A Bi-monthly Publication of the Santa Cruz County Cycling Club

January - February 2002

website: www.santacruzcycling.org

Volume 31, Issue 1

A New Year's Message from the President . . .

I'd like to extend to all of our members best wishes for a Happy and Prosperous New Year. I'm looking forward to seeing all of you and riding with all of you in the coming year as our club continues to grow and expand. Check out the new ride schedules listed in this issue and come ride with us.

From the great turnout at our last two parties of 2001 (Greek Feast at Tim's and Holiday Night Ride at our place) it looks like our social skills are getting as much attention as our cycling skills. Santa Cruz County Cycling (and Social)Club might be a more accurate name.

Night riding is a new experience for some of us. Thanks to Bike to Work efforts, night lights are affordable to many. Attend a safety class and get \$50 toward the purchase of a bike light. We're learning that it's important to "know" your lights and their time limits well. Then, of course, it helps to keep track of your riding time. A dark, wooded road without lights is just that.

This year we welcome three new members to the SCCCC Board: Penni Bengtson, Linda Correia, and Mary Ann Daly. Remember, Board meetings are open to all interested members. Our first for 2002 is January 14, 7:00 pm at the Hub.

Janet Fogel

president@santacruzcycling.org

Winter General Meeting

Monday, January 21, 2002 at 7:00 pm

Place: Simpkins Swim Center, 17th Ave (next to Shoreline Middle School), Santa Cruz

Agenda:

- Budget Report
- Club Activities Report
- Announcements, recognitions

Program: Bike adjustments for a comfortable ride and designing winter training.

Does your seat sag low? Do you wobble to and fro?

Then you need to hear a talk by our "Ergonomic Doc!"

Come to our Winter General Meeting and get fit on your bike. Mary Ann Daly, D.C. will explain and demonstrate the importance of proper bike adjustments – i.e. the proper positioning of the seat so that unproductive stress is minimized.

Mary Ann will be accompanied by a **trainer** who will help us in <u>designing our</u> <u>winter training schedules</u>.

And – if there's time, we'll have a **panel of experts** share with us the secrets of <u>riding safely in the rain!!!</u>

All this, and refreshments!!!

Bright Idea for Cyclists

Hate riding at night because you can't see all the road hazards you know are lurking out there in the dark? Feel guilty each time you toss another set of disposable batteries after only a couple of hours of riding with your current light?

It's not too late to get your \$50 savings on a bright rechargeable bike light. Bike to Work (BTW) and the Community Traffic Safety Coalition (CTSC) are providing a \$50 discount on a rechargeable bike light to Santa Cruz County residents who attend a free two-hour bike safety training.

Over 200 Santa Cruz County residents have received their \$50 coupons and a free rear blinking light after attending a bike safety class. Program participants can purchase rechargeable bike lights for as low as \$25 at local bike shops using the \$50 coupon.

This program is funded by the Community Foundation of Santa Cruz, the California Office of Traffic Safety, and the Santa Cruz County Regional Transportation Commission.

To sign-up for a bike safety class and receive your \$50 bike light coupon, call Bike to Work at 423-3773. Or, check the website at www.bike2work.com.



Membership Renewals for January and February

The following memberships expire in January and February.

Barnaby Lee Rick Hyman Ric Eiserline Henry & Nancy Bley Char Williams **Shalom Dreampeace Compost** Hank NIIes Violet & Larry Puretz Walt Brown Steven Toms Herb Greenfield Jim Sedlacek Bart & Joan Favero Betsy Schwartz Rosemary Anderson Anita Dyer Kathleen Watson Daphne Gulling Barbara Duron Jane DeJarnette Scott Campbell Mike & Sue Brandy Paula Bradley P.J. Myatt Debby Molina Christine Kelsey Sally Salmon Leo Moll Allen Tucker **Gregory & Margaret Dunn** Frank & Linda Correia

Don't forget to sign and date the membership application found on Page 7 and send it along with with your new membership or renewal dues. It is important to protect you under the liability policy the club holds through the League of American Bicyclists (LAB). We think it is so important that you aren't "really" a member until you sign the form.

New Years Resolution: Begin Riding That Bike Beginners Bicycling for Fun & Fitness

You resolved to get that bike out of the rafters of your garage, you even cleaned some of the dust of the years off. But the tires are flat. And you don't know where to go and it's scary out there all alone and everyone you see on a bike seems to wearing an awful lot of lyrca.

SCCCC, in conjunction with Scotts Valley Recreation, is sponsoring a series of classes and rides for beginning and re-beginning riders who want to expand their abilities.

This series will include: conditioning, cycling physiology, bike handling techniques, equipment essentials, bike sizing, road repairs, safety, and group rides to exciting destinations in Santa Cruz County.

Beginning January 28, 2002, a series of five classes will meet on Monday evenings, 6 - 7:30 pm at the Scotts Valley Recreation Center, One Civic Center Dr., Scotts Valley. Each class will include a ride of about 3 hours on the following Sunday at 10 am with more tips and hints for safe, comfortable riding.

Cost for the series is \$20 (\$25 for non Scotts Valley residents). A working bicycle and a helmet are required for the rides.

Call Leo Moll at 662-9413 for more information. Pick up fliers at your local bike shop or from SV Recreation Division.

The Roadrunner is the official newsletter of the Santa Cruz County Cycling Club. It is published bimonthly, mailed free to all members, and is available at local bicycle shops, bookshops, etc. Submissions (articles, photos, etc.) are gladly accepted. Email or a diskette are easiest, but we'll entertain all options.

Contact us at: SCCCC P.O. Box 8342 Santa Cruz, CA 95061-8342, or on the web at www.santacruzcycling.org

SCCCC is a nonprofit organization pursuant to Section 501(c)3 of the IRS Code.

OFFICERS

UFFICERS							
President Janet Fogel							
Vice President Linda Correia336-5864							
Secretary Mary Ann Daly786-0356							
Treasurer Chris Boman479-1817							
Membership Fancy Bulley 684-1231							
Social Director Lilly Ann Popken 427-3438							
Ride DirectorsScott Campbell							
Race Team Director David B. Gill							
NewsletterPenni Bengtson							
Webmaster David B. Gill 423-0897 E-mailwebmaster@santacruzcyling.org							

You've Got Mail!!

Did you know that the club has it's own email list for communication among members?

To become a member, send an e-mail to majordomo@employees.org. In the body of the e-mail enter the following message: "subscribe scccc [insert your e-mail address here]". You should receive a confirmation e-mail.

You will need to respond to that e-mail, and when that is done you will automatically be added to the subscription list.



What is the SCCRTC?

by Heath Maddox, SCCRTC Bicycle Coordinator.

As the name implies, the Santa Cruz County Regional TransportationCommission (SCCRTC) is the regional transportation planning agency for Santa Cruz County. The SCCRTC is not a County agency. Rather, it is a separate, regional agency that includes in its jurisdiction the cities of Santa Cruz, Capitola, Scotts Valley and Watsonville as well as the unincorporated areas of Santa Cruz County.

Basically, the SCCRTC does longrange transportation planning and allocates state and federal dollars to transportation projects. The SCCRTC also conducts programs to encourage the use of alternative transportation modes including bicycles. The SCCRTC website (www.sccrtc.org) goes into greater detail about the SCCRTC's specific duties and responsibilities.

SCCRTC Bike Programs

As the Commission's Bicycle Coordinator, I am in charge of the SCCRTC's Bicycle Programs and serve as secretary to the Bicycle Committee. The Bike Committee, which consists of volunteers from throughout the county, meets monthly to review proposed bike projects, plans, funding

applications and legislation, provide input on existing roadway or bikeway conditions affecting cycling, and coordinate with local jurisdictions and bicycle related organizations to promote cycling projects and programs. Club member RickHyman is a long-time member of the Commission's Bicycle Committee. The SCCRTC is currently seeking members and alternates.

The SCCRTC is a major sponsor of Bike To Work, formerly a SCCCC project. The SCCRTC also funds the Electric Bicycle Subsidy Program, administered locally by Ecology Action. Through the Bikes Secure program, businesses, nonprofits and public agencies are offered subsidies for bicycle racks and lockers. The SCCRTC also produces and distributes a free county bikeways map that is currently being completely overhauled and should be available some time in early 2002. Last but not least, the SCCRTC operates a Bicycle Hazard Reporting Program.

Bicycle Hazard Reporting Program

To help the local jurisdictions in Santa Cruz County identify and eliminate hazards to cyclists, the SCCRTC coordinates a Bicycle Hazard Reporting Program. Through this program, the Commission makes Bicycle Hazard Report Forms available to cyclists who have identified a potential cycling hazard during their travels.

The Commission then serves as a sort of clearinghouse for complaints, passing them on to the jurisdiction whose job it is to fix things. Typically, around 50 reports are submitted per year.

The local jurisdictions are typically very responsive to notifications that they receive through the hazard reporting program. Of course, you can also always contact the appropriate jurisdiction directly yourself, but the value of sending it through the Commission is that the local jurisdiction knows that there is a written, public record that they have been notified of this hazard.

Report forms may be submitted at any time throughout the year and are available on the SCCRTC web site. You can download a pdf version of the form at www.sccrtc.org or call Heath Maddox at 831-460-3211 or 460-3200 to request a copy in the mail. Most bike stores in town also have them on hand.

Bike Websites

Santa Cruz County Cycling Club www.santacruzcycling.org

Mountain Bikers of Santa Cruz www.mbosc.org

Northern Calif/Nev Cycling Assoc. www.ncnca.org

Cycling News www.cyclingnews.com

TV guide to bike related programs www.bikesontv.com

Almaden Cycling Touring Club www.actc.org

Norcal-Nevada Cyclocross Events www.ncnca.org/cyclocross/

Surf City CX www.cyclo-x.com/

Central Coast Cycle Cross www.cccx.org/

The Hub www.santacruzhub.org

California Association of Bicycling Orgranizations (CABO) www.cabobike.org

Weekly Rides

Tuesday

Each Tuesday a group of club riders gather to ride, a social/leisurely paced, short distance. This will vary from 20–40 miles and will always be a fun adventure. On the first Tuesday of the month, the ride starts at various locations. The rest of the month the ride starts at the entrance to Nissen Marks State Park on Soquel Dr. in Aptos. Riders meet at 10:00am.

Contact: Martha Bedal 460-1818

Thursday

Each Thursday of the month there is a No leader/ Decide and Ride. The riders meet at 10:00am in front of the Corralitos Market in Corralitos. This is a moderately paced ride of 25–45 miles.

Long Distance Training Rides

This is the beginning of the **Long Distance Training Support Group** series. As in the past riders from every ability level will use this series to achieve goals that they have set for the year. Whether you want to ride your first century or just lose a few extra pounds, this is the best way to make your goal. Each ride will increase in mileage and/or intensity. Come out and challenge yourself.

Rider Levels

A = Leisurely pace (up to 10 mph) frequent stops/regrouping. Group will wait for riders.

B = Moderate pace (10–15 mph) stops as needed, wait for stragglers.

C = **Brisk** pace (15–20 mph) stops as needed, no obligation to wait when maps provided.

ALL RIDE PARTICIPANTS MUST WEAR HELMETS!

Week 1 Saturday, January 5, 2002

Starts from Capitola Community Center @ 9:30am Possible destination: Natural Bridges State Park Lunch @ Café El Palomar in the Santa Cruz Harbor

A = 17 miles/200 feet of elevation

B = 20/400C = 29/1500

Leader: Debbie Hale......462-6653

Week 2 Saturday, January12, 2002

Starts from Capitola Community Center @ 9:30am Possible destination: Seascape Lunch at a local restaurant or bring your own. A = 20/750 B = 26/1075 C = 31/1400

Leader: Janie Tibbals......336-1040

Week 3 Saturday, January 19, 2002

Starts from Main/Kelly in Half Moon Bay @ 9:30am Park on side streets in the vicinity. Lunch at a local restaurant or bring your own. Possible destination: Gazos Creek Rd. Carpool starts @ 8:00am from CCC A = 27/750 B = 34/1100 C = 45/1450

Leader: Larry Puretz......684-2758

Week 4 Saturday, January 26, 2002

Start @ church on Stage Rd. in Pescadero @ 10:00am Possible destination: Sky Londa Lunch at aAlice's Restaurant or bring your own. Carpool start @ 9:00am from CCC A = 29/1850 B = 39/2625 C = 54/4425

Leader: Osman Isvan......689-9580

Week 5 Saturday, February 2, 2002

Starts from Capitola Community Center @ 9:00am Possible destination: Scotts Valley or Boulder Creek via Mt. Charlie for the longer routes. Lunch at a local restaurant or bring your own. A = 30/2000 B = 40/2700 C = 60/4000

Leader: Janet Fogel......438-0706

Week 6

Saturday, February 9, 2002

A - Starts from Marina K-Mart @ 10:00

B - Starts from Moss Landing @ 9:30

C - Starts from Kirby Park @ 9:00

Carpool start @ 8:00am from CCC

Possible destination: Pacific Grove Lighthouse Lunch at a local restaurant or bring your own.

A = 27/700 B = 45/900 C = 60/1500

Leader: James Graham......684-1231

Week 7

Saturday, February 16, 2002

Starts from Corner of Crazy Horse Rd. & San Juan

Grade in Salinas @ 9:30am

Possible destination: Wild Things in Salinas Lunch at a local restaurant or bring your own.

Carpool start @ 8:00am from CCC

A = 35/600 B = 45/800 C = 55/1000

Leader: Rob McEwen......786-0646

Week 8 Saturday, February 23, 2002

A - Starts from Corralitos @ 9:30am

B - Starts from CCC @ 9:00am:

C - Starts from CCC @ 9:00am

Possible destination: Gizdich Ranch

Lunch at a the ranch, save some room for pie,

A = 32/1750 B = 40/2650 C = 50/3600

Leader: Daphne Gulling......438-4321

Week 9 Saturday, March 2, 2002

Starts from Pacific Grove Lighthouse @ 9:30am Possible destination: Pt. Lobos Park Lunch at a local restaurant or bring your own. A = 35/1000 B = 54/1800 C = 70/2800

Leader: Ric Eiserling......475-5397

Week 10 Saturday, March 9, 2002

Starts from Sunol Railroad Station @ 9:30am
Destination: Calaveras Reservoir/various turnarounds
Lunch at a local restaurant or bring your own.

Carpool start @ 8:00am from CCC

A = 32/1650 B = 45/2600 C = 55/3400

Leaders: Howard Swann/Anita Dyer......335-5792

Week 11 Saturday, March 16, 2002

Starts from Tres Pinos School on Hwy. 25 @ 9:30am Limited services so bring snacks and lots of water.

Destination: Panoche Valley

Lunch at a local restaurant or bring your own.

Carpool start @ 8:00am from CCC

A = 40/1700 B = 54/2700 C = 72/3200

Leader: Scott Campbell......479-3575

Multi-day Tours/Club Rides

Harbin Hot Springs

Saturday–Monday, February 16–18, 2002

Celebrate President's Day with a soak in the natural hot springs. Pools of various temperature.

Ride from St. Helena to Harbin Hot Springs on Saturday and back out on Monday. Approximately 40 miles each way. Bring tent, sleeping bag, change of clothes, towel, and food. Communal kitchen for meals or restaurant service is available. Clothing optional pools. Sag support for all gear. Other services include movies, hiking, meditation, and music. Inclement weather may cancel.

Frank & Vita Pritchard......477-1736

RAIN CANCELS...CALL RIDE LEADER FOR ADDITIONAL INFORMATION

ALL RIDE PARTICIPANTS MUST WEAR HELMETS!



Mark Your Calendars Now!!!

All of the rides listed below are sponsored rides or centuries that you can add to your ride calendar in addition to the weekly and long distance training rides listed in the centerfold section.

Solvang Century

Saturday, March 9, 2002 More information: www.bikescor.com \$40 single rider, \$70 tandem team before 2/20/02. SCOR, P.O.Box 9065, Brea, CA 92822

Sea Otter Classic

Thursday–Sunday, March 21–24, 2002

Family fun rides, Road and Mountain bike racing More information: www.seaotterclassic.com

Cinderella Century

Saturday, April 6, 2002 100 kilometers (WOMEN ONLY) Moreinformation: www.valleyspokesmen.org/ cinder.html

Party Pardee Century

Saturday, April 6, 2002 50k, 100k More information: www.bikehikers.com/pp2002.htm

Tierra Bella Century

Saturday, April 13, 2002 60 k,100 k, 100 miles, 200 k Fee: \$26 before 3/26/02 More information: www.actc.org P.O. Box 7286, San Jose, CA 95150 408-255-7957

Central Valley Tandem Rally

Saturday, April 13–14, 2002 More information: www.fresnocycling.com/cvtr/ cvtr2001info.html

Primavera Century

Saturday, April 21, 2002 More information: fremontfreewheelers.org/Pages/ Primavera.html

Additional Rides and Local Events

May 12- 18 - Bike to Work Week

May 19 - Strawberry Fields Ride to benefit the Global Cyclists Exchange

September - Surf City Century to benefit Santa Cruz AIDs Project

October 4 - Fall Bike to Work Day

Club Meetings

All Meetings 7:00pm Simpkins Swim Center

January 21

April 22

July 22

October 28

Non-Sponsored Weekly Events

[The club assumes no responsibility for the actions of riders or occurrences on these rides. It is strongly suggested that all riders wear ANSI/SNELL approved helmets)

Sundays

Sunday morning ride. Meet in front of Sprockets at 1420 Mission Street. Average pace is about 14 mph for the 25 to 30 mile loop. Helmets are required and rain cancels. Call 426-7623 for details on this ride and upcoming leisure rides.

Last Saturday of each month

Fifty plus Fitness Association group ride. Starts at 9:00 a.m. at different locations. Bring: water and helmet. Spare tube is recommended as well. For more information, call 464-7340.

Saturday Mountain Biking

10:00 a.m. at Wilder Ranch State Park. Depart from the information sign near freeway underpass tunnel. Rain with 48 hours cancels. Helmets required. All ride levels welcome. For more information, call 427-9937.

First Sunday of every month

Help maintain some of the State's finest off-road cycling trails. Meet at 10:00 a.m. in Wilder Ranch parking lot to work approximately four hours. Bring gloves, water, food, etc. Free swag.

Friday Mountain Biking

The regular Friday evening mountain bike rides will be starting up again this Spring. More info in next edition.

SCCCC Membership Application/Renewal Form

The Santa Cruz County Cycling Club is a group of cycling enthusiasts with a wide variety of interests and abilities. A bimonthly newsletter is published with a schedule of rides and

announcements. Annual membership dues are \$15 for individuals, \$20 for Family, \$8 for Juniors (under 18)							
Applicant First and La	ast Name (please print)		Family Membe	ers (if family men	nbership)		
Address Date of Application							
City			State		Zip Code		
Home Phone Work Phone		Work Phone		E-mail			
Please check the appropriate box	□ New Member□ Membership Renewal□ Information Change	Please of appropriate Please publish only my name 8		☐ Individual ☐ Family on club membersl	□ Race Team □ Junior (under 18) hip list .		
LEAGUE OF AMERICAN BICYCLISTS ("LAB") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT") Each applicant for membership shall READ and SIGN the following Release Agreement							
IN CONSIDERATION of being permitted to participate in any way in Santa Cruz County Cycling Club ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree and represent that I understand the nature of Bicycling Activities and that I am qualified to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity. 2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS AND DAMAGES I incur as a result of my participation in the Activity. 3. HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS the Club, the LAB, their respective administrators, directors, agents, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and leasers of the premises on which the Activity takes place (each considered one of the "RELEASES" herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAV							
Signatu	re of Applicant D	ate Signature(s)	of additional fan	nily members 18 ye	ears or older Date		
Please complete the fo	ollowing for any minor (<18 ye	ears old) family members:				_	
Name		Age	Nan	ne	Age		
MINOR RELEASE And I, the Minor's parent and/or legal guardian, understand the nature of bicycling activities and the Minor's experience and capabilities and believe the minor to be qualified, in good faith, and in proper physical condition to participate in such activities. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON THE MINOR'S ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS AND FURTHER AGREE THAT IF, DESPITE THIS RELEASE, I, THE MINOR, OR ANYONE ON THE MINOR'S BEHALF MAKES A CLAIM AGAINST ANY OF THE RELEASEES NAMED ABOVE, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE, OR ANY COST THAT MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.							
Printed Name of Pare	ent or Guardian Signature of I	Parent or Guardian	Sig	nature of Minor		_	
Incomplete Forms Will Be Returned							

\$_____ dues for membership in the Santa Cruz County Cycling Club which entitles me to all the rights and privileges of membership.

Make check payable to SCCCC and mail to: Santa Cruz County Cycling Club, P.O. Box 8342, Santa Cruz, CA 95065-8342



For Sale

Miyata road frame. It is set up as a fixed gear bike. 59 cm. The \$250 price is firm. Call Robert at 426-7861.

Yakima Rack with towers and crossbars. Will fit older car with gutters. Includes locks but no other goodies. \$50. Howard or Anita, 335-5792.

The Santa Cruz County Cycling Club also has club jerseys and other items to sell. Contact Jim Schwartz at 831-459-9454 or email jschwartz@mindspring.com.

If you are interested in advertising bike related clothing or gear, email tbengt@cruzio.com, and it will be posted here at no cost.

What is CABO ??

CABO or the California Association of Bicycling Organizations is a non-profit bicycle advocacy group, active for over 25 in bringing together individuals, clubs, and coations throughout the state wiht a common interest in cycling. Members are involved in advocacy, education, and public relations in an effort to improve California's bicycling environment.

CABO is actively involved by providing a forum for individuals and organizations, reached through newsletters, meeting snd e-mail aliases. CABO provides a legislative analysis of current relevant bicycle transportation issues, as well as supplying tecnical language on legislation. Other activities include publication of California bike touring information, a bike map resource, CommuniCABO - a quarterly newsletters.

CABO members also attend CalTrans advisory councils, sit on boards, advisory committees and commissions throughout the state, as well as local and regional advisory boards where decisions are made affecting cyclists and the cycling industry.

CABO is hosting it's next meeting on Sunday, February 19, 2002 in the Long Beach Area of southern California. The meeting is scheduled from 9:00 am to 3:00pm at 2601 E. Victoria Avenue, Rancho Dominquez, CA.

If you are interested in attending please call Ruth at 310-686-9348 for directions and additional information, or check the website at www.cabobike.org.





DATED MATERIAL