

The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

Santa Cruz Criterium turns 50 on March 25th

Tour de France Champion Greg LeMond rode in it. Olympic medalists Eric Heiden, Davis Phinney and Connie Carpenter rode in it. During its first year—1968—the entire US Olympic Bicycle Race Team heading to Mexico City raced in it.

What is “it”? It’s the Santa Cruz Classic Criterium (aka Beach Hill Classic) which turns 50 years old when it arrives in Santa Cruz on Sunday, March 25. Featuring the same challenging course today as in 1968, the criterium includes a start and finish on Third Street. The course follows Front, Spruce and the Laurel Street Extension along the river before riders climb Beach Hill. They must descend a hairpin turn before the hill climb and an exciting straightaway to the finish.

In a criterium, bikers ride multiple laps according to their race category. During each category’s race, prizes are offered, which are called Primes, plus a top prize at the finish. The day begins at 8 a.m. with races arranged in total laps according to a rider’s category. The main event, the Pro-Am race of 45 laps, starts at 2 p.m.

About 350 riders are expected to compete in eight separate race categories. All racers must be licensed by USA Cycling or an affiliated body.

The Santa Cruz Classic Criterium began as a project of the City of Santa Cruz Parks and Recreation Dept., and it is one of the three oldest criteriums on the West Coast. Planned and executed by Velo Promo



Racers approach finish of Santa Cruz Classic Criterium

LLC, its race director is Robert Leibold, the first Santa Cruz County Cycling Club president. Leibold directs 30 days of racing this year in Northern California and Nevada. He has conducted over 900 events in the past 25 years.

In the late 70’s and early 80’s the criterium was a National Classic and attracted sponsors who offered large prize money to attract top riders. This year’s race will help upgrade lower category riders who do well but is not currently a nationally ranked event. Nevertheless, Leibold says he enjoys returning the race to Santa Cruz each year. (He also sponsors the Watsonville Criterium July 7 and the UCSC Road Race Aug. 19.)

Volunteers are needed to help with the event. Contact David Gill (teamsc@cyclocross.cx) if you can work a morning or afternoon shift. Racers may register at velopromo.com.

Tour of Palm Springs has tragic result for rider killed by a speeding driver

Kathy Frank and Tom Mattinson were enjoying the Tour of Palm Springs in Southern California on Feb. 10 when they spotted a helicopter hovering above a downhill section of Dillon Road, about 50 miles into their ride. A 21-year-old driver traveling at 100 mph had plowed into a group of bicyclists on the tour, killing one and causing another to be airlifted to a hospital. The driver suffered moderate injuries.

Apparently the driver, who was traveling east on Dillon Road, crossed into the westbound lane, went onto the dirt at the side of the road, then returned to the eastbound traffic lane, hitting the bicyclists

who were riding east in single file.

This accident was eerily similar to last fall’s Grand Fondo of Marin, where four bicyclists riding in single file were struck and injured by an angry truck driver who intentionally sideswiped them, according to the police report.

Like the tragedy in Marin County, the mood of the Palm Springs ride turned somber. That being said, Kathy noted that the route is well worth riding, and she reports that the younger riders should be grateful to Tom for remaining the lead rider of their peloton for several miles.

“We still recommend this event to



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SCCCC member of the year



Jack Johnson

Jack Johnson is known for his kindness and support of new riders, whether it be at a Cycling for Starters class or encouraging a “D” rider to move up to the “C” category. He is patient and encouraging. SCCCC is proud that Jack is the 2017 Club Member of the Year!

THURSDAY, MAY 24TH
SCCCC MEETING
7 P.M. SIMPKINS SWIM CENTER
979 17TH AVENUE

enthusiastic cyclists,” she says. “There is not much climbing compared to what we’re used to around Santa Cruz, but there are some different elements. You see palm orchards, lots of cacti, and they had different snacks at the rest stops, like ceviche and dates, which are abundant in Palm Springs. There was a high school band playing and many volunteers.”
(Editor’s note: This tour, the 20th annual for the Palm Springs Bike Club, was a sober reminder of the risks of riding on roads shared by some drivers who consider downhill road sections as opportunities to speed. Let’s all be careful out there!)

Club shorts: Chris Schneider is person of the year

Congratulations to SCCCC member and city engineer Chris Schneider for being named 2018 Public Works Person of the Year! Chris was honored Jan. 24 at a public ceremony. One of his projects, the Branciforte Creek Bicycle Pedestrian Bridge and Multi-Use Project was named 2018 Project of the Year. The bridge, located at the south end of San Lorenzo Park, completes the final gap in the five-mile San Lorenzo Riverwalk, providing a separate pathway for pedestrians and bicyclists that keeps them safe from traffic. Chris is also assistant director of the city's public works department.

Tony Rall reports that his wife **Jackie** is "taking very good care of me." Tony received a hip replacement on Jan. 31 and has just started using a cane instead of a walker. More physical therapy is in his future, and he hopes to ride a stationary bike soon. He says road biking will have to wait until late March or early April, and he misses it! "Every normal riding day for me, such as today, brings out a certain amount of wistfulness," he says. SCCCC will be glad to see Tony back on his road bike also!

Frances and Julie Kuo are both recovering from a recent bicycle mishap when their tandem was struck by a car as they approached the Highway 1 overpass from Larkin Valley Road in February. Frances suffered a broken collarbone and scapula, while Julie has a mild cocccusion. Their tandem needs to be replaced. Get well soon Frances

and Julie!

The 50th annual **Santa Cruz Criterium** is scheduled for March 25 2018 and **David Gill** would like to ask for club support again this year. David also hopes to start up the Swanton Road Time Trial this year after the daylight savings time change. For the criterium, course marshalls are needed for either morning or afternoon shifts. Contact him at teams@cyclcross.cx.

We hope the following folks can speak Spanish as well as they ride bikes! Heading off to Cuba next month are **Craig Calfee, Judy and Osman Isvan, Teri Ruegg, Peggy Seltz, Carrol E. Moran, Arlene Sarte, Katherine Scott, Mark Louie, Margie Coles and Mike Schell**. The trip is sponsored by Cyclists for Cultural Exchange.

Ford Kanzler reports that his website <http://www.classicitaliansteelframesets.com/> is up and running! It displays refinished/restored vintage, Italian steel frame-sets as well as information on fitting and equipping them.

Wanna be a bicycle road racer? The April 19–22 **Sea Otter Classic** comes to Laguna Seca! It offers offers both road and mountain bike racing as well as a large exhibit of bike frames, parts and clothing. Go to www.seaotterclassic.com. Or, come out for the **Swanton Time Trials** at 6 p.m. on the following dates: **April 5th, May 3rd, June 7th, July 5th, Aug. 2nd, Sept. 6th and Oct. 4th**. Start at Swanton Road, 300 yards north of the southern intersection of Swanton Road and Highway 1.



(Left photo) Cycling for Starters students and teachers on Jan. 24th, the first day of class, are, 1 to r: Joanne Moy, Lilly Ann Popken, Jackie Rall, Kendra Dorfan, Jack Johnson, Arnie Alper, John Wheeler, Pete Pearson and Pam Stevenson (recumbent bicycle).



THE ROADRUNNER is the official newsletter of THE **SANTA CRUZ COUNTY CYCLING CLUB**. It is published bimonthly, sent out via email to members and is available at local bicycle shops, the Santa Cruz Visitors Bureau and local libraries and chambers of commerce. Submissions (articles, photos, and letters) are gladly accepted. Email is easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or www.santacruzcycling.org

THE **SANTA CRUZ COUNTY CYCLING CLUB** is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code. The club's mission is to bring cycling to all levels of riders and encourage healthy lifestyles through education, friendship, teamwork and fun. The club is known for its annual **Santa Cruz Mountains Challenge** held the last Saturday in July. Proceeds from this event go to the club's educational activities.

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Don't miss these SCCC social events!

We have so many great social events for you this year!!! Debby Joyce is our social director for 2018. She and her kemosabe Petronella van Dam have a fantastic array of fun stuff lined up!

A potluck luncheon preceded by a bike ride is slated for Sunday, May 6th and Richard Bedal is again opening his home for the social event at 111 National St. (near West Cliff Drive and Pelton). The club's annual Pizza & Pie Ride takes place on Saturday, Aug. 25th at Delaveaga Park. We'll have the wildly popular ride selection and nosh. And the Holiday Party? Yep, mark Dec. 9th on your calendars.

In addition to these favorites we are adding two new events for ride leaders. Look for an announcement from Debby on those! And, on top of all that, Skippy Givens is now hosting "Special events for Santa Cruz Mountains Challenge Captains!" On Feb. 8th we had the first SMC Captains Gathering downtown at Pour and it was a blast! If you are interested in being part of the SMC Captains Team, you are welcome to join us



at the next social. Stay tuned for upcoming announcements from Skippy! Currently we need FOUR new captains. Here's a short description of each position.

Route Alerts Captain: This captain and

team helps rider safety at tricky intersections and road hazards. On the day of the event, we post two volunteers at a few points on the route to alert riders of cross traffic and lane changes. The week before the event, these volunteers spray paint significant pavement hazards. Super fun and we get together afterward at Taqueria Val-larta for burritos! I did this last year but am moving into the Sponsorship Captain role. Route alerts captain is a job that is fun and relatively easy.

Parking Captain: This captain and team help registered riders navigate UCSC to the correct parking area and on to registra-

tion. Deb Anderson has been leading this for several years and she has done an outstanding job – thank you Deb! She's ready to hand it over and she's got a great group of volunteers to support you. Ask Deb for more details if interested.

Registration Captain: This captain and team check in riders, providing them with their bib #'s and route sheets. Jeff Brody and Maura Noel have handled this job in the past. With these expert resources, it's dialed in. Maura can answer all your questions. Please consider stepping up!

Rest Stop Greyhound Rock or Swanton Berry Farm: This is the last major rest stop of our event and it serves all four routes. At the rest stop we provide food, hydration, restroom and mechanic, plus a warm and friendly greeting and interaction with our riders! Tim Thomas was in charge of this stop for several years and can share his expertise with you!

Hope you all are enjoying the beautiful winter riding conditions! Let's ride bikes!

—Catherine van Rhee

City council unanimously approves construction of first rail trail segment

Parking lots may be problematic! The Santa Cruz City Council gave unanimous approval to accepting bids for constructing the \$3.1 million Phase 1 of Segment 7 of the Monterey Bay Sanctuary Scenic Trail on Jan. 23, despite a last minute change of plans. The change involves a detour around the New Leaf Community Market at 1101 Fair St., leaving its parking lot intact.

The original trail plan called for a direct off-road route behind the market, thanks to an easement. However, this plan impacted the store's parking lot, causing New Leaf to decline the direct route easement. As a result, bicyclists will leave the trail at Swift or Fair streets, riding in the bike lanes of Ingalls Street before returning to the trail. The city will add signage to this detour.

The approved project, 1.36 miles long, will be a 12'-16' wide stretch of paved trail with a wire fence separating it from the railroad tracks. It will



The first rail trail segment will be on the city's Westside.

extend from Natural Bridges to Bay Street, where it will connect with a cycletrack (two-way path).

City council members were quite enthusiastic in approving the trail construction. Cynthia Mathews said, "I am proud to make a motion supporting the trail's first segment," while Mayor David Terrazas said, "This is a project that is funded. It's an opportunity for all to move forward and learn how this trail works. It's an important step forward for the city."

Trail advocates cited the importance of breaking ground as soon as possible to guarantee federal funding. Janneka Strause of Bike Santa Cruz

County said the trail will support the organization's goal of 27% of bicyclists commuting to work by 2030.

Greenways member Bud Collagen criticized the trail, saying the detour was not safe and urging the council to wait for approval until completion of the United Corridors Study. Piet Canin of Ecology Action praised New Leaf Market for its longtime community involvement, saying he hopes all parties will keep working towards a long term solution to the detour.

Spokesperson Scott Roseman said that New Leaf is committed to a safe and enjoyable experience for its customers and staff. "Should the city's proposal be chosen by the community, we are committed to working with the appropriate parties to find a safe and viable easement solution that keeps these priorities in mind," he said.

(Editor's note: The May 24th SCCC general membership meeting will feature a panel discussion on the rail trail.)

World peace is goal of Follow the Women's Detta Regan

As he was dying, Detta Regan's father, who served in the Middle East for the British Army during WWII, had three final words for his daughter—"Work for peace." Today Regan fulfills her father's wishes through Follow the Women, an international organization she founded in 2002 that sponsors bicycle rides to promote world peace. The bike rides take place primarily in Arab countries, reflecting the fondness Regan's father held for the Arab people.

To date eight rides, known as Pedal for Peace, have taken place, and Regan was named European Woman of the Year for 2001. In 2004 she was nominated for the Nobel Peace Prize.

In 2009 several SCCCC women accompanied Regan, a spritely, friendly woman, and 200 others from 24 countries on a bike tour to Lebanon, Syria, Jordan and the West Bank. This group raised \$14,000 for Follow the Women to build playgrounds for refugee camps. Accommodations on that tour ranged from a posh hotel in Jordan, compliments of the queen, to a large Bedouin tent near the Dead Sea to a hostel in Bethlehem where the late Yasser Arafat housed his horses. (Lilly

Norm Lezin was city's first Bike to Work employer

Former Santa Cruz mayor and business icon Norman Lezin, who passed away recently at age 93, was a futurist. Along with Roger Sands, former owner of The Bicycle Center (now Cycle Works), Lezin arranged a bicycle ownership plan for his Tannery workers. If a worker agreed to ride his bike to work, Lezin would help him purchase the bike from The Bicycle Center.

More than 200 Tannery workers bought into this payroll deduction plan, creating the first 'Bike to Work' movement. Today, thanks to Ecology Action, Bike to Work days in attract at least 7,000 riders, who are encouraged to do so by the offer of free breakfasts at various county sites.

The League of American Bicyclists (LAB) awards Bicycle Friendly Businesses with four levels of achievement—platinum, gold, silver and bronze. However, no bike



Left to right: Betsy Schwartz, Detta Regan, Lilly Ann Popken, Marilyn Marzell, Joann Smith and Judy Marsalis

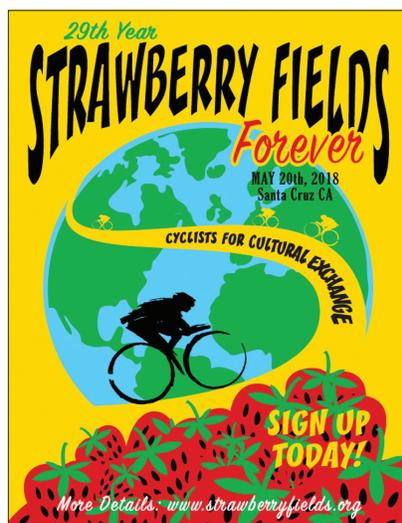
Ann Popken still laughs when she remembers the hotel clerk saying there was "no room at the inn," resulting in the SCCCC bicyclists bedding down in a hostel located near the stables.)



That 2009 tour resulted in a reciprocal offer that has expanded the horizons of another international bike group, Cyclists for Cultural Exchange. At the end of the annual Pedal for Peace (the Mideast bike tour), the SCCCC group invited all 200 women to visit

friendly businesses in Santa Cruz County appear on LAB's current list.

Lezin was a man ahead of his time!



California's Central Coast for the annual Strawberry Fields Forever bike ride and post-ride tour. Two Japanese, two Italian and three British women accepted the offer, and all seven women reciprocated by organizing successful CCE bike tours in their respective countries. Today CCE offers at least three international bike tours annually.

Regan attended the January CCE thank you breakfast for SFF volunteers, after which she went exploring routes for a CCE California tour for Chinese bicyclists. At age 71, this active woman is still following her father's advice for peace through women's love of bicycling. Lilly Ann says Regan is "a visionary who inspires others."

Follow the Women has changed its Mideast routes occasionally due to current political climates. A tour of Palestine is in the works for this November. If interested, go to: www.followthewomen.com

Besides Lilly Ann, SCCCC participants in the 2009 tour were **Betsy Schwartz, the late Janet Fogel, Marilyn Marzell, JoAnn Smith and Jane DeJarnette**. The 2013 tour participants who rode bikes in the United Arab Emirates were **Lilly Ann, Judy Marsalis, Teri Ruegg, Betsy Schwartz and Eileen Beaudry**.

—GLIDE A. LONG

Strawberry Fields is May 20th

The 29th annual Strawberry Fields Forever bike ride takes place on Sunday, May 20 at Pajaro Valley High School, and a \$10 discount on the \$75 entry fee is available until March 19. Bicyclists may choose from three routes: a 30-miler with 871 feet of climbing, a 61-miler which climbs almost 3,000 feet and a 100.7 mile route with 5,783 feet of elevation gain. Lunch and a post-ride meal are included, with strawberries, whipped cream and chocolate ganache for dessert. The ride is a benefit for Cyclists for Cultural Exchange which promotes world peace through bicycle touring. Go to www.cyclistsforculturalexchange.org/sff to register!

Kymerly Lacrosse is a community organizer extraordinaire

Kymerly Lacrosse, 48, winner of the 2018 Education Award from Bike Santa Cruz County, felt so rebellious as a teenager that she became a punk rocker with a mohawk haircut who ran away from home at age 15. Her rebellion lasted 10 days as she sought refuge with friends and “spent one night sleeping in a field.” Today Lacrosse admits her actions were the result of teen angst and distress from seeing “the ugly parts of the world.”

Turning her youthful discontent into community action as an adult, Lacrosse was recognized by BSCC for her work as president of Trips for Kids, a South County initiative that annually takes 300 underserved youth on mountain bike rides in Nisene Marks Park, along the Monterey Bike Path and out to the Bluff Trail north of Santa Cruz. These bicyclists, who range in age from 10 to 18, enjoy a nutritious lunch, another point of emphasis for Lacrosse. “Healthy kids make a healthy community,” she says

Putting her words into action, she also works with Jovenos SANOS (Healthy Youth) which lobbied Watsonville’s city



in addition to regular menu items. Likewise, Kym (photo above with her black lab Max) is responsible for the city adopting a policy of non-sugar drink machines and 50% healthy choice of vending machine food at the local metro station.

Bike Santa Cruz County also recognized Lacrosse’s other bike lobbying effort, resulting in a \$25,000 grant from the Regional Transportation Commission for the first Watsonville Open Streets event in 2016. (The city’s third annual Open Streets occurs on Sunday, June 3rd in the downtown area.)

What else is this community-oriented

council in 2010 to pass an ordinance requiring new restaurants to offer healthy food alternatives such as whole wheat tortillas and low-fat dressing

single mother of two involved in? While holding down a day job at the Tara Redwood School in rural Soquel, Lacrosse’s primary interest is Growing Greatness, a youth leadership and advocacy training organization. Focusing on South County, she applauds school bike programs like Bike Tech and Earn-a-Bike at both Watsonville and Pajaro Valley high schools, but she wants to see more bike path connections and green lanes in Watsonville. A pump track and safer bicycle access to the beach are also on her wish list.

“It’s a longterm investment,” says Lacrosse of her advocacy. “I see things shifting in Watsonville, and I want to give special thanks to City Councilman Felipe Hernandez for all his help, but you have to promote events for a long time before you see change. Shifting a culture takes time.”

Change arrived last year when Watsonville received a bronze award from the League of American Bicyclists as a bicycle-friendly city. This award may be a harbinger of better access to the city’s biking and walking trail system. Change can’t come too soon for Kymerly Lacrosse!

—GRACE VOSS

The Secret Race is tell-all story of pro bike racing’s dark side

In 2004, Tyler Hamilton travelled to Madrid from his home in Girona, Spain to donate blood, which was then refrigerated for use in that year’s Tour de France. “Blood banking” as it was called, was a regular practice among professional bike racers, and by this time in his career, Hamilton was captain of the Phonak Race Team.

Blood banking was illegal but difficult to detect, and on this particular visit, Hamilton rushed the process, causing his arm to bleed profusely afterwards as he left the doctor’s office. Quickly hailing a cab, he stopped the flow of blood, later changing his shirt in the airport men’s room to avoid alarming his wife.

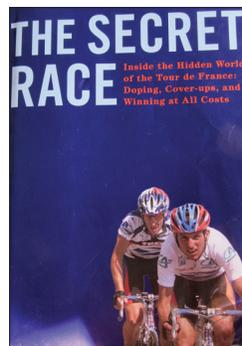
This is just one example of the cloak and dagger atmosphere that prevailed among pro racers, as described in *The Secret Race*,

a 2012 book by Hamilton and Daniel Coyle of *The New York Times*.

The book precedes Hamilton’s tell-all *60 Minutes* interview about Lance Armstrong’s doping habits during his seven years of Tour

de France victories, starting in 1998. (Hamilton was Armstrong’s friend and trusted lieutenant on the US Postal Team, guarding him from attacks by other competitors during races.)

In 2004, a month after his gold medal race at the Athens Olympics, Hamilton tested positive for blood doping and was banned from the sport. Shunned by other racers, he later testified against Armstrong in court. (Armstrong was found guilty in



2011 by the US Anti-Doping Agency, banned from all sports and stripped of his seven Tour de France titles.)

The Secret Race is a sad look inside professional racing, where win at all costs is the norm. Friendships are risky as racers change teams from year to year. Hamilton describes a three-year ‘progression’ for most new team members. During the first year, the new racer trains hard to make an impact on his team. During the second year, he is improved but still unable to keep up with the stars on his team, who are using stimulants. By the third year, he realizes he never will race at peak form unless he uses performance enhancing drugs like EPO or by blood banking.

This book is compelling reading for any bicyclist. I received *The Secret Race* at SCCCC’s January meeting from Bruce Dau, and I’m happy to pass it along to anyone who wants to learn more about the dark side of professional bike racing.

—GRACE VOSS

Weekly Rides *Rider Levels*

C Rides are between 25-35 miles, at 10-14 mph, with up to 2,000 feet of elevation. **B Rides** are for intermediate riders and are between 25-50 miles, at 12-16 mph pace, with up to 3,000 feet of elevation; **A Rides** are for experienced riders looking for a challenge. These rides are from 40 - 80 miles, at a 15-20 mph pace, with over 3,000 feet of elevation.

Bicycle club members lead social group rides for the enjoyment and pleasure of the bicycling community. While riders regroup along the way, we recommend riding with a buddy. If you don't come with someone, feel free to ask one of the other riders if you can ride along with them. Come prepared with extra tubes and know how to change a flat tire. Bring water, a snack and ID. Before the ride starts, every participant must sign a League of American Bicyclist (LAB) approved waiver stating that the Santa Cruz County Cycling Club is not responsible for any incident occurring during the ride. Saturday bicycle rides (or carpools) may start from the Capitola Community Center (Jade St/45th Ave) in Capitola. Route sheets will be emailed to the club mailing list about two days before each ride. Rain cancels rides.

Tuesday ride: Meet at 9:45 a.m. for a 10 a.m. start for this social/leisurely paced road ride. 1st and 3rd Tuesdays of month, start at Gateway Plaza (the shopping center on River St. near Hwy 1). No public water or restrooms available. On the 2nd and 4th Tuesdays, meet at parking lot by the entrance to Nisene Marks Park, Aptos. The fifth Tuesday of the month is a leader's choice for start location. Distance will vary from 20-40 miles. Destinations include a lunch stop. Bring water and snacks. Questions? Contact: Ralph Edwards at rhedwardsiii@gmail.com. "Lite" rides are offered in conjunction with the regular Tuesday rides for a less strenuous, generally shorter ride. New C/D rides on Mondays and Thursdays on club calendar at www.santacruzcycling.org.

Saturday, March 3rd **A/B Rides**
Lockheed Gate via Bonny Doon, Empire Grade
 9 a.m. start at Gateway Plaza; A/B=51 mi/4,464'
Shahe Moutafian.....831-251-1663

Saturday, March 3rd **C Ride**
Gilroy to Morgan Hill via Uvas
 10 a.m. start at Gilroy Sports Park; 34.2 mi/1178'
Paula Bradley.....831 345-5482

Saturday, March 10th **A/B Ride**
Hwy 1 Brewery, Pescadero
 9 a.m. start at Gateway; A=71 mi/3,260'; B=56 mi/2,776'
Tom Mattinson.....831-566-8247

Saturday, March 10th **C Ride**
Sand City to Pebble Beach via 17 Mile Drive
 10 a.m. start at Starbucks/Sand City Shopping Center
Bill McBride.....831 239-6081

Saturday, March 17th **A/B Ride**
Eureka Canyon Classic + Mt Bache/Loma Prieta
 9 a.m. start at Rancho Del Mar; A=55 mi/5,800'; B=42 mi/3,300'
Isabelle Magnin.....831-325-2712

Saturday, March 17th **C Ride**
Gateway, Davenport
 10 a.m. start at Gateway Plaze; 31.2 mi/1394'
Joe Kelly.....831-234-1977

Saturday, March 24th **A/B Ride**
Boulder Creek, Bear Creek, Saratoga,
 9 a.m. start at Johnny's Market, Boulder Creek; A=60 mi/6563'; B=44 mi/4000'
Dan Hughes.....925-640-5797

Saturday, March 24th **C Ride**
Chitactac Park to Morgan Hill
 10 a.m. start at Chitactac Park; 35.9 mi/1340'
Joe Kelly.....831 234-1977

Saturday, March 31st **A/B Ride**
Sand City, Fort Ord, Monterey
 10 a.m. start at Starbucks, Sand City; A/B routes TBD
Barney Eredia.....831-251-5100

Saturday, March 31st **C Ride**
Marina, Barlow, Fort Ord
 10 a.m. start at Walmart, Marina; 38.6 mi/2131'
Brett Hennie.....1(513) 746-1632

Saturday, April 7th **A/B Ride**
Hollister, Tres Pinos, Cienega Loop
 10 a.m. start at Target, 1760 Airline Highway, Hollister; A=55 mi/3,207'; B=36 mi/2,024'
Bruce Dau.....831-234-5177

Saturday, April 7th **C Ride**
Gateway, Scotts Valley via West Cliff Drive
 Start at Gateway; 24.2 mi/1428'
Brett Hennie.....1(513)746-1632

Saturday, April 14th **A/B Ride**
Summit Store via Eureka Canyon, Loma Prieta
 9 a.m. start at Rancho Del Mar; A=54 miles/5,500'; B=41 miles/3,265'
Ron Olson.....408-218-3189

Saturday, April 14th. **C Ride**
Monterey Scenic Trail
 10:00 a.m. Start Starbucks at Ft Ord Dunes State Park 41.3 miles, 1601'
Leonard Foreman.....831 239-0938



Tuesday riders gather in Aptos on Feb. 13 for sun-drenched ride to Watsonville by way of the levee, returning on San Andreas Road.

Saturday, April 21st A/B Ride
Gateway to Empire, Smith, Martin, Ice Cream, Bny Dn, Hwy 1;
 9 a.m. start at Gateway; A=44 miles/4,000'; B=shorter loop TBD
Shahe Moutafian.....831-251-1663

Saturday, April 21st C Ride
SCL, Gilroy to Morgan Hill via Oak Glen, Uvas, Day Rd
 10:00 a.m. Start at Gilroy Sports Park, Gilroy 34.2 miles, 1178'
Petronella van Dam.....831 454-6010

MONDAY C RIDES WITH CHRIS (408-892-5585)

March 5th Coyote Creek Trail & Chesboro Dam
 Meet 10 a.m. at South Ranger Station of the Coyote Creek Trail,
<https://ridewithgps.com/routes/19758403>

March 12th Monterey to Pt. Lobos
 Meet at 10 a.m. Asilomar Dr., across from the Pebble Beach
 Golf Clubhouse <https://ridewithgps.com/routes/24639574>

March 19th Strawberry Fruit & Vegetable Ride
 Meet at 10 a.m. at Ann Soldo School, Menasco Dr. Watsonville
<https://ridewithgps.com/routes/26895148>

March 26th Ann Soldo to Elkhorn & Castroville Road
 Meet at 10 a.m. at Ann Soldo School, Menasco Dr. Watsonville
<https://ridewithgps.com/routes/26894392>

April 2nd Seascape Margarita Ride
 Meet 10 a.m. in front of Seascape Sports Club, 1505 Seascape
 Blvd, Aptos; <https://ridewithgps.com/routes/16609785>

April 9th West Marine to Aromas & Gizdich
 Meet 10 a.m. at West Marine, 500 Westridge Dr, Watsonville
 Park in back by entrance to the Nature Trail
<https://ridewithgps.com/routes/2134692>

April 16th Phil's Snack Shack for lunch
 Meet 10 a.m. at West Marine, 500 Westridge Dr, Watsonville
 Park by entrance to the Nature Trail
<https://ridewithgps.com/routes/26467453>

Saturday, April 28th A/B Ride
Sand City, Fort Ord, Corral De Tierra
 10 a.m. start at Starbucks; A=48 miles/4,672'; B=40 miles/3,297'
Bruce Dau.....831-234-5177

Saturday, April 28th C Ride
Seascape/Gizditch/Levee Ride
 10 a.m. start at Seascape parking lot, Aptos; 31.8 ml/1247'
David & Jeanni Kadotani831 588-3561

Saturday, May 5th. C Ride
 GWY, SV, via Glen Cyn., Glen Wood, Bean Creek, La Madrona 10
 a.m. at Gateway; 24 mi/1747'; Paula Bradley.....831 345-5482

MONDAY C RIDES WITH CHRIS (CONTINUED)

April 23rd Strawberry Hill Up and Down
 Meet 10 a.m. at West Marine, 500 Westridge Dr, Watsonville
 Park by entrance to the Nature Trail
<https://ridewithgps.com/routes/23657229>

April 30th Ft. Ord Hills Leader: Brian Treece

\$1,000,000 goes to bike, ped safety

Thanks to Senate Bill 1 (gasoline tax increase), Caltrans is awarding \$1 million in planning grants to improve bicycling and walking for schools in unincorporated Santa Cruz County, Watsonville and Monterey County. Ecology Action will work with Santa Cruz County Health Services, Watsonville's Public Works Dept. and the Transportation Agency of Monterey County to make school sites safer.

"Kids are being hit by cars at a higher than average rate," said Debbie Hale of the Transportation Agency of Monterey County and SCCCC member.

The project, titled "Sustainable Communities," is expected to increase safe access to bicyclists and pedestrians at more than 30 schools in Santa Cruz County. In 2014 Santa Cruz County was ranked the worst in the state for bike crashes and fatalities by the California Office of Traffic Safety.

Annual CCE breakfast features stories from many countries



Left photo: Frank Pritchard, center photo, Scott Wilson and CCE president Marilyn Marzell; right photo, Vita Pritchard and Teri Ruegg speaking to Lilli-Marie Pavka of Switzerland, CCE's new webmaster. Frank and Vita are co-founders of CCE. Frank and Marilyn were recognized at the group's annual breakfast Jan. 27th at Chaminade.

Bicycling the world to foster international friendship and understanding was on full display Saturday, Jan. 27 at the annual Chaminade Breakfast sponsored by Cyclists for Cultural Exchange (CCE). Besides thanking volunteers for their support at last year's Strawberry Fields Forever Century Bike Ride, CCE gave special recognition to retiring president Marilyn Marzell for her leadership over the past five years, and to Frank Pritchard who, with his wife Vita, started SFF 29 years ago. The couple has been involved in all aspects of the event, originally known as The Eureka Canyon Hill Climb.

INTERNATIONAL VOLUNTEERS

A unique aspect of SFF is the helpful volunteers who arrive from countries around the world, staying with host families and assisting the day of the ride as support staff. After the bike event, they and their American hosts go bicycle touring for a week, usually in Central or Northern California, staying in various forms of lodging. In return, the international volunteers frequently arrange reciprocal tours in their home countries. (Tours are available to anyone who applies.)

Three of these international trips were on display Jan. 27. Craig Calfee, a CCE board member and bicycle frame building genius, showed movies and slides from last December's trip to Cuba. Calfee describes Cuba as "a place that feels like you have gone back in time" due to its buildings remaining unchanged architecturally since the 1500's, as well as the country's old cars. He describes Cubans as friendly people who respect bicyclists, and he plans a return trip for 12 people scheduled for March 20–28.

Marzell predicted the trip "should be great if it doesn't rain."

Jim Starr showed movies and slides from the 2017 CCE tour of Northern Spain, with music accompanying scintillating views of pre-Roman ruins, challenging hill climbs, a ceremony involving the blessing of boats and pilgrims hiking along the Santiago de Compostela.

ARMENIA TOUR

George Kamian said he signed up immediately when he heard about CCE's 2017 trip to Armenia, the country of his ancestors. This 10-day trip combined travel by bicycle, train and bus for 16 people from the US, Italy and Switzerland. According to

Kamian, despite the local people feeling uneasy due to their country's proximity to Russia, Armenians are outgoing and friendly to visitors. Modern distractions are absent in Armenia.

STRAWBERRY FIELDS MAY 20TH

This year's Strawberry Fields Forever bike ride is Sunday, May 20. Captains are still needed for SAG support, web page, recycling, post-ride program, merchandise and inventory. Some vacancies exist on the CCE Board of Directors.

Besides the Cuba trip, CCE also plans to visit Italy (Venice, Florence and Pisa) in late September/early October. To volunteer as SFF captain, send an email to frankandvita@cruzio.com. To apply for an upcoming international trip, go to www.cyclistsforculturalexchange.org.

THANK YOU RIDE LEADERS!

Lilly Ann Popken (2), Caitlin McBride of SFPD, Jack Johnson (2), Bill McBride (2), Jackie Rall, Bruce Dau (2), Jim Denton, Carrol E. Moran, Larry Tierney, Bart Coddington, Maryann Boeger, Barney Eredia, Ron Olson (2), Jim and Janet Starr, Dolan Mcelmurray, Paula Bradley (2), Tom Mattinson, Petronella van Dam (2), Skippy Givens, Joe Kelly, Richard Burton, Chris Boman, Dan Hughes, David Kadotani, Shahe Moutafian and Chris Zemny (many!)

Santa Cruz begins Bike Share program in May

Imagine traveling from home to downtown Santa Cruz to go to a movie, a Santa Cruz Warriors game or take an out-of-town friend cruising to the Boardwalk or Natural Bridges State Park via West Cliff Drive, all while leaving your car at home to travel by bicycle. Starting soon you may be able to bicycle without breaking a sweat or worrying about your bike being stolen. How is this possible?

Two hundred and fifty pedal-assist or electric bicycles will be available for residents and tourists starting in May as part of the Santa Cruz Bike Share program. These bright red bikes, provided by Social Bicycles of New York, come with GPS, a computer and lock. Intended for short commute distances of three miles or less, they will be available at two dozen bike share stations located within city limits.

On the city's Westside, Bike Share stations are slated for Natural Bridges State Park, Woodrow and West Cliff, the intersection of Bay and King, and several others, while the downtown area, the Boardwalk and the Seabright Neighborhood will each offer several stations. City planners hope the Bike Share program will help alleviate downtown congestion. "It's not all things to all people, but even a small percentage of people switching their daily trips or occasional shopping errands to Bike Share can put a dent in our traffic problem," says Amelia Conlen of the city's transportation department. The electric assist feature is designed to make the bikes accessible to new riders, who may not want to break a

sweat or feel intimidated by hills.

Bike Share riders may use their computers and smartphones to rent the bicycles with a credit card, and there will be locations where people can rent in cash. Each bicycle, equipped with a handlebar basket and solar-powered computer and GPS system, will cost \$2 per 30 minutes of riding. \$20 monthly memberships will also be available.

As for bike theft, the bikes are designed to be outside in urban areas. The GPS enables them to be tracked, and the parts are not removable, requiring special tools, or are covered by the bike's metal frame.

Bike users are encouraged to have their own helmets, according to Conlen.

US cities have embraced the Bike Share concept for the past several years. Minneapolis, MN boasts over 100 stations, while a smaller city like Aspen, CO has 18 stations. New York City boasts almost 500 stations for its 25,000 bike commuters. A Jump Bike program just rolled out 250 bikes in San Francisco, and a Sacramento system is coming soon.

—RHODA BIKE

Bike safety class is March 3rd

"Traffic Skills 101", a free class for club members, takes place from 10 a.m. to 2 p.m. on Saturday, March 3rd. Bernard Green lead cycling instructor for the League of American Bicyclists (LAB) and SCCCC President and LCI instructor Catherine van Rhee will teach the class. To register, go to www.santacruzcycling.org and click on Classes, then select Traffic Skills 101. Contact Chris Zemny at rabjudge@sbcglobal.net for more information.

Traffic Violence in Santa Cruz County

Watsonville approves Vision Zero task force

The city of Watsonville has become the first jurisdiction in Santa Cruz County to adopt a Vision Zero resolution to eliminate all traffic-related fatalities and serious injuries by the year 2030. The city council passed this resolution unanimously at its Jan. 16th meeting. Staff from both the Department of Public Works and the Police Department presented the item, with many citizens speaking in favor of Vision Zero's approach to traffic safety.

As a result of this action, the city will convene a task force to develop an action plan. Measurable goals based on traffic and accident data will be developed in the areas of engineering, enforcement, education, engagement, equity and evaluation.

Anyone interested in becoming involved in the task force process, especially citizens living or commuting on the streets of Watsonville, is encouraged to participate.

Vision Zero, an idea championed by the Community Traffic Safety Coalition (CTSC), a public health agency, considers any loss of life from traffic crashes unacceptable and preventable. (Advocates of Vision Zero are encouraged to use words like "crash" or "collision" instead of "accident" and to remind others to do the same.)

Sharing personal stories with community leaders on how traffic violence has touched one's life is also part of the Vision Zero approach.

To learn more about Vision Zero and/or to become an advocate, go to www.sctrafficsafety.org/VisionZero. or email theresia.rogerson@santacruzcounty.us

—THERESIA ROGERSON



Sunset Beach Hill Climbers are, left to right: Marianne Benforado, Karla Stevens, Marny Cox, David Lawrence, Leonard Foreman, Alan Eklof, Brian Treece and Mike Harrison

Local bicycle shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary according to the shop. Ask sales clerk for club discount.

Another Bike Shop
2361 Mission Street
427-2232
Open daily-10AM-6PM

The Bicycle Trip
1001 Soquel Avenue
427-2580
Monday-Saturday-10AM-6PM
Sunday-10AM-5PM

Bill's Bike Repair
2826 Soquel Drive
477-0511
Open daily but call first!

Dave's Custom Bikes
910-A Soquel Avenue
423-8923
Tuesday-Sunday-9AM-5PM

Family Cycling Center
912 41st Avenue
475-3883
Monday-Saturday-10AM-6PM
Sunday-10am-5pm

The Spokesman Bicycles
231 Cathcart Street
429-6062
Monday-Saturday 10AM-6 P.M.
Sunday-Noon-5PM

Cycle Works
1420 Mission St.
316-7671
Monday-Friday 10AM-6PM
Saturday-Sunday 9AM-6PM

Bicycle Trip Capitola
3555 Clares St., Suite T
Capitola 95010
831-226-5050
Monday-Friday-11AM-6PM
Saturday-10AM-5PM
Sunday-Closed

Scotts Valley Cycloport
245 Mount Hermon Road
Scotts Valley
440-9070
Tuesday-Thursday-10AM,-6PM; Friday 10AM-7PM
Saturday-10AM-6PM; Sunday-Noon-5PM

Watsonville Cyclery
25 East 5th Street
724-1646
Monday-Saturday-11AM-6PM;
Sunday-Noon- 5PM

Epicenter Cycling
Aptos Station, 8035 Soquel Dr. Suite 23
662-8100
Monday-Friday-11AM-7PM; Weekend-8AM-4PM

AND...

1730 Mission Street, Santa Cruz
423-9000
Monday-Friday 10AM-7PM; Weekend 9AM-6PM

Current eBikes
131 Front Street, Suite D
831-621-2309
831-588-0936 (cell)
www.currentebikes.com

The Roadrunner is printed by **Maverick Mailing**, which is owned by Peter Glynn, right photo, who sometimes delivers by bicycle. Call him for your mailing/printing needs. Peter has been serving Santa Cruz for over 20 years; Maverick Mailing uses 100% PCW recycled paper created with wind power and is the only 100% solar powered printing and mailing service in the nation.

831-234-4663 www.maverickmailing.com

JOIN AND RENEW ONLINE at www.santa cruz cycling.org/club

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's award-winning, bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, local bicycle shops offer a 10% discount for club members. The club's website, www.santacruz cycling.org provides a home base for your club activities. Annual membership dues must be paid to remain a member in good standing. **Dues become due on Jan. 1st of each year based upon the term of your membership.**

Member First Name	*Member Family Name	*Member Contact Email
*Member Contact Telephone	Member Ride Cell Phone	<input type="checkbox"/> New Member <input type="checkbox"/> Renewal Member <input type="checkbox"/> Include on Printed Roster <input type="checkbox"/> Add to SCCCC Email list
2nd Member First Name	2nd Member Family Name and Email	One Year Memberships <input type="checkbox"/> Individual \$25 <input type="checkbox"/> \$30 for RR Mail* <input type="checkbox"/> Family \$35 <input type="checkbox"/> \$40 for RR Mail* <input type="checkbox"/> Junior \$10 <input type="checkbox"/> \$15 for RR Mail*
2nd Member Contact Telephone	2nd Member Cell Phone	Three-Year Memberships <input type="checkbox"/> Individual \$60 <input type="checkbox"/> \$75 for RR Mail* <input type="checkbox"/> Family \$90 <input type="checkbox"/> \$105 for RR Mail*

*Street Address	*City	*State	*Zip	*Roadrunner Newsletter delivered by US Mail
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League of American Bicyclists (LAB)

Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

_____	_____	_____	_____
Signature of Applicant	Date	Signature(s) of additional family members 18 years or older	Date

Please complete the following for any minor (18-year-old) family members:

Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

_____	_____	_____
Printed Name of Parent or Guardian	Signature of Parent or Guardian	Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership. Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

March—April, 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <i>Gizdich ride</i>	2	3 <i>Club Ride</i>
4	5 <i>C ride</i>	6 <i>Club Ride</i> <i>GP</i>	7	8 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	9	10 <i>Club Ride</i>
11 <i>Go for a</i> <i>bike ride!</i>	12 <i>C ride</i>	13 <i>Club Ride</i> <i>Aptos</i>	14 <i>SCMC captains</i> <i>SCCCC board</i>	15 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	16	17 <i>Club Ride</i>
18	19 <i>C ride</i>	20 <i>Club Ride</i> <i>GP</i>	21	22 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	23	24 <i>Club Ride</i>
25	26 <i>6 ride</i>	27 <i>Club Ride</i> <i>Aptos</i>	28	29 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	30	31 <i>Club Ride</i>
1	2 <i>C ride</i>	3 <i>Club Ride</i> <i>GP</i>	4 <i>Be a bicycling</i> <i>ambassador</i>	5 <i>Swanton</i> <i>Time Trial 6 p.m.</i>	6	7 <i>Club Ride</i>
8 <i>Go for a</i> <i>bike ride!</i>	9 <i>C ride</i>	10 <i>Club Ride</i> <i>Aptos</i>	11	12 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	13	14 <i>Club Ride</i>
15	16 <i>C ride</i>	17 <i>Club Ride</i> <i>GP</i>	18 <i>Clean your bike</i>	19 <i>Gizdich ride</i> <i>10 a.m. Corralitos</i>	20	21 <i>Club Ride</i>
22 <i>Clean your bike!</i>	23 <i>C ride</i>	24 <i>Club Ride</i> <i>Aptos</i>	25	Ride Safely	27 <i>GP is Gateway</i> <i>Plaza</i>	28 <i>Aptos is</i> <i>Rancho del Mar</i>
29	30 <i>C ride</i>					



 Santa Cruz County Cycling Club Membership Card
 www.santacruzccycling.org (Valid only with member's mailing label.)



SCCCC
 PO Box 8342
 Santa Cruz, CA
 95061-8342