughout Santa Cruz County, recording data on bicyclists and pedestrians who do or don't obey the law. This data drives future projects, and it is not always easy to collect.

"I think we need to obtain even more data, and I think we need to do more with the data that we have," says the attractive 45-year-old mother." Santa Cruz is the #1 county for its size in

California in bicycle fatalities and injuries. Part of the reason for that is the high number of bicyclists here. However, many studies show that having more bicyclists means a better (safer) bicycle culture. Unfortunately, that's not true in Santa Cruz. Is the high crash rate here due to more tourists? More first-year students at UCSC? Fewer bike helmet users? The data I want to collect is called Exposure Data, meaning the number of bicycle miles traveled and the specific routes used by bicyclists."

Some of the data Rogerson wants may be coming, thanks to future technology. (GIS or Geo-Information Systems, provide multiple aspects of city information, and may be used to display this data visually.) In the meantime, Santa Cruz bicyclists need to weave their routes to work or school along narrow streets with rough surfaces and potholes.

Some bright spots have appeared recently—the Arana Gulch off-road pathway system and green lanes at Laurel Street intersections. In Watsonville are two pedestrian programs: HSA's Ride n' Stride and Ecology Action's Walk Smart. Recently, the Office of Traffic Safety (OTS) awarded a grant to HSA, to work with the county's Drug and Alcohol Program. The idea is to target and reduce the number of distracted teenage drivers.

An area of improvement remains collaboration with local police departments to combine enforcement with education regarding high-collision areas in the city. In the past, predicting where crimes will occur has been a strength of the police force. Rogerson hopes more police involvement in high-traffic crash areas will mean fewer bicyclists injured.

—Grace Voss

## New member offers thanks for welcome to club

Dear Santa Cruz County Cycling Club, I am new to Santa Cruz, I joined the club in late March and this is my note of gratitude to all the members I've met so far. You have made me feel welcomed, you've guided me and been patient with me as I learn the routes. For all that and more, I'm extremely appreciative.

A special thanks to Bart Coddington, who introduced me to the club and who has continued to be helpful.

I moved here in 2014 from New York, where the riding season is only six months long, and I haven't been on my bike in several years. I felt intimi-

dated to join such strong, year-round riders accustomed to long, steep climbs, sometimes into the wind

I think I will be the unofficial sweep on every lite ride forever, but I am determined to become stronger. It feels so healthy to be back in the cycling world.

My message is that I have met wonderful people in a short time AND I am on my bike again in sunny, warm Santa Cruz! All good stuff. Thank you very much. Tight hugs and safe rides.

—Barbara Kasa (a.k.a. Babs)



# Annual Bike Summit theme for 2015 is 'Bikes Belong'

*(Editor's note: The National Bike Summit took place from March 10–12 in Washington DC, a gathering of 500 bicycle advocates from across the US. The event included a women's forum, and a visit with Congressman Sam Farr's legislative analyst Debbie Merrill. Here are some of the main ideas expressed.)*

**1. Vision Zero:** Earl Blumenauer, a Democrat in the House of Representatives from Oregon has introduced HR1274 or the Vision Zero Act. This bill calls for no fatalities as a result of automobile/bicyclist collisions or from automobile/pedestrian collisions. Cities endorsing the Vision Zero Act may qualify for federal safety grants.

Leah Shulman, (pronounced Sham), former director of the San Francisco Bicycle Coalition, is now director of Vision Zero San Francisco. ([www.visionzerosf.org](http://www.visionzerosf.org)) This plan is to involve multiple city departments focusing on high-impact urban improvements in two-year increments, with the first effort ending in December, 2016. By 2024, the city's goal is no deaths on city streets from auto/bike/ped collisions.

Vision Zero takes the approach that safe mobility is possible within cities through prevention. It challenges the assumption that serious collisions between cars, pedestrians and bicyclists are going to happen.

Both collecting and focusing traffic data are critical to success. (The San Francisco Bicycle Coalition learned that 70% of bicycle and pedestrian fatalities occur on 12% of the city's streets.)

**2. Bicycles bring revenue** to communities that support bike shops and bicycling infrastructure. Debbie Merrill, legislative analyst for Congressman Sam Farr, repeated this message several times, citing the Sea Otter Classic as a major income producer for Monterey County. Merrill also called attention to the \$90,000 fundraising effort in 2014



Gilberto Aceves Navarro created the outdoor "Las Bicicletas" exhibit on temporary display in Washington DC. The display is sponsored by the New York City Dept. of Transportation's Arts Program and New York City Parks' Art in the Parks Program. ([www.lasbicicletasorg](http://www.lasbicicletasorg))

by Friends of the Rail & Trail. Merrill said federal legislators take notice when grass roots groups raise money to fund local transportation projects.

**3. Bikes visit libraries!** Emily Week, a librarian from Mountain View, CA received a grant from her city to fund 10 bicycle-library events last year. The grant has helped her sponsor bike repair clinics at local libraries, bike bookmobiles, shopping by bike tours and library-to-library bike rides.

**4. The mayor bikes to work!** Morgan Sahli-Wells rides her bicycle to work as mayor of Culver City, CA. A bicycle advocate, she urged her audience members to run for local city offices. "If I design my city for bikes, I will raise the quality of living for

cyclists and non-cyclists," she said. "I will also make my commute easier."

**5. Women's Forum Highlights:** We Bike NYC has two spinoff groups: "Moms on Wheels" sponsors training rides for women as well as bike workshops. "Mujeres en Movimiento" is a bicycle program for Spanish-speaking women in Queens, NY. Boston Bikes reports that its Bikeshare program has doubled the ridership in Boston. Bike Richmond recommends holding flat tire clinics for women at well-known local bike shops. Gals with Gears is a spinoff of the San Francisco Bike Coalition, focusing on women age 50 and over. It sponsors monthly coffees with bike rides and repair clinics afterwards. DC Women on Bikes held 72 events for women in 2014.

—Glide A. Long

## Road angel aids cyclists

Have you noticed the "road angel" in a vintage green VW bus near Pezzini's Produce Stand on Molera Road? He is **Paul Aschenbrenner, 77**, who hands out free water, maps, bicycle tools and even chocolate chip cookies to tired bicyclists. He's there from 10:30 a.m. to 2:30 p.m. every rain-free Tuesday, befriending bicyclists on the Pacific Coast Trail in need of a handout and encouragement. Aschenbrenner has a register that contains more than 400 names of bicyclists from 25 countries. His motto is: "Pay it forward, so they'll do a good deed themselves."



Kathy Ferraro delivers Powerbar wrappers to Bart Coddington for recycling to keep mylar out of landfills.

# Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop  
2361 Mission Street  
427-2232  
Open seven days–10AM–6PM

The Bicycle Trip  
1001 Soquel Avenue  
427-2580  
Monday–Saturday–10AM–6PM  
Sunday–10AM–5PM

Bill's Bike Repair  
2826 Soquel Drive  
477-0511  
Open seven days but call first!

Dave's Custom Bikes  
910–A Soquel Avenue  
423-8923  
Tuesday–Sunday–9AM–5PM

Family Cycling Center  
912 41st Avenue  
475-3883  
Monday–Saturday–10AM–6PM  
Sunday–10am–5pm

The Spokesman Bicycles  
231 Cathcart Street  
429-6062  
Monday–Thursday 10am–6pm  
Friday–10AM–7PM  
Saturday–10AM–6PM  
Sunday–Noon–5PM

The Bike Coop  
1156 High Street  
457-8281  
Monday–Friday–10AM–6PM

Bike Station Aptos  
36 Rancho del Mar  
688-4169  
Monday–Friday–11AM–6PM  
Saturday–10AM–5PM  
Sunday–Appointment only

Scotts Valley Cycloport  
245 Mount Hermon Road  
Scotts Valley  
440-9070  
Tuesday–Thursday–10A,–6PM; Friday 10AM–7PM  
Saturday–10AM–6PM; Sunday–Noon–5PM

Watsonville Cyclery  
25 East 5th Street  
724-1646  
Monday–Saturday–11AM–6PM;  
Sunday–Noon– 5PM

The Bike Church  
703 Pacific Avenue 425-2453

Epicenter Cycling  
Aptos Station, 8035 Soquel Dr. Suite 23  
662-8100  
Monday–Friday–11AM–7PM; Weekend–8AM–4PM

AND...

1730 Mission Street, Santa Cruz  
423-9000

Sprockets  
1420 Mission Street  
426-7623  
Monday–Friday, 9 AM to 6 PM  
Saturday—8 AM to 6 PM  
Sunday—9 AM to 5 PM

*The Roadrunner* is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.

**831-234-4663    [www.maverickmailing.com](http://www.maverickmailing.com)**





**JOIN AND RENEW ONLINE at [www.santa-cruz-cycling.org/club](http://www.santa-cruz-cycling.org/club)**

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, [www.santacruz-cycling.org](http://www.santacruz-cycling.org) provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	___New Member ___Renewal Member ___Include on Printed Roster ___Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships ___Individual \$25 ___\$30 for RR Mail* ___Family \$35 ___\$40 for RR Mail* ___Junior \$10 ___\$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships ___Individual \$60 ___\$75 for RR Mail* ___Family \$90 ___\$105 for RR Mail*

\*Street Address

\*City

\*State

\*Zip

\*Roadrunner Newsletter delivered by US Mail

## League of American Bicyclists (LAB)

## Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (18-year-old) family members:

## Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$\_\_\_\_\_ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

## May-June, 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>*Volunteer for the Santa Cruz Mountains Challenge!</b>				<b>1</b> Bike Night at the MAH 5:30-9 p.m.	<b>2</b> Club Ride
<b>3</b> Official start to Bike Week	<b>4</b> Board Meeting 7 p.m.	<b>5</b> Club Ride GP	<b>6</b>	<b>7</b> Bike to Work Day Swanton TT 6 p.m.	<b>8</b> Sign up to lead a ride!	<b>9</b> Club Ride Mt. Charlie Century
<b>10</b>	<b>11</b>	<b>12</b> Club Ride NMP	<b>13</b>	<b>14</b> Ride Safely!	<b>15</b>	<b>16</b> Club Ride
<b>17</b> SSF Watsonville Open Streets	<b>18</b> SCMC captains 7 p.m.	<b>19</b> Club Ride GP	<b>20</b>	<b>21</b>	<b>22</b> Go for a bike ride!	<b>23</b> Club potluck/ride
<b>24</b>	<b>25</b> Ride Safely!	<b>26</b> Club Ride NMP	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Club Ride
<b>31</b> Slug Grand Fondo	<b>1</b> Board Meeting 7 p.m.	<b>2</b> Club Ride GP	<b>3</b>	<b>4</b> Swanton TT 6 p.m.	<b>5</b> Sign up to lead a ride!	<b>6</b> Club Ride
<b>7</b> AIDS Lifecycle Tour: SF to LA	<b>8</b>	<b>9</b> Club Ride NMP	<b>10</b>	<b>11</b> Volunteer to lead a ride	<b>12</b>	<b>13</b> Club Ride
<b>14</b>	<b>15</b> SCMC captains 7 p.m.	<b>16</b> Club Ride GP	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b> Club Ride
<b>21</b> Sierra to the Sea begins	<b>22</b>	<b>23</b> Club Ride NMP	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> Leader's choice			<b>GP is Gateway Plaza</b>	<b>NMP is Nisene Marks Park</b>

Santa Cruz County Cycling Club Membership Card  
(Valid only with member's mailing label.)  
www.santacruzcountycycling.org



SCCCC  
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