

# The Roadrunner

A BI-MONTHLY PUBLICATION OF THE SANTA CRUZ COUNTY CYCLING CLUB

## Top finish for city at TOC race

While Thomas Peterson of the Garmin-Slipstream professional bicycle team was the first rider to cross the finish line on Feb. 16, the real winner of Stage 2 of the Tour of California was the City of Santa Cruz. Both former mayor and city councilwoman Cynthia Matthews and Local Organizing Committee (LOC) Chairperson Matt Twisselman called the finish, in front of the Museum of Art and History (MAH), the "biggest event ever for Santa Cruz." More than 10,000 people witnessed the finish, the largest crowd ever to view any downtown event, and something to crow about by city officials who would dearly love to lure the AMGEN race back to town next year.

THE POTENTIAL OF GREAT BICYCLE RACING MAKES SANTA CRUZ A SUPERB PLACE.

--ANDREW MESICK, AEG PRESIDENT

Any doubts about the event were directed at the weather, which featured early-morning rain in a steady downpour until about 10 a.m. when, miraculously, the skies cleared and remained sunny downtown for most of the day, with only an occasional shower. (The Bonny Doon hill climb featured cold showers.) A rainbow appeared mid-afternoon, after all the racers had finished. "They cancelled the final round of the AT&T golf tourney," said Twisselman with a smile, "but we completed our race."

In addition to the good weather, Matthews credited the successful event to "the seamless coordination of city departments, local businesses and the bicycling

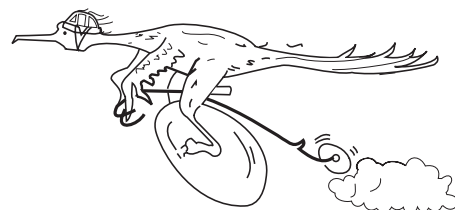


Spunky the Clown at Feb. 16 children's bike parade held before the TOC. Photo by Karen Kefauver.

community. It took a huge amount of energy to pull this thing off," she said with a smile, "and the coordination was seamless. We were sure we could do this, and we did it. AEG (sponsor) is thrilled with our stage. This is the most ambitious event we've ever done."

"I was so excited for the city," added Tina Shull, who helped the LOC win the stage. "Things went without a hitch. It's absolutely remarkable." Shull added that a successful Peleton Club membership drive, under director Mary Alsip (70 people paid \$500 to join), as well as sales of local merchandise, added to the bounty for the city, which put up \$100,000 to win the stage. "We probably could have sold twice as much merchandise," she added.

For the record, Levi Leipheimer of Santa Rosa became the overall leader by 24 seconds thanks to his charge up Bonny Doon Road, although Peterson won Stage 2 by a whisker. Local favorite Ben Jacques-Mayne received the Breakaway from Cancer Most Courageous Rider Jersey. His twin brother, Andy, fell but did not suffer serious injury. Lance Armstrong held 4<sup>th</sup> place overall at day's end, calling Leipheimer "the strongest man in the race."



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The day's success was echoed in the words of AEG President Andrew Messick, who said "For a first-time city, the reaction that we got from the people in Santa Cruz was tremendous...the potential of great bicycle racing makes Santa Cruz a superb place."

Leipheimer of Santa Rosa, who won the TOC for the third time, raced for Team Astana. Peterson was named one of the tour's best young riders.

—Grace Voss

#### FINAL TOC RESULTS

- 1ST—LEVI LEIPHEIMER, (USA)
- 2ND—DAVID ZABRISKIE, (USA), 0:36
- 3RD—MICHAEL ROGERS, (AUS), 0:45
- 4TH—JENS VOIGT, (GER), 1:10
- 5TH—THOMAS LOVKVIST, (SWE) 1:29

**SCCCC meeting**  
**7 p.m. April 30**  
**Live Oak Senior Center**



## Club Shorts: Paula finds a bike for her special needs student

Meet Sebastian Lara, a third grader. Paula Barsamian of SCCCC is his occupational therapist at La Joya School, and she says he is the most incredible little worker. He never whines or cries, even when the stretching exercises are painful. He enjoys recess, games, and other activities. His only problem is spastic cerebral palsy in his legs. He can walk short distances without his walker and plays soccer (in his own way) and other outdoor ball games.

Due to his lack of strength, range of motion, and equilibrium, Sebastian remains limited in his activities. So, Paula found a bike for \$560, then raised \$480, to buy it.

Sebastian's first glimpse of the bike was Feb. 10, when he came into the clinic where Paula volunteers. At first it didn't look much like a bike, but after he saw the addition of pedals, handlebars, head-set and the seat, like magic, he perked up. After being helped onto the bike, Sebastian took off yelling, "I love my new bike! I love the color! I love you all!"

Daphne Gulling invites interested bicyclists who want to raise \$500 for CASA (Court Supported Advocates for Youth) to join her on a 200-mile bicycle ride along the scenic Big Sur Coast April 24-26. The ride begins at her home, 2307 W. Vine Hill Road in Santa Cruz, and involves some camping as well as a hotel stay Sunday night. Return trip is by Amtrak. A deposit of \$250 is required to reserve your place. Contact [cyclist54@sbcglobal.net](mailto:cyclist54@sbcglobal.net) for more information.

On Saturday, April 18, Cycle for Sight offers three organized rides in the Napa Valley to benefit visually impaired people and returning war vets. All rides start and finish at Justin Siena High School and coincide with a wine and music festival. Proceeds benefit The Enchanted Hills Camp for the Blind and Visually Impaired and the California Veterans Pathway Home Project. Organizers hope to raise \$100,000. Entry fees range from \$10-200. Online registration closes April 14. Go to <http://www.bikereg.com/events/register.asp?eventid=7399> for more information.



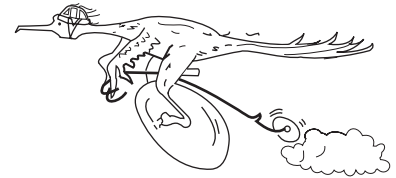
Sebastian Lara, 8, and his new bicycle.

A new and wider addition to the Monterey Bay Bike/Ped Trail along Highway 1 has been recently added. Heading south toward Monterey just past the city of Marina, you will enter a new section that goes over the RR tracks. You are now on a wide road with no traffic; you are farther from noisy freeway traffic. Just before Seaside, another new bike/ped section crosses the tracks and you are back on the regular path. This addition opened several months ago; it is so new that it's not yet on local maps.

BikeGlow Inc. has developed a bicycle light that wraps around the entire frame, including the handlebars, making it glow like a bike-shaped jelly fish after the sun goes down. It was created by longtime Santa Cruz residents Chris Cobb, Ken Nowak and Everett Kramer.

The BikeGlow Safety Light comes in eight colors—red, white, purple, pink, blue, aqua, green and yellow—and is powered by two AA batteries. Its life expectancy is five years. BikeGlow costs \$25, and online purchasers may donate \$5 to Ecology Action by using the coupon code ecoact. Go to [www.bikeglow.com](http://www.bikeglow.com).

The Roadrunner's French correspondent, Jeannine Peerless, reports the City of Nantes features public bicycles available through the use of a special credit card for urban transportation. A special truck collects bikes from some stands, re-distributing them where needed. Thanks Jeannine!



**THE ROADRUNNER** is the official newsletter of THE SANTA CRUZ COUNTY CYCLING CLUB. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options. Contact us at: **SANTA CRUZ COUNTY CYCLING CLUB P.O. BOX 8342 SANTA CRUZ, CA 95061-8342** or [www.santacruzcycling.org](http://www.santacruzcycling.org)

THE SANTA CRUZ COUNTY CYCLING CLUB is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

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I have lots of great memories of the activities leading up to the Santa Cruz Stage of the Tour of California, a great day for Santa Cruz as a cycling destination. Bonny Doon Road is now a "must do" climb for many cycling fans, as Levi Leipheimer took off and nobody could follow.

Being part of the Local Organizing Committee (LOC) was great. Lots of ideas were generated, with some dropped because no leader came forward. Next year, should the TOC return, things should be different. The details to pull off an event like this were complicated, but done well.

Some images from the webcast remain in one's mind today: Levi pedaling on Empire Grade in places where I just try to hang on. The crowds

## ***SCCCC members comment on their experiences at Stage 2 of bicycle race***

I loved the thrill of the race in our town and watched from the finish line. I was proud of our city, the organizers and especially the parents and the kids who showed up for the first annual Kids' Art Bike Parade, sponsored by the Santa Cruz Parks and Recreation Dept.---**Karen Kefauver**

Just as we had all the marshals in place on the course, the rain stopped, and, not long thereafter, the sun came out and stayed out with only a brief shower interrupting. It was a dry finish to a worthy stage that really disintegrated the field with the Bonny Doon climb.---**Tom Pennello**

We viewed the race from just below the 10% grade sign on Bonny Doon Road, which turned out to be terrific. The road was well lined with fans, so we had lots of people to chat with. Finally the first racer appeared, then another and then a few more. We saw suffering faces and bulging thigh muscles. I think we may even have caught the early moves by Levi Leipheimer in his break to catch the leaders. I was holding my camera in one hand, my cowbell in the other and jumping up and down so much that none of my photos are in focus!--**Anita Dyer and Howard Swann**

I had an incredible time working on the Local Organizing Committee. It was wonderful to be surrounded by such dedi-



*Club President Bart with his own TV at the big race?  
Photo by Karen Kefauver.*

at Empire Grade and Bay, and then the big crowd at Bay and Mission. When I saw that crowd, I knew the event was a success. The final image occurred on Front Street, with people appearing

cated, imaginative and professional people who showed the world we know how to host a bicycle race.--**Scott Campbell**

Interesting day. I worked as an anti-doping volunteer. I think Santa Cruz looked great, with its blue skies to welcome the riders. Downtown never seemed friendlier!---**Dr. Leonard Moore**

I wondered how they were going to handle getting the cyclists over the railroad tracks just north of Davenport on Hwy 1. Well, they funneled the riders into just the southbound lane and over a lane-width mat. I am amazed how the riders can get into and out of their rain jackets, leg warmers and other gear while traveling 30 mph on wet roads.--**Herb Greenfield**

We had rain, wind, sun and friends to make a perfectly enjoyable day waiting three hours for 15 seconds of excitement. It was worth it all. ---**Judy Marsalis**

We were course marshals at Center and Pacific. It was a dream come true to be a part of this. Our random thoughts include: very diverse crowd with lots of bike riders; we met one couple who had come all the way from Iowa to watch; the course marshals were wonderful, very helpful, easy to talk to, they made us feel like part of the team; much anticipation of the lead riders finally arriving....very cool with the

on every floor and even the roof of the parking structure and the crowds at street level. Some people even climbed trees and street poles for a better view.

A lot of club members volunteered to help with the event. Some areas, however, experienced "no shows", particularly driveway marshals. Other members did a great job filling in gaps.

What I really appreciated this morning were the comments of AEG officials, particularly the comment about how well everything went. For a first-time city, the event went extremely well. Now it is back to normal. Tomorrow is a club ride day, if it isn't rained out! (It was.)

Enjoy the Ride--**Bart Coddington**



*TOC riders near Davenport. Photo by Judy Marsalis.*

armada of the CHP zooming in first; we were impressed with how knowledgeable the crowd was; lots of text updates from friends that were online, and we also got updates from a guy who was hooked up with the ham operator.--**David Lawrence and Marianne Benforado**

I stayed home and in the comfort of the fire going, warm and cozy, I watched it on TV (Versus) with snacks provided; I watched them cross the iconic Golden Gate Bridge (just as I have done); I watched them come down Highway 1 in the rain and wind; I watched them climb sloppy Tunitus Creek Road, then haul up Bonny Doon Road, drenched and cold to the finish line. It was a great race; end of story.-- **Ed Kilduff**



*Tour of California riders endure windy, rainy conditions along the coast during Stage 2 on Feb. 16. Photo by Judy Marsalis.*

## SCCCC member tells about 'flying carpet' experience as TOC volunteer

Thank God it wasn't any of the pros or we would have been in big trouble!

After volunteers started dropping like flies when the bad weather moved in for the Amgen weekend, I was moved to the active duty volunteer roster by SCCCC's own supreme Amgen commander Maura Noel, and assigned to be a course marshal at the southernmost entrance to Cement Plant Road in Davenport. As I pulled off to the side of the road about 10 a.m. Sunday, Feb. 16, I saw a northbound bicycle rider dump his bike at low speed trying to cross the wet railroad tracks. After pulling on my foul weather gear, I wandered over to a group at the west side of the RR crossing, which included police, Amgen employees, and other motley volunteers, including the person who just crashed.

Immediately I was reassigned to assist at the RR crossing. Since they intersect the highway at such a bad angle, the RR tracks in the southbound lane were to be carpeted! Orange cones were set in the middle and on the road's shoulder. Bike riders would be directed to the carpeted right lane, support vehicles to the uncarpeted left lane.

Since the carpet had yet to arrive, we started putting out cones. Then we saw a southbound bicyclist drop a wheel into the RR track slot and bite the (soggy) dust, even after being warned by a volunteer of the impending obstacle. Ouch! The carpet arrived and we rolled it out, only to learn it wasn't long enough to cover the right side of the RR tracks. Amgen/police vehicles and cones were now positioned to block the uncovered spots. After a few more adjustments, we broke out duct tape to hold down the leading edge of the carpet. A southbound (non-pro) bicyclist went

around the carpet on the right shoulder and crashed on the tracks. Ouch again!

The duct tape refused to stick well to wet roads, so after numerous attempts at defying physics, we devised Plan B—volunteers would stand in the middle of the road behind orange cones dividing the two lanes, holding down the carpet. Vehicles would drive on the carpet to hold it down on the right shoulder. However, as we stood on the middle of the carpet, wind gusts briefly picked up the leading edge. Minutes later, wind swirled around, raising the rear of the carpet. Then more wind blew the downstream end of the carpet.

What to do? At this point, we had visions of the peleton rolling in just as the carpet lifted, allowing us to witness an exciting pile up of pro racers from two

inches away! Fortunately, fate smiled upon us, clouds parted briefly, and the pavement dried just enough to try the duct tape one more time. It stuck! We taped down the front carpet edge with five minutes to go. Four volunteer human carpet weights felt much better now. I was the first one in line and had an unimpeded view of incoming action and the best chance of being picked off by the racers!

The breakaway group rolled through at 25-30 mph, with Ben Jacques-Mayne at the rear, about six inches away from me. It was a parting of the Red Sea (bikes right, cars left). A few minutes later, the main peleton arrived, but this time the parting of the Red Sea failed miserably, with half of the pros going left into no carpet territory! However, everyone passed by safely.

After the last racers and vehicles passed, we started rolling up the carpet, a pretty lumpy job as the rain added weight to it. The Amgen folks wanted to give it away, and a spectator with a pickup truck volunteered to take it. We sliced the carpet in two and loaded it. After saying goodbye, I walked over to Cement Plant Road and saw three southbound bicyclists ride over the tracks, heard the loud report of an exploding inner tube and watched the front guy go down with his tire blown off the rim. The 2nd guy ran into his friend and fell, while the third bicyclist, a girl, made it around safely. Is this what the volunteer course marshaling business in a pro race is usually like?

Possible moral of the story - the faster you go over the Davenport RR crossing, the better your chance of making it, as long as your tires remain inflated.-- Geppetto Grupetto



*Lilly Ann Popken would like to say a few words...*

OMG! OMG! When Judy Marsalis called me on Sunday night, Feb. 15, she was yelling over so much background noise that I thought something was terribly wrong and I needed to rescue her! However, while searching for my car keys, I finally realized she was saying, "You won! You won! You won the \$5000 bike!" (Details? Ask LAP!)



## Fast-paced Peleton Club ride offers bicycling tips from Cal Giant team

Oh to be a bicycle racer! One of the pleasant, even inspiring, aspects of the Peloton Club training rides, featuring the Cal Giant Berry road racing team as well as amateur hangers on, is the cool advice we amateurs receive about bike handling skills from the racers as they slow their pace to match our more pedestrian speed. The Jan. 17 ride, starting at Pacific Coffee Roasting Company with bagels, yogurt and fruit, thanks to owner Dena Hope, had about half the participants as December's training ride but more racers, and lots of good will. About 25 recreational riders left Aptos at 8:15 a.m. for Pajaro Dunes, where Cal Giant Berry Company hosts its race team for training camps

At Pajaro Dunes, we met Anthony Gallino, who works not only as race team director but also director of sales for the Watsonville company. All I noticed as Gallino introduced his team was how extremely handsome the group of very fit young men appeared in their royal blue, white and red matching jerseys and shorts. And how nonchalant they were, as they slouched comfortably over their handlebars or sat straight in their saddles with arms crossed while their coach read off racing credits a mile long. They had heard it all before and were waiting for the start.

At this point, I decided I would "sweep" the course, hoping just to have enough bike power to arrive at San Juan Bautista, our destination (or Fremont Peak for those handsome hard core guys). I had already experienced my first "road angel" in the form of recreational rider Tim Sawyer, the Peloton Club's ride leader, who invited me to draft behind him on the ride from Aptos to Pajaro Dunes. Not only did Tim make my ride easier by bucking the wind, he also tactfully slowed at the top of those rollers on San Andreas Road so I could catch up. A real prince charming!

About 9:30 a.m. we were off to San Juan Bautista, and my second "road angel" appeared when I heard a calm voice at my side, one of the racers, telling me we were having a "quartering wind"



Cal Giant Racing Team members await start of Jan. 17 Peloton Club-sponsored ride.

and that I should ride slightly to the left of other riders so they could block the wind. I moved over to the left and, what a difference! No wind! Then came more instructions on gripping my brake levers from the top of the handlebars, instead of reaching around. Oh, and isn't it nice not to feel that wind when you stay with the peleton? (Yes, it sure is, if I can just manage to maintain the pace!) Finally, the ultimate help from this Prince Charming—a firm hand at the small of my back to help me catch up to the peleton. I have no idea who this road angel was. And his help lasted until the first big roller on Elkhorn Road, when the peleton slowly slipped away into the distance. Gamefully, I kept on, now riding solo into the wind, until the route reached the signal light at Highway 156. Not only were the handsome Cal Giant guys and the fast amateurs nowhere to be seen, the traffic appeared non-stop and the signal light unforgiving. Deciding I'd rather swim with the sharks than travel Highway 156 by bicycle on a busy Saturday, I made a 180-degree turn and headed home, enjoying a more leisurely pace.

My ride ended back at the start around 1 p.m., with 57 miles and an average speed of 14.6 mph. Those handsome Cal Giant guys were still out there somewhere, probably racing each other up and down Fremont Peak! --Glide A. Long

### Rain can't dampen enthusiasm for new bike/ped river bridge

Bruce Van Allen, left, and Supervisor Neal Coonerty cut the ribbon for the new bicycle-pedestrian bridge over the San Lorenzo River.



Expected to handle up to 1,000 people per day, the bridge connects the north ends of the river's levee paths. The 2.6 million dollar bridge also makes it possible to walk or ride from Highway 1 to the ocean in one continuous loop. It provides a legal way to go from east to west Santa Cruz without traveling dangerous Highway 1. The project started as an idea back in 1985. The day of dedication was Friday, Jan. 23.

### Bill Fenley, long distance biker, passes at age 61

SCCCC member William Franklin Fenley Jr. (Bill) died suddenly on Dec. 28. Born on April 12, 1947, he was 61 years young. He leaves behind the love of his life of 29 years, Cheryl Hammond, of Soquel. He is also survived by his parents, Dub and Loraine Fenley, siblings Carol Wilder, Melanie Webb, Paul Fenley, all of Texas. He worked in the high-tech industry for 35 years. Bill was a bicyclist, engaged in both road and mountain biking. In 2008, Bill participated in several 100 and 200-mile bicycling events. Bill also was a runner and raced in many of the local 10K's, including the Wharf to Wharf. He completed all 23 Big Sur Marathons. Contributions may be made to a charity of your choice. Bill supported Bay Area Ridge Trails, Sierra Club and World Wildlife Fund.

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## Weekly Rides

### Rider Levels

A = Novice: you can ride 25-30 miles on a mostly level road at a leisurely pace.

B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.

C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/cue sheet is provided. Most Saturday rides begin at the CCC or Capitola Community Center, which is located at the intersection of 45th Avenue and Jade Street. See calendar p. 12 for detail on Tuesday ride start. DLV-Delaveaga Park; NMP-Nisene Marks Park.

### Tuesday

Meet at 9:45 AM for a 10:00 AM start for this social/leisurely paced road ride. 1st, 3rd and 5th Tuesdays of month, meet at De Laveaga Park on Branciforte Road; 2nd and 4th Tuesdays meet at entrance to Nisene Marks Park, Aptos. The distance will vary from 20-40 miles and will always be an adventure. Destinations always include lunch stop. Bring water and snacks.

Contact: Tony Rall, 335-4739

### Wednesday

Beginners Ride -starting at 9:30 AM Start at Lighthouse Field State Park ENTRANCE at front of the restrooms on West Cliff Drive. Park in the parking lot. Riders decide destination. New riders welcome!. Contact [hmsherman2@sbcglobal.net](mailto:hmsherman2@sbcglobal.net).

### Thursday

Meet at 10 AM in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25-45 miles. This is a No Leader—Decide and Ride. Bring water, snacks. OR, meet at 9 AM at Gateway Plaza for alternate Decide and Ride. Contact Jim Denton at [terramoto1@sbcglobal.net](mailto:terramoto1@sbcglobal.net) for details.

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### Saturday, March 7

#### LDTSG #10-Bobcats Around

Meet at CCC at 7:30 a.m. to carpool. Start in Sunol near elementary school on Main St. at 9 a.m. Ride through the valley and into the hills near Calaveras Reservoir. A = 36 mi., B = 52 mi., C = 62 mi. Bring lunch and water.

Robert Seelig..... 325-8996

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### Saturday, March 14

#### LDTSG #11-Cowboy's Preserve

B/C riders meet at Capitola Community Center (Jade St./45th Ave.) at 9 a.m. A riders meet at 5-Mile House (Corralitos Rd and Freedom Blvd) at 10 a.m. Ride through Corralitos and beyond for lunch at our favorite ranch deli. A = 32 mi., B = 43 mi., C = 60 mi.

Paul & Jennifer McDonald.....750-5769

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### Saturday, March 21

#### LDTSG #12-Call of the Wild

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 a.m. to carpool. Start in Pacific Grove from Pt. Pinos Lighthouse at 9 a.m. located on Asilomar Ave. On the way to Pt. Lobos, we will pick up lunch for a picnic in Whalers Cove. A = 40 mi., B = 54 mi., C = 74 mi.

Ed Kilduff.....724-2501

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### Saturday, March 28

#### LDTSG #13-March to a Different Drummer

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 a.m. to carpool. Start in Marina from Wal Mart at 9 a.m. Take the Reservation Rd exit from Hwy 1. Our destination is the old Fort Ord Reservation with its magnificent climbs and breathtaking views. A = 34 mi., B = 45 mi., C = 56 mi.

Ric Eiserling.....475-5397 or 336-1040

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### Saturday, April 4

#### LDTSG #14-Devil's Playground

Meet at Capitola Community Center (Jade St./45th Ave.) at 7:15a.m. to carpool. Start in Danville at San Ramon Valley Library at 9 a.m. From Hwy 680, take Diablo Rd. exit, go under freeway, then left on Front St. to library on left. Ride begins on the Iron Horse Trail and winds up on Mt. Diablo with spectacular views of the Bay Area. A = 30 mi., B = 40 mi., C = 71 mi.

Scott Campbell.....426-0989

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### Saturday, April 11

#### LDTSG #15-Serenity in the Hills

Meet at Capitola Community Center (Jade St./45th Ave.) at 7:30 a.m. to carpool. Start in Pescadero from church at north end of town at 9 a.m. Please park outside church property. A riders will eat lunch after the ride in Pescadero. B&C riders will lunch in Sky Londa. A = 29 mi., B = 39 mi., C = 54 mi.

Tony Rall.....335-4739

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### Saturday, April 18

#### LDTSG #16-Motor Me Over

Meet at Capitola Community Center (Jade St./45th Ave.) at 7:30 a.m. to carpool. Start in San Francisco at the toll plaza near Golden Gate Bridge at 9:30 a.m. Cross the Golden Gate Bridge and meander along the Bay. Climb up Mt. Tamalpais for the best panoramic views. A = 42 mi., B = 50 mi., C = 70 mi.

Mike Andalora.....247-9722





Top left photo by Ric Eiserling: Linda Brodman, Bob Carroll and Chrley Fisher explore rural Mets Road near Corralitos; middle photo, Charley Fisher, his wife Freddy and Leo Moll at Inauguration Day party before Jan. 20 ride, and, right photo, SCCCC members join Big Sur Exploration Group on a recent ride to Monterey Bay and beyond.

## Saturday, April 25

### LDTSG #17–Have Mercey

Meet at Capitola Community Center (Jade St./45th Ave.) at 7:30 a.m. to carpool. Start in Paicines on Hwy 25 south of Hollister at 9 a.m. Ride to Panoche Bar for lunch. A riders will get lunch in Paicines at end of ride. C riders will go to Mercey Hot Springs. A = 27 mi., B = 55 mi., C = 71 mi.

Scott Campbell.....426-0989

## Saturday, May 2

### LDTSG #18–A Ride in the Park

Meet at Capitola Community Center (Jade St./45th Ave.) at 8 a.m. to carpool. C riders start at Kirby Park on Elkhorn Rd. at 9 a.m. A/B riders start at Pezzini's Produce on Nashua Rd. at 9:30a.m. Go to the Monterey Coast with lunch in Pebble Beach. A = 40 mi., B = 60 mi., C = 80 mi.

Ed Kilduff.....724-2501



The SCCCC Board of Directors recently approved the donation of \$200 to Eagle Scout Michael Rider, a senior at Aptos High School, who built the open-air shelter, located across from the market in Corralitos, with the help of a contractor. Rider spent \$3000 and went through a laborious process to obtain building permits for the shelter, a favorite club lunch hangout. It was his Eagle Scout project.

## "A" Riders Enjoy Monterey Bike Path Outing

A few weeks ago, I lead an "A" ride starting at Wal Mart in the city of Marina. The route followed the Monterey Bay Bike Path and offered beautiful views. While I'm not an experienced ride leader, I feel strongly about "A" rides as a starting off point for inexperienced riders. On this particular day, a woman who I had spoken with previously arrived, and I could tell almost immediately, that she had not understood anything I had told her about terrain, distance or average speed!

So, I decided to stay with her, rather than leave her to fend for herself and possibly lose her enthusiasm for biking. (It reminded me of my first ride with the club when I was not prepared and, luckily, Lilly Ann Popken took me under her wing and created a ride that worked. I came back for more club rides.)

Now the shoe was on the other foot and I was a mentor. What a great experience! I learned how to go slowly, letting the new person know she was not keeping me behind. We rode to Costco in Seaside, had coffee, chatted and then headed back. She rode 12 miles, her farthest bike ride to date. However, she did realize that the "A" ride was far for her, and she decided to take the beginner bike class which started Feb 25<sup>th</sup>.

Leading the ride was a great experience. I really appreciate the club's tiered ride system as it allows a place for every level of rider. I feel an "A" rider should be able to ride 25 miles with moderate hills and an average of 9 MPH. For me, being a ride leader is making me a better cyclist. and I am grateful for the chance to improve. -- Myrna Sherman

## Welcome New Club Members

Steve Cooper, Dede Cowden, Jeffrey Kongsli, Bill Cook, Marcia Renzullo, Debbie Roemer, Don Whittington, Eric Miller, Mark Weaver, Stephanie Wilson, Peg Shemaria-Hedman, Dan Hoggatt, Roger Powers and Guido Nagle







Left photo: Winona Hubbard and Alex Anderson arrive for TOC; an unidentified spectator at the race, center, and, right photo, Bicycle Trip manager Aron Jacobs, left, and owner Berri Michel at race Lifestyle Expo, located near the TOC finish line on Front Street.

## Time has arrived for Santa Cruz to implement environmental rail-trail

(Editor's Note: The following editorial was reprinted from the *Santa Cruz Sentinel* with permission of the authors.)

The purchase of the Union Pacific rail line is largely independent of the current financial crisis. Money to purchase it has been aside for a long time, in the form of Proposition 116 funds and STIP (State Transportation Improvement Program) funds. This is not money that can be legally redirected to other deserving causes. In fact, it is your money. You paid it in taxes and you voted yes on State Prop. 116 (Rail Transportation Bond Act) in 1990. Instead

of complaining about the current waste of your money, you should be asking why your money has sat idle for more than 18 years and not been spent as you directed.

The purchase price was negotiated downward by the RTC last year by almost \$5 million to allow an adequate margin for repairs and upgrades. This translates into several dozen jobs, paid for by the above-mentioned funds. Ongoing maintenance costs will be paid for by a short-line operator who will take over freight responsibilities from UP. It is a terrible idea to allow the rail line to be sold by UP to another

private operator. Rail law is ancient, much of it written in the time of the Old West, and it heavily favors the rail operator over community concerns. The RTC needs to purchase the line before the window of funding closes next year. A transportation corridor through the center of the county provides tremendous opportunity and needs to be locally managed so it is locally accountable.

*Mike Dalbey and Bruce Sawhill, authors, are co-chairs of the Friends of the Rail Trail*

## Kidnapping occurs on bicycle tour of Big Sur

It happened at the Bixby Bridge turnout while awaiting our third attempt at riding over the bridge and up the hill to the next turnout for the *Bicycling Magazine* photo shoot to publicize the Amgen Tour of California. All of us were psyched, not by the photo shoot, but by the beautiful, warm, clear, shirt-sleeved day, an unusual occurrence for Big Sur in January. Anxious that the weather might not last, Daphne Gulling conjured up a Super Bowl Sunday two-day ride the next weekend for five of us non-football fans.

As a result, on Sunday, Feb. 1, Rob Ewing, Kathy Kinder, Brian Schaeffer, Sally Salmon and Daphne, planned our own Big Sur excursion. Kathy generously volun-

teered her truck on a rotating-driver basis. By changing drivers every 10 miles or so, each person could ride 50-60 miles. At the end of the ride, we would load up the truck and return home.

Like many plans, this one went awry when Brian didn't commit. However, when we saw him on the club's Saturday ride on Jan. 31, we convinced him, on the spot, to join us, despite the fact that he had no money, no clothes and no food! Being an ardent long-distance rider, he allowed himself to be "kidnapped" for the weekend, and made do with what he had brought on the Saturday ride, which wasn't much! We proceeded as planned, and pulled into the Big Sur Lodge at dusk.--Sally Salmon



UCSC senior and kinetic sculpture artist Conner Macphee propels his public art bicycle-sculpture at Lifestyle Expo. The sculpture was created by a team of students.



# 2009 SCMC offers two new routes for hard-core riders

**M**aura Noel, Santa Cruz Mountains Challenge director, reports two new routes for the 11<sup>th</sup> annual event on Saturday, July 25 at Scotts Valley High School, 555 Glenwood Drive, Scotts Valley 95066. Both rides begin from 6:30 a.m. to 8 a.m. and cost \$45 before July 10 and \$55 after July 10. Registration closes July 22. No “day of” registration. Registered riders may sign in from 5:30 p.m. to 7:30 p.m. July 24 at the Scotts Valley Hilton near Mt. Hermon Road and Highway 17.

From the rewoods to the ocean, the Century Challenge offers some of the most scenic and difficult roads in California with over 11,000’ in elevation. Warm up with a Cat 2 climb on the famous Mt. Charley Road and then really get your heart rate elevated by climbing China Grade and Jamison Creek. New this year will be a section from the Tour of California route, as riders head all the way down Bonny Doon Road to the ocean. A short jog north goes up to Swanton Loop and back along West Cliff Drive to highlight Santa Cruz’s sparkling beaches. Finishers will surely have earned major bragging rights.

The Metric Century Challenge, while not as strenuous, consists of 65 miles, and it is by no means a wimpy ride. The course covers some of the same roads as the full century. With 6,500’ in elevation, this route is clearly a challenge for the most experienced riders. Sharp switchbacks on steep

descents will require alert technical riding.

Back by popular demand on the 100-mile route is the Jamison Creek Time Trial! Test your ability against your peers. Cash prizes to the fastest male and female climbers.

Fantastic rest stops will be loaded with plenty of food and drink to keep you going. Replenish at the end of the ride with a great build-your-own gourmet burrito, with ice cream for dessert.

Both routes require that riders have bikes

and bodies in excellent shape, especially brakes and tires for a day on our mountain roads. Layered clothes are a must with cool morning temperatures.

The SCMC is put on by The Santa Cruz County Cycling Club. Proceeds support the club’s bicycling education activities and other events. SCCCC members may ride the workers’ ride on July 18 so they may work the event. For more information, go to <http://www.santacruzcycl.org/scmc> or [century09@santacruzcycl.org](mailto:century09@santacruzcycl.org).

## What was that loud noise on the downhill from Fremont Peak?

**T**he Saturday, (Feb. 7) ride to San Juan Bautista seemed blessed, as it was the only dry day in a week of intermittent rain, resulting in the first real showing of green fields. The route called for climbing San Juan Grade twice, even for A riders.

At the start, we had a modest group of club members, as well as six Velo Club Monterey riders, one who flatted at the start, so they skipped the 10-mile preamble and headed up San Juan Grade ahead of us. We also saw the “harbor ride” group at the Windmill Market in San Juan Bautista. True to their name, they began their ride at the Santa Cruz Harbor.

The C riders climbed Fremont Peak, and Patty Vargas reached one of her goals by making the top for the first time. On the descent, I heard what sounded like a 22 rifle discharge, very close! A guy doing chainsaw work along the edge of the road replied that it wasn’t him! It turned out to be Tony Ornellas, who suffered a mammoth

blowout on his front tire while traveling at a speed of more than 20mph. Somehow he kept control—impressive bike handling. The rest of the ride was incident-free.--

**Tony Rall**



Always willing to be race course marshals are, above photo, Pam Slocum and Scott Campbell, who visit the Amgen Lifestyle Festival before heading off to their w duties at the TOC. Photos by Harriet Wrye, Judy Marsalis and Speedy Shutter.


More TOC action for SCCCC members. Below left photo are Richard and Martha Bedal with Tory Dubiel; they viewed the race from the Santa Cruz AIDS Projec Headquarters. Middle photo, Judy Marsalis,, left, Bob Vorce, center and Betsy Schwartz are Davenport course marshals; in right photo, Jan and Doug Johnson enjoy Lifestyle Expo.



# Local bicycle shops

*These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk for club discount.*

Another Bike Shop  
2361 Mission Street  
427-2232  
Open 7 days 10 AM–6PM

The Bicycle Trip   
1127 Soquel Avenue  
427-2580  
Monday–Saturday 10am–6pm  
Sunday 10am–5pm


Bill's Bike Repair  
2826 Soquel Drive  
477-0511  
Open seven days but call first!

Amsterdam Bicycles  
2–1231 East Cliff Drive  
475-1394  
Tuesday–Saturday 10am–6pm

Dave's Custom Bikes  
910–A Soquel Avenue  
423-8923  
Tuesday–Sunday 9am–5pm

Family Cycling Center  
912 41st Avenue  
475-3883  
Monday–Saturday 10am–6pm  
Sunday 10am–5pm

The Spokesman Bicycles  
231 Cathcart Street  
429-6062  
Monday–Thursday 10am–6pm  
Friday 10am–7pm  
Saturday 10am–6pm; Sun 12–5

Sprockets   
1420 Mission Street  
426-7623  
Tuesday–Friday 10am–6pm  
Saturday 10–5; Sunday 12–5

The Bike Coop  
1156 High Street  
457-8281  
Monday–Friday 10am–6pm

Bike Station Aptos  
8061 Aptos Street  
688-4169  
Monday 12–6pm; Tuesday to Saturday 10–6pm

Mr. E's Cyclery  
8059 Aptos Street  
662-2937  
Tuesday–Saturday 11am–6pm  
Closed Sunday–Monday

Scotts Valley Cycloport  
245 Mount Hermon Road  
Scotts Valley  
440-9070  
Tuesday–Friday 10am–6pm; Friday 10am–7pm  
Saturday 10am–6pm; Sunday 12–5pm

Trey's True Wheels  
Watsonville  
227-6731  
Call for Appointment

Watsonville Cyclery  
1202 Freedom Boulevard  
Watsonville  
724-1646  
Monday–Saturday 11am–6pm; Sunday 12–5pm

Terry Precision Cycling  
Women's Clothing and Bicycle Parts  
[www.terrybicycles.com](http://www.terrybicycles.com)

Want to list your bike shop here?  
Contact **The Roadrunner**  
[gracevoss@sbcglobal.net](mailto:gracevoss@sbcglobal.net)

 = **Business Membership**





## Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Application Date
Address		City	State	Zip Code
Home Phone	Work Phone	E-mail		Birthdate (mott/day)
Please check the appropriate box <input type="radio"/> New Member Membership <input type="radio"/> Renewal Membership <input type="radio"/> Information Change Only		Please check Individual (\$25)____ 3 years (\$60)____ Junior (under 18) (\$10)____ Family (\$35)____ 3 years (\$90)____ Business Membership (\$50)____ Newsletter delivery: I want to be green; send newsletter via e mail____ I want to receive my newsletter via US mail____		

### League of American Bicyclists (LAB)

#### Release and Waiver of Liability, Assumption of Risk, and Indemnity Agreement ("Agreement")

Each applicant for membership shall read and sign the following Release Agreement

In Consideration of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. Acknowledge, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. Fully Understand that: (a) Bicycling Activities Involve Risks and Dangers of Serious Bodily Injury, including permanent disability, paralysis and death ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the activity, the condition in which the activity takes place, or the negligence of the "Releases" named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in the Activity.

3. Hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "Releases" herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "Releases" or otherwise, including negligent rescue operations.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature(s) of additional family members 18 years or older

\_\_\_\_\_  
Date

Please complete the following for any minor (18-year-old) family members:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Age

\_\_\_\_\_  
Name

\_\_\_\_\_  
Age

### Minor Release

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releases" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim

\_\_\_\_\_  
Printed Name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$\_\_\_\_\_ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.  
Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

# March–April, 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Board Meeting 7 p.m.	3 Club Ride 10 a.m. DLV	4	5	6	7 Club Ride
8	9	10 Club Ride 10 a.m. NMP	11	12 Race Team 7 p.m.	13	14 Club Ride
15	16	17 Club Ride 10 a.m. DLV	18	19	20	21 Club Ride
22	23	24 Club Ride 10 a.m. NMP	25	26	27	28 Club Ride
29	30	31 Club Ride 10 a.m. DLV	1	2	3	4 Club Ride
5	6 Board Meeting 7 p.m.	7 Club Ride 10 a.m. NMP	8	9 Race Team 7 p.m.	10	11 Club Ride
12 Fun Ride	13	14 Club Ride 10 a.m. DLV	15	16	17	18 Club Ride
19	20	21 Club Ride 10 a.m. NMP	22	23	24	25 Club Ride
26	27	28 Club Ride 10 a.m. DLV	29	30 SCCCC Meeting	NMP is DLV is	Nisene Marks Park DeLaveaga Park



THE ROADRUNNER

PO Box 8342

SANTA CRUZ, CA 95061–8342

## Santa Cruz County Cycling Club Membership Card

[www.santacruzcycling.org](http://www.santacruzcycling.org) – P.O. Box 8342 Santa Cruz, CA 95061–8342

(valid only with member's mailing label)