

Cyclocross Gearing Up for Peak Racing Season

Benoit Simard of Prevost, Quebec (right) lead the Cat A men's race from start to finish at the first of three Peak Season Cyclocross Series races Dec. 17 at the Santa Cruz County Fairgrounds. SCCC's Julianna Perry took second in the Master's 35+ race and Ron Riley won the men's 55+ race. The series is geared to both masters and beginning racers, with nine different masters categories, three for women and six for men. (Women's age groups start at 35 and go to 55 in 10 year increments, while men's age groups go up to 65+ with A and B categories in the lower age groups.) For beginner riders the series offers two categories: Cat C Men and Cat C Women. Free entry for those riders trying cyclocross for the first time. Final two races in the series will take place from 9 a.m. to 1 p.m. on Sunday, Jan. 14 and Jan. 28. Santa Cruz Race Team is event sponsor.



Train Symposium Addresses Passenger Travel, Rail Trail in SC

More than 200 people filled the Capitola Community Center to overflow capacity Dec. 15 to hear six transportation gurus discuss the future of passenger trains and a rail/trail system from Watsonville to Davenport. The panel responded to questions from state assemblyman John Laird, and the audience. Panelists were Mike Hart, owner of Sierra Railroad and avid hiker who called Santa Cruz a perfect setting for a rail trail due to its scenery, Michael Jones, a rail/trail advocate, Bill Burger, train executive from Portland, OR, David Nelson of the Transportation Research Board, Debbie Hale, transportation director from Monterey County and George Dondero, director of the Santa Cruz County Regional Transportation Commission. Panelists answered the following questions:

Q. How will RTC's purchase of the rail line affect Highway 1 congestion?

A. Twenty rail cars carrying freight represents the equivalent of 80 trucks kept off Highway 1; this is a savings to Cemex as rail transit is cheaper than trucks. Environmentally it represents a 70-80% reduction in emissions as the train engines will run on biodiesel fuel.

Q. What setting is best for a rail trail—urban or rural?

A. Rail trails have been developed successfully in both settings, with Cupertino, CA and Portland, OR good examples of well-designed urban trails.

Q. What makes rail transportation in urban settings successful?

A. A concentration of people near the rail corridor, a combination of passengers and freight trains on the same tracks, our need to avoid traffic congestion and the

culture of the city involved.

Q. How long would it take to go by train from Watsonville to Santa Cruz?

A. About 40 minutes.

Q. How much is the cost of a rail trail?

A. About \$500,000 to \$750,000 per mile.

Q. What is the effect on property values of homes adjoining a rail trail?

A. Property values go up.

(Continue on page 2)

2007 Club Meetings

Wednesday, Jan. 17

Thursday, April 26

Thursday, July 26

Thursday, Oct. 25

Simpkins Swim Center

Club Shorts: Social Dates, Welcome New Members

Mark your 2007 calendar now for the following social activities! Thanks to the diligent duo of **Jeannine Peerless** and **Sally Salmon**, the following events will take place:

March 17: Ride Leader Recognition Party
 April 27,28,29: Camping at King City
 May 25-28: Great Western Bike Rally at Paso Robles
 June 16: Tree Trimming Party
 August 26: Mountains Challenge Volunteers Party
 October 6 Progressive Dinner/ Ride
 Dec. 15th: Christmas Party

Need help getting back into that cycling rhythm? Want to raise money for a great cause and meet interesting people of all ages? The Leukemia Society's Team in Training spring season for the Santa Cruz area starts Jan. 28th and ends with the Tahoe Century ride in June. Come to an informational

meeting to learn more. Attend the first month's rides before committing to fundraising. (Each participant must raise \$2,500.) Meeting dates: Jan. 6 at 10 a.m., UCSC Inn, 611 Ocean Ave, Santa Cruz; Jan. 10 at 6:30 p.m., Scotts Valley Hilton, 6001 La Madrona Drive, SV; Jan. 17 at 6:30 p.m., UCSC Inn, 611 Ocean Ave, Santa Cruz. More information at: http://www.teamintraining.org/all_page?item_id=376247#SB.

Welcome to the following new SCCCC members: **Carl, Dave, Dorene, Deanna, John, & Heidi Danson, Keith & Lucas Henderson, Dave & Kathy Dierking, Leonard & Joan Moore, Joann Moschella, Phil Trenholme,**

Carol Rieber, Gary Griffin, Josette Nauenberg, Ida Huber, Linda Yazell and Stanley Kahn.

Welcome back to the following renewal members: **Ric Eiserling, Guy Neenan, Marshall Otwell, Roan Bear, Meredith Fuhrman and Gerry Brown.**

Q and A From Rail Symposium (continued from page 1)

Q. Will a rail line ever be developed from Santa Cruz to San Jose?

A. Probably not as the terrain makes the idea too expensive.

Q. Would the railroad take private property to use for train stations?

A. No need to do so at the present time.

Q. What will happen to the rail line if it is purchased from Union Pacific?

A. Cemex will see its service improve with local railroad crews running the line to the Pajaro Junction.

Dandero's Regional Transportation Commission has

been negotiating with Union Pacific since 2004 to buy the rail line for \$19 million, but maintenance costs have become higher than expected. Freight trains run three times a week to the Cemex plant in Davenport. The commission has no plans for passenger travel if it buys the rail line, although supporters predict future passenger travel from San Francisco to Gilroy to Pajaro by 2010. If the rail line isn't purchased, Hart predicted that land developers would move in, causing a real estate boon from Santa Cruz to Davenport. "They would do it. It's worth a fortune," he said.

Main sponsor of the symposium was People Power.



The Roadrunner is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, etc. Submissions (articles, photos, and letters) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

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The Santa Cruz County Cycling Club is a nonprofit organization pursuant to Section 501(c)3 of the Internal Revenue Service code.

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From My Handlebars to Yours: Volunteer For a Club Event

By Bart Coddington, Club President

The Reluctant President. When approached by the club's search committee, I initially declined the office of president for two reasons: 1) I enjoy traveling at least two months each year; 2) there was no way I could accomplish half of the job Richard Bedal has done as president for the past two years.

So, the search committee went off and asked most of the people on the planet if they would like to be the next club president, but no takers. Then they came back and asked me again. So now I am the reluctant president and my two original concerns still apply.

What it really boils down to is volunteerism. An organization like ours is only as good as we make it. We are all equally responsible for making SCCCC an enjoyable organization all year long.

Volunteerism is nothing new to me. For the past two years, I have been the Tuesday Ride coordinator. (At times this position has seemed like a thankless job, encouraging members to be ride leaders for one of our two weekly rides.) Fortunately, our club has a core group of ride leaders who volunteer over and over. Then, a couple of months ago, one of them asked me, "Where are the other members?" Good question.

In fact, this question prompted me to wonder. How could I be complaining about other members not volunteering to be ride leaders and then turn around and not volunteer to be the club's president? So here I am, and here you all are!

As president, I feel SCCCC is at a turning point. For the past two years, we have been adding new members

SCCCC Board Pre-Approves Budget, More Money for Grants

On Dec. 4, the board gave pre-approval to the 2007 budget and verified that quarterly general membership meetings will take place at the Simpkins Swim Center on 17th Avenue. The Jan. 17 meeting will feature the sport and culture of cyclocross racing, with David Gill, race team director, speaking, and Brian Vernor presenting portraits of people involved in the sport.

Paid membership total for SCCCC stands at 180. Club e mail privileges extend only to paid members, and more attention will be given to clearing this list of members who are not current (i. e. who haven't paid their dues). Also, while guests are encouraged to participate in official club rides, they are not covered by the club's insurance policy. (Members are covered for up to \$10,000 in medical expenses not paid by their own



Bart Coddington, left, SCCCC's new president, is the former Tuesday ride coordinator and publicity chairperson.

and growing the organization. One comment I hear over and over from members is how much they like the friendliness of our organization. At the same time, ride coordinators find it challenging at times to fill those ride leader slots for the Tuesday and Saturday rides. With more club members, perhaps we can generate more ride leaders. With more club members, everyone has the potential to play a role in keeping our organization fresh with new ideas, while retaining what drew us to SCCCC in the first place.

Therefore, whenever Alan Eklof (Saturday ride coordinator) or Janie Tibbals (Tuesday ride coordinator) ask for volunteers to lead a ride, please help them out. When the club asks you to help out with the Mountains Challenge, to host a site for the Progressive Dinner or to step up as local volunteer coordinator for the Sea Otter Classic, please consider helping out. Remember, this is your organization and it will only be as good as you make it. Enjoy the ride.

insurance and by \$2 million personal liability through LAB.)

Anyone wishing to lead a ride not listed in the Roadrunner should specify "not a club ride" when posting it via club e mail. (Unofficial rides are not covered by the club's insurance policy.)

SCCCC jerseys have been ordered, and anyone still wishing a jersey may contact former clothier Amy Honjo to see what sizes are available. In accordance with the club's mission to support education, the board has increased its grants by \$1,000 to \$4,000 and allocating \$1,000 to donations.

The January board meeting will take place Jan. 8 at Bart Coddington's house. All board meetings are open to the public.

Tips for Putting Your Bicycle in Good Shape for the New Year

By The Sprocketeers

As we move into winter it's a good time to check some of the fastest wearing parts on your bicycle. Before your next ride, take a minute to visually inspect your bike.

A good place to start is the tires. Carefully inspect your tires for any cuts or bulged areas that could lead to a blow out. Make sure there is tread left to take advantage of our area's winter weather. For road tires, a flattened profile or patches of tread of a different color can indicate a new tire is needed. All-season tires are good for riding in wet weather. Mountain and cross tires often display wear along the center line of the tread. Knobs that are moderately worn will impact traction off road. It is also important to check for gouged or missing tread blocks, a good indication that some fresh treads are needed. And, check air pressure every week. Properly inflated tires make for a safer, more efficient ride. Tire pressure recommendations are indicated on the tire sidewalls.

Next, inspect your bike's brake pads. Most rim brake pads are constructed with small channels that are designed to clear debris away from the rim's surface. These channels provide a good indication of pad wear. When the grooves are nearly gone, it's time to replace them. Especially in inclement weather, worn brake pads wreak havoc on rims, leading to rim side failure. (Check www.sprocketsbikes.com). Timely replacement of brake pads makes both safety and money-saving sense. For disc brake pads, remove your wheels and inspect the pads' thickness. If the pad is as thick as a nickel, you're fine; if they are the thickness of a dime, they should be



From left are Dan Howes, Kathy and Phil Trissell of Sprockets Bike Shop.

replaced soon.

Lastly, check your chain for wear. This requires a special tool for a truly accurate reading. If you don't have one of these handy gizmos, just drop by the shop and we will be happy to check it for you. The trick is to catch the chain at approximately 70% wear.

This way a new chain can usually be installed without changing the cassette or chain rings. Another good rule is to replace your Shimano chain every 1,200-1,500 miles, or in the dirt, every 1,000 miles. Replace Campy chains at least every 2,000 miles.

Happy riding and stay safe!

New Year's Eve Ride Set

Come celebrate the passing of 2006 with SCCCC as we parade up Pacific Avenue. Meet in the parking lot behind the Saturn Cafe on the corner of Pacific Ave. and Laurel St. at 5 p.m. Expect to see many people in costumes! Let's make the bike club's presence known. We encourage all members to dress up, either in bike club clothing or in costume. Jeannine and David Peerless are hosting a dessert/party at their home after the parade. They live at 103 Claremont Terrace off Ocean St. across from the cemetery. Bring the beverage you like to celebrate the New Year. Some parking is available near their house, about a mile from the parade route, so you can park there and ride to the parade and back. Questions about the parade may be sent to Scott Campbell at 426-0989. For party information call Jeannine at 426-7239.

Bike Registration Advice

It is a city ordinance in Santa Cruz that bikes be registered locally. It costs \$3 to register your bike for three years, and the sticker you put on your bike allows police to return stolen bikes to their rightful owners. Go to the finance department at city hall to register your bike! If you want to register your bike through the National Bike Registry, it costs \$10 for 10 years of protection or \$25 for 30 years or family coverage (five bikes) for 10 years. Go to <http://www.nationalbikeregistry.com/> Your national sticker, however, won't prevent you from being ticketed in Santa Cruz for lack of local registration!

Hurricane Katrina Relief Trip is Inspirational

By Emilie Holder

Grace Voss and I spent a week on the Mississippi Gulf Coast in mid-November, working with a Hurricane Katrina relief group called Camp Coast Care. Organized through the Episcopal Church Relief and Development Foundation, it was originally set up as a shelter and medical facility. Today the camp continues to deliver aid by rebuilding homes and offering social services to victims of the 2005 disaster.

The destruction from Katrina was mind-boggling. Entire houses, office buildings and strip malls were washed away for miles. Salt water, mud and wind from the hurricane traveled as far inland as 25 miles. In some neighborhoods, buildings were under 28 feet of water at the height of the storm surge. Today, most of the flooded homes must be demolished to their studs. Among the jobs for volunteers are digging foundations for homes, removing drywall, repairing or installing new roofs and building site clean up. Progress is slow, with only the return volunteers remarking about how many businesses are returning to the areas. Many neighborhoods have boarded-up homes with "Do not Demo" warnings scrawled across the front doors in spray paint, while next door is a newly-resided home whose owners boasted better insurance coverage. Along the Gulf Coast Highway, only one home per mile is under reconstruction, while empty concrete slabs and For Sale signs are prolific.

What is the government doing for this area and these people? Actually, millions of government dollars were used to help people with temporary shelter, food, medical



Emilie Holder, left, and Grace Voss visited Gulfport, MS in November.

needs and clothing. However, the leases on FEMA trailers are due to end in 2007, long before most victims will be back in their homes. Only 60% of the Gulfport residents still live in the area. Many residents occupy RVs on empty lots, waiting for help and materials with which to rebuild.

During my stay in Mississippi, I learned that, although most of these people have little money, they make up for it in faith and spirit. They remain grateful for the work the volunteers are doing.. I was a case worker, talking to many families about their lives 14 months after Katrina. Most residents are out of temporary shelters, living either in FEMA trailers or with friends and family. Many hold a strong faith that God is with them through this terrible ordeal. All are thankful to be alive, while, sadly, many watched as their siblings, parents and/or children were swept away in the hurricane. (Gulfport lost

161 people, not counting those who may have passed away days and weeks later from related causes.)

I arrived at Camp Coast Care with money and Home Depot gift cards collected from my community, which allowed us to buy building supplies. Checks and gift cards from Home Depot, Lowes and WalMart are gratefully accepted by Camp Coast Care. The camp plans to install a new building (to replace the much-used gymnasium where we ate and slept). For more information, check their website at www.campcoastcare.com.

This was an incredible experience. Besides learning new skills and meeting new friends, I feel we made a difference in the lives of some special people. I'm planning a return trip in March, and Grace plans to return to Mississippi in November. If you want to join us, let me know. (wonderlady_7@yahoo.com)

Weekly Rides

Tuesday

Meet at 9:45 A.M. for a 10:00 A.M. start for this is social/leisurely paced road ride. Start on Aptos Creek Rd. just off Soquel Drive in Aptos. Aptos Creek Rd. leads to the entrance of Nisene Marks State Park. On the first Tuesday of each month, the ride starts at another location. Call the leader to find the location. The distance will vary from 20–40 miles and will always be a fun adventure. Destinations always include lunch stop. Bring water, snacks, and money for lunch.

Contact: Janie Tibbals 336-1040

Wednesday

Beginners Ride—Meet Martha at 9:15 A.M. at 1st parking lot on north side of West Cliff Drive after Pelton across from the Surfer Statue. Ride at 9:30 a.m. Martha Bedal 460-1818, marthab@cruzio.com

Thursday

Meet at 10 A.M. in front of the Corralitos Market in Corralitos for a moderately paced road ride of 25–45 miles. This is a No Leader—Decide and Ride. Bring water, snacks, and essentials for bicycle repairs.

Rider Levels

A = Novice: you can ride 15 miles on a mostly level road at a leisurely pace.

B = Intermediate: you can ride 40-60 miles with some hills at a moderate pace.

C = Experienced: you can ride 80-100 miles with hills at a brisk pace if you choose.

We wait for riders at all levels, although the C level riders are not obligated to wait, particularly when a map/queue sheet is provided.

Monday, January 1st

New Year's Day Ride

Emilie Holder will hold her New Year's Day bike ride followed by brunch, starting at 10 a.m. at 140 Corona Court, Corralitos (come early for coffee); starting in 1987, the event has only cancelled three times due to rain.

Emilie Holder.....RSVP 724-1096

Saturday, January 6

Eureka Canyon

Meet at CCC at 9 a.m. A=35mi/1000'; B & C=60 mi/2800'; Lunch at Summit Store. Remember, it can be chilly on Highland; bring warm clothes.

Chris Boman.....421-9030

Saturday, January 13

Monterey & Back Country

Meet at Pezzini's at 9 a.m. for 65 mile ride to Gonzales and back for all levels. Carpool from CCC at 8 a.m.

Frank Pritchard.....477-1736

Saturday, January 20

Moss Landing

Start from CCC at 9:30am A=25mi/500', B=45mi/1000', C=60mi/1500'

Ed Kilduff 724-2501

Saturday, January 27

Cultural Exchange Breakfast Ride

Ride starts on Paul Sweet Road across from the cemetery at 10:30a.m. and goes to Scotts Valley, Bean Creek and return— 32-35 mi

(Cyclists for Cultural Exchange invites everyone to join them before the ride (8:30) for breakfast at Chaminade in appreciation for your support of Strawberry Fields Forever. We need RSVP's for breakfast !!!! 831-477-1736 or e-mail info@strawberryfields.org Rain cancels ride but we'll have breakfast regardless!)

Mike Andalora.....247-9722

Saturday, February 3

Scotts Valley to Los Gatos

Meet at Scotts Valley Transit Center at 9:30 a.m. Ride will go to Los Gatos and on to San Jose along the Los Gatos Creek Trail. Lunch at Bolangerie in Los Gatos.

25-30 miles

Janet Fogel.....438-0706

Saturday, February 10

Monterey from Kirby Park

Meet at Kirby Park (Elkhorn Rd) @9:30 a.m. Carpool from CCC @ 8:30 a.m. A & B=44mi/1000'(stay on bike path) C=52mi/2000' Lunch in Monterey.

Ed Kilduff.....724-2501

Rain Cancels Rides

Helmets Required on All Rides

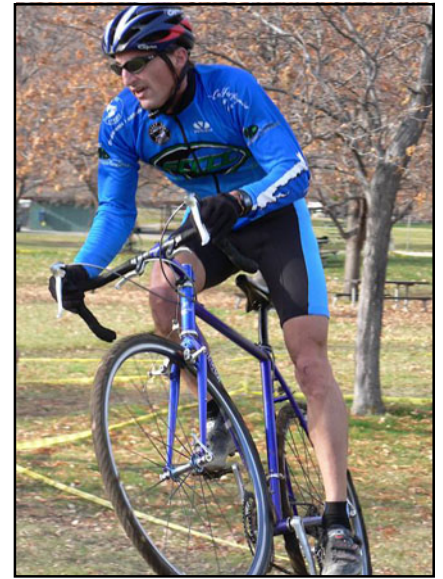
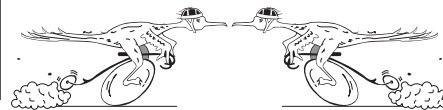
Winter is Peak Season for Cyclocross Racing and Recreation



Julianna Perry, women's 35+ second place finisher at Peak Season cyclo-cross race with husband Steve Hess and daughter Maya.



Left to right are Ed Kilduff, Meredith Fuhrman and John O'Hara on recent ride to Davenport/Swanton.



Norman Field of Team Santa Cruz at cyclocross race in Boise, Idaho.

Saturday, February 17

Hollister

Meet at 9:30 a.m. sharp at Tres Pinos School. Out and back to Lone Tree with lunch in Hollister (probably Safeway for sandwiches, but other options as well). Lots of open space and nature watching. **A** ride will go out Santa Anita for 26 miles; **B** ride Lone Tree for 46 mi; **C** ride 54mi and it's a long climb with two chevrons only.—ha,ha,ha Remember this is a training ride!

Janie Tibbals.....336-1040

Saturday, February 24

Ride with the Race Team

Leave from CCC at 9a.m.

A=San Andreas/Larkin Valley, 35mi/1440' Coffee at Aptos Roasting Co.

B=San Andreas/Hazel Dell, 53mi/2600' Coffee at Aptos Roasting Co.

C=San Andreas/Eureka Canyon, 70mi/3800' Lunch at Summit Store

Remember, it can be chilly on Highland; bring warm clothes

David Gill.....454-4761

Saturday, February 24

Bonus Mountain Bike Ride

Meet at Western Dr between Hwy 1 and Mission St. in Santa Cruz. Ride LEAVES at 10 a.m. 20 mi & 1800' up through UCSC and Willder Ranch. Bring snacks/food. I have a spare mountain bike for anyone interested in trying out the sport. Rain prior to 48 hours or less cancels.

Gene Lytle.....338-4758

Saturday, March 3

Calaveras

Start Sunol railroad station at 9:30 a.m. Carpool at CCC 8 a.m.; **A**=32mi/1600' **B**=45mi/2600' **C**=55mi/3400'

Ric Eiserling.....475-5397 / 336-1040

Flamingo Ride is Fast-Paced 1st Sunday

The first Sunday of each month (February to September) features The Flamingo, a fast-paced ride starting at 9 a.m. from behind Beckmann's Bakery on Mission Street. Riders go up Highway 9, up Skyline and down Alpine for lunch in Pescadero. Return to Santa Cruz on Highway 1. Race pace at times. The ride's name comes from pink flamingo yard art at a house on Pescadero Road.

Avoid Costly Citations for Bad Bicycling Skills in New Traffic School!

Bad bicyclists take heart! Corinne Hyland and Theresia Rogerson of the Santa Cruz County Health Services Agency, along with Saskia Lucas of Bike Smart! have designed a Bicycle Traffic School for cyclists who are ticketed by police for road violations and who would like to avoid the \$150 penalty. Starting this month, cyclists 18 and over who ride the wrong way on streets or who breeze through stop signs or signal lights may attend a two-hour safety class taught by instructors who have completed the League of American Bicyclists Road I course. The class costs \$35, a saving of \$115 for violators, and may be taken only once. (Repeat offenders must pay the full fine.) It is the result of a collaboration between Hyland, Rogerson, Lucas and the judicial system to reduce bicycle-related injuries. (At present, Santa Cruz County ranks dead last in bicycle safety in that it has more bicycle-related injuries for its size than similar counties throughout the state.)

Why is Santa Cruz County so dangerous for bicyclists? Hyland says it's partly due to Santa Cruz being a university town, meaning more young people ride bikes, plus the lack of safe east-west routes through town. Santa Cruz grew so rapidly, according to Hyland, that it went from being a small town to a city without providing adequate corridors for bicyclists to travel safely. While she applauds the recent bicycle lane installation on Soquel Avenue, she says few other corridors exist for crosstown travel. Robinson adds that street conditions for bicyclists (and motorists) are "appalling."

Lucas is concentrating her efforts on middle schoolers, with plans to teach a bicycle elective class as part of the physical education curriculum. She will pilot it at Mission Hill Middle School, where students will practice biking skills on and off



Corinne Hyland, left and Theresia Rogerson

campus, preparing to pass a safety test at the end of the elective. Rogerson supervised a bicycle safety observation study, involving 100 hours of time by volunteers, who watched at various intersections in Santa Cruz, North Santa Cruz County and Watsonville (starting last June) to record how many bicyclists wore helmets and practiced good safety habits. Eventually, she would like to see the newly-created Traffic Safety School be expanded to include violators under the age of 18, and she wants to find ways to educate motorists on how to share the road with bicyclists. Hyland's personal safety goal is to encourage more parents to set a good example by wearing bicycle helmets, especially when out riding with their children.

Eight for the (Golden) Gate Celebrate Scott Campbell's Birthday

By Scott Campbell

On Nov. 18, I lead a birthday ride along San Francisco's 49 Mile Drive, past Fisherman's Wharf, Coit Tower and the Palace of Fine Arts. Starting at the Ferry Building, the first stop was the Transamerica Pyramid, followed by the Japan Center with its shopping delights.

At the Cable Car Museum, the travelers watched the full operation of cable transportation. The museum boasts displays of cable car components, photos and artifacts showing the history of cable cars. Passing through Chinatown, the riders experienced unique sights and smells, as local residents walked and drove through narrow streets without a miscue. Coit Tower offered fantastic views of both the city and the bay, despite the tortuous climb up to it!

A trip to The City is not complete without riding down the windiest street in the world. Yes, brick-paved Lombard Street was filled with tourists, cameras, and cars.

Fisherman's Wharf drew the riders in with the smell of fresh seafood and sourdough bread. The group rested at Marina Green, for lunch. Then it was on to The Palace of Fine Arts, with its lush gardens, ancient architecture and reflecting pool. Afterwards, the riders pedaled through the Presidio along the meandering roadway that nearly touches the Golden Gate Bridge before heading out to the coastline of the bay. Along the Great Highway, the roar of waves crashing was heard above the din of traffic. Traveling now on the bike trail, they reached the shores of Lake Merced, where they were greeted by swarms of wild birds. Here the group divided, with some riders climbing up to Twin Peaks for spectacular views. The second group went directly back to the Ferry Building. Final Destination for the Twin Peak cyclists was Mission San Francisco de Asis, with its stoic charm. At the end of the day, everyone gathered at the Ferry Building for refreshment and reflection.

Lakeview 6th-8th Graders Enjoy Ride Along Pajaro River Levee



Saskia Lucas of Bike Smart! (right photo) and students in SOARING enjoyed an early-December community ride along the Pajaro River levee, where they practiced their biking skills supervised by Jay Trexler, enrichment specialist, Lucas and SCCCC volunteers Bart Coddington, Theresia Rogerson, Jeannine Peerless and Grace Voss.



Ric and Janie Conclude Their Car/Bike Tour of Southern Oregon

By Janie Tibbals (Part 2)

Next day was a cool morning start for a loop north, east, and south through Junction City to Harrisburg, then back down to Eugene and out to camp: a 60 mile day and our least favorite, but still pleasantly rural. Highlights were mint farms with distillery plants and alpaca farms. Eugene was a bit hectic, but seeing where the MacKenzie and Willamette rivers meet was well worth it. The bike path out of town led through parkland and semi residential areas, ending in the forested and peaceful quiet of the past days.

The next morning we drove down the scenic Coyote Valley to Cottage Grove for a wonderful lunch at Sheilagh's Café. Then we were off to the Dorena Reservoir to camp at Baker Bay, on the shores of this large man-made lake. After setting up camp we pedaled the circumference, passing through funky little Dorena and then on to the 16-mile bike path back into Cottage Grove. Alternating shade

and sunny spots, with intermittent views of glistening sun dappled water and surrounding tree-studded hillsides kept our interest all the way to a quiet, warm night at Baker Bay.

After sailor Ric's quick morning perusal of the marina's vessels, we were on the road again, this time northward on country roads skirting I-5, with smooth riding, gentle rollers, small farms with cornfields, sunflower patches and berry bushes. Turning back at Creswell, we found a wonderful internet café for lunch, after which Route 99 took us back to Cottage Grove. Highlights here: a fusty old general store (beer babe calendars), and an excellent Goodwill. Curly fries and Ric's mosquito encounters provided the evening's entertainment.

Heading south, we stopped in the historic town of Oakland, for a loop through farms and fields: few cars, free range cows, small farms, hawks and smaller roadside chirpers, and open countryside, much like California in its

drier, golden look.. With a population of 870, Oakland is a delightful small piece of the past, full of antique shops, an informative historic museum and Tolly's old time soda fountain with local Umqua ice cream.

After a night's rest at a funky Myrtle Creek motel, we chose Myrtle Creek Road, an out and back that meandered through a valley for 15 miles. We saw small farms, evergreen hillsides, pastures dotted with cattle, sheep and goats, the ubiquitous Queen Anne's lace and periwinkle cornflowers. I gorged myself on roadside blackberries until a friendly resident told me the county sprays them but we could help ourselves to berries in his yard.

Historic Jacksonville capped this delightful trip with more stories from the locals. (Useful planning tools: Cycling the Backroads of Northwest Oregon, free Oregon Bicycle Touring maps from Oregon Dept. of Transportation, and Road Biking Oregon by Lizanne Dunegan).

Local Bicycle Shops

These shops are supporting our bicycle club with discounts on bicycling accessories. Discounts vary by shop, but generally run 10% off the regular price. Ask the sales clerk if they offer bicycle club discounts.

Another Bike Shop
2361 Mission St., Santa Cruz
427-2232
Open 7 days • Hours 9 — 5

Aptos Bike Trail
7556 Soquel Dr., Aptos
688-8650
Hours 9 — 5
Bike rentals

Bike Station Aptos
8061 Aptos Street (Starting mid-May)
688-4169
Monday to Friday 10 to 5; Saturday 12-4

The Bicycle Trip
1127 Soquel Ave., Santa Cruz
427-2580
Mon. — Sat. 10–6 • Sun. 10–5
Free Maintenance Classes

Terry Precision Cycling

Women's Clothing and Bicycle Parts
www.terrybicycles.com

Bill's Bike Repair
2628 Soquel Dr., Santa Cruz
477-0511
Open 7 days • Hours 9 — 5

Amsterdam Bicycles
2-1231 East Cliff Drive
475-1394
Open 7 days • Hours 9 — 5

Cycle Works
1203 41st Ave., Capitola
476-7092
Open 7 days • Hours 9 — 5
New & Used — Trade-ins Welcome

Dave's Custom Bikes
910-A Soquel Ave., Santa Cruz
423-8923
Open 7 days • Hours 9 — 5

Family Cycling Center
912 41st Ave., Santa Cruz
475-3883
Mon. — Sat. 10–6 • Sun. 10–5
Cruisers • City Bikes • Mountain • Trailers • Rentals

Mr. E's Cyclery
8059 Aptos St., Aptos
662-2973
Open 7 days • Hours 9 — 5

Scotts Valley Cyclesport
245 Mount Hermon Rd., Scotts Valley
440-9070
Tue. — Fri. 10–6 • Sat. 10–5 • Sun. 12–5
Road • Mountain • Cyclo-X • BMX • Cruisers • Kids

The Spokesman Bicycles
231 Cathcart St., Santa Cruz
429-6062
Mon., Wed. — Sat. 10–6 • Tue. 12–6 • Sun. 12–5
Road • Mountain • Tri • BMX

Sprockets
1420 Mission St., Santa Cruz
426-7623
Tue. — Fri. 10–6 • Sat. 10–5 • Sun. 12–5
Road • Mountain • Tandem

The Bike Coop
1156 High St., Santa Cruz
457-8281
Open 7 days • Hours 9 — 5

Trey's True Wheels
1431 Main St., Watsonville
786-0200
Tue. — Sat. 10–6 • Sun. 10–4

Santa Cruz County Cycling Club Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of bicycling enthusiasts with a wide variety of interests and abilities. The mission of the SCCCC is to promote bicycling for all ages through education and organized bicycling events. Included in your membership is a subscription to The Roadrunner, the club's bimonthly newsletter, which publishes a schedule of rides and bicycling announcements. In addition, a 10% discount at local bicycle shops. Annual membership dues must be paid to remain a member in good standing. Dues become due yearly in the month your membership is received.

Applicant First and Last Name (please print)		Family Members (if family membership)		Date of Application	
Address		City		State	Zip Code
Home Phone	Work Phone	E-mail			Birthdate (mo./day)
Please check the appropriate box <input type="radio"/> New Member Membership <input type="radio"/> Renewal Membership <input type="radio"/> Information Change Only		Please check the appropriate box(es) <input type="radio"/> Individual (\$20) <input type="radio"/> Family (\$30) <input type="radio"/> Junior (under 18) (\$10) <input type="radio"/> Business Membership (\$50) Please send newsletter via email (as PDF file) <input type="radio"/> US Mail <input type="radio"/> Both <input type="radio"/>			

LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")
 Each applicant for membership shall READ and SIGN the following Release Agreement

IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASEES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Signature of Applicant

Date

Signature(s) of additional family members 18 years or older

Date

Please complete the following for any minor (<18 years old) family members:

Name

Age

Name

Age

MINOR RELEASE

And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities.

I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM

Printed Name of Parent or Guardian

Signature of Parent or Guardian

Signature of Minor

Please sign waiver — Incomplete Forms Will Be Returned

Enclosed is \$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95061-8342

January-February 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	C 6
7	7 p.m. Board Meeting 8	C 9	10	11	12	L 13
C/X Peak Season Race 14	15	L 16	Membership Meeting 7 p.m. 17	18	19	U 20
21	22	U 23	24	Race Team Meeting 25	26	B 27
C/X Peak Season 3 28	29	B 30	31	1	2	R 3
Flamingo Ride 4	7 p.m. Board Meeting 5	R 6	7	8	9	I 10
11	12	I 13	14	15	Fun Ride 16	D 17
18	19	D 20	21	Race Team Meeting 22	23	E 24
25	26	E 27	28			



Santa Cruz County Cycling Club
P.O. Box 8342
Santa Cruz, CA 95061-8342

DATED MATERIAL

Santa Cruz County Cycling Club Membership Card

www.santacruzcountycycling.org - P.O. Box 8342 Santa Cruz, CA 95060
(valid only with member's mailing label)